

ROCCI STUCCI

EP #004



DEN OF LORE



1
00:00:03,830 --> 00:00:02,570
you know there we go I think we're all

2
00:00:07,070 --> 00:00:03,840
up there we go go live now we're going

3
00:00:12,589 --> 00:00:09,830
we're live ladies and gentlemen and then

4
00:00:14,390 --> 00:00:12,599
go live somebody can tell me he's

5
00:00:15,530 --> 00:00:14,400
hanging out with us on this Thursday

6
00:00:18,730 --> 00:00:15,540
night

7
00:00:21,230 --> 00:00:18,740
he told me he wanted me to sing

8
00:00:23,689 --> 00:00:21,240
I can't even sing the guys at work

9
00:00:25,250 --> 00:00:23,699
always ask me all right I still have a

10
00:00:27,950 --> 00:00:25,260
recording somewhere and I may have

11
00:00:30,830 --> 00:00:27,960
deleted it I'm not too sure

12
00:00:34,069 --> 00:00:30,840
um of you

13
00:00:35,630 --> 00:00:34,079

singing oh see now the link is gone so I

14

00:00:38,150 --> 00:00:35,640

can like put it all out and [h__h] again

15

00:00:39,049 --> 00:00:38,160

it's all right brother you don't want me

16

00:00:40,270 --> 00:00:39,059

to

17

00:00:42,889 --> 00:00:40,280

oh that's right they dropped the

18

00:00:46,510 --> 00:00:42,899

anti-month says monetization

19

00:00:51,590 --> 00:00:46,520

I dropped a link dropped sorry YouTube

20

00:00:55,729 --> 00:00:51,600

dropped onto the new temp janky yeah of

21

00:00:58,910 --> 00:00:55,739

lore Studio what up Ellen

22

00:01:04,189 --> 00:01:01,250

all right well right now man I'm going

23

00:01:07,670 --> 00:01:04,199

to the book in the house on this

24

00:01:10,850 --> 00:01:07,680

Thursday night with Mr Chris in the den

25

00:01:19,149 --> 00:01:10,860

of Lords sure now oh I remember it was

26

00:01:22,990 --> 00:01:21,590

ladies and gentlemen Chris from the

27

00:01:28,070 --> 00:01:23,000

devil

28

00:01:31,030 --> 00:01:28,080

just like the world I Used to Know

29

00:01:34,670 --> 00:01:31,040

just got chills

30

00:01:38,630 --> 00:01:34,680

where the Treetops glisten and the

31

00:01:41,390 --> 00:01:38,640

children listen to hear the sleigh bells

32

00:01:43,789 --> 00:01:41,400

in the snow

33

00:01:45,410 --> 00:01:43,799

oh

34

00:01:46,490 --> 00:01:45,420

ladies and gentlemen welcome to the 10th

35

00:01:48,170 --> 00:01:46,500

floor

36

00:01:49,850 --> 00:01:48,180

in the official release we're probably

37

00:01:51,710 --> 00:01:49,860

going to edit this out uh welcome to the

38

00:01:54,350 --> 00:01:51,720

Jank temporary version as you can see

39

00:01:55,969 --> 00:01:54,360

this is not my usual setup uh the studio

40

00:01:59,210 --> 00:01:55,979

has been torn apart as I mentioned last

41

00:02:02,870 --> 00:01:59,220

week but first ladies and gentlemen

42

00:02:08,449 --> 00:02:06,050

Today We Gather here to acknowledge a

43

00:02:09,889 --> 00:02:08,459

powerful truth that has the potential to

44

00:02:12,170 --> 00:02:09,899

change all of our lives and I want you

45

00:02:14,750 --> 00:02:12,180

all to repeat after me I can and I will

46

00:02:16,610 --> 00:02:14,760

overcome now let's say it again with a

47

00:02:19,850 --> 00:02:16,620

little bit more energy Rocky if you're

48

00:02:21,589 --> 00:02:19,860

gonna understand and I will overcome we

49

00:02:23,630 --> 00:02:21,599

all face negative or we all face

50

00:02:26,150 --> 00:02:23,640

challenges obstacles demons in our lives

51
00:02:28,610 --> 00:02:26,160
but both internal and external they come

52
00:02:30,589 --> 00:02:28,620
in various forms fear doubt negativity

53
00:02:33,290 --> 00:02:30,599
addiction or even the Judgment of others

54
00:02:35,809 --> 00:02:33,300
but I'm here to tell you all

55
00:02:37,790 --> 00:02:35,819
that no matter how tough this can seem

56
00:02:40,130 --> 00:02:37,800
and the battles may seem you have the

57
00:02:41,570 --> 00:02:40,140
power to overcome that uh now let me

58
00:02:43,850 --> 00:02:41,580
remind you of something very essential

59
00:02:44,570 --> 00:02:43,860
it's okay to not be strong enough some

60
00:02:46,490 --> 00:02:44,580
days

61
00:02:47,809 --> 00:02:46,500
it's okay to feel weak to feel like

62
00:02:50,509 --> 00:02:47,819
you're unable to overcome the challenges

63
00:02:52,250 --> 00:02:50,519

in your life what's important is for you

64

00:02:53,449 --> 00:02:52,260

to remember that every day is a new

65

00:02:56,210 --> 00:02:53,459

opportunity

66

00:02:58,970 --> 00:02:56,220

for you to keep fighting tomorrow's

67

00:03:01,369 --> 00:02:58,980

another day another day to conquer those

68

00:03:02,330 --> 00:03:01,379

demons and emerge Victorious as long as

69

00:03:03,470 --> 00:03:02,340

you're still breathing you can keep

70

00:03:04,910 --> 00:03:03,480

going

71

00:03:06,589 --> 00:03:04,920

when you wake up each morning remind

72

00:03:08,750 --> 00:03:06,599

yourself that you have the power to make

73

00:03:10,610 --> 00:03:08,760

the day better than yesterday you have

74

00:03:12,949 --> 00:03:10,620

the chance to face those demons head on

75

00:03:14,750 --> 00:03:12,959

and prove yourself that you are more

76

00:03:17,210 --> 00:03:14,760

than your fears your doubts your

77

00:03:19,430 --> 00:03:17,220

insecurities remember that growth and

78

00:03:21,710 --> 00:03:19,440

progress are not linear

79

00:03:24,170 --> 00:03:21,720

there will be ups and downs moments of

80

00:03:26,089 --> 00:03:24,180

weakness and moments of Triumph so when

81

00:03:28,190 --> 00:03:26,099

life knocks you down don't be afraid to

82

00:03:30,410 --> 00:03:28,200

lean on others for support share your

83

00:03:32,509 --> 00:03:30,420

struggles with friends family even

84

00:03:34,130 --> 00:03:32,519

professional if you need to there is

85

00:03:36,649 --> 00:03:34,140

strength and vulnerability my friends do

86

00:03:40,250 --> 00:03:36,659

not be ashamed to admit that you need

87

00:03:42,890 --> 00:03:40,260

help because in the end we are all human

88

00:03:44,030 --> 00:03:42,900

and we all have our demons to face now I

89

00:03:45,830 --> 00:03:44,040

want you to visualize a better version

90

00:03:47,330 --> 00:03:45,840

of yourself picture yourself Standing

91

00:03:48,530 --> 00:03:47,340

Tall fearless and unbreakable that's a

92

00:03:51,170 --> 00:03:48,540

little bit cheesy but okay we'll go with

93

00:03:53,750 --> 00:03:51,180

it having conquered your demons

94

00:03:55,250 --> 00:03:53,760

let that image fuel you inspire you and

95

00:03:57,410 --> 00:03:55,260

Propel you towards the greatness that

96

00:04:00,050 --> 00:03:57,420

lies within you because you're from my

97

00:04:01,789 --> 00:04:00,060

friends you have boundless potential and

98

00:04:03,530 --> 00:04:01,799

the only person who can stop it is

99

00:04:04,490 --> 00:04:03,540

yourself so as you walk out of here

100

00:04:08,509 --> 00:04:04,500

today

101
00:04:09,890 --> 00:04:08,519
from the den remind uh remind

102
00:04:11,210 --> 00:04:09,900
me remember that life is full of

103
00:04:14,089 --> 00:04:11,220
challenges but it's also full of

104
00:04:15,289 --> 00:04:14,099
opportunities and you have the power to

105
00:04:18,289 --> 00:04:15,299
make that happen

106
00:04:20,509 --> 00:04:18,299
so Rocky uh

107
00:04:21,469 --> 00:04:20,519
I'm gonna give you your intro and I want

108
00:04:23,810 --> 00:04:21,479
to say thank you very much for taking

109
00:04:26,570 --> 00:04:23,820
the time I know you are an extremely

110
00:04:28,610 --> 00:04:26,580
extremely busy these days and uh warms

111
00:04:32,390 --> 00:04:28,620
my heart to be able to have a good time

112
00:04:34,370 --> 00:04:32,400
with you again real quick brother I love

113
00:04:37,490 --> 00:04:34,380

it for one and I know I just completely

114

00:04:39,770 --> 00:04:37,500

interrupt your flow it's okay but I want

115

00:04:41,210 --> 00:04:39,780

people to understand something what you

116

00:04:42,409 --> 00:04:41,220

just said in your intro there I hope

117

00:04:43,850 --> 00:04:42,419

you're going to say that every show

118

00:04:46,310 --> 00:04:43,860

because

119

00:04:47,170 --> 00:04:46,320

that don't come for free what you just

120

00:04:50,090 --> 00:04:47,180

said

121

00:04:52,670 --> 00:04:50,100

brother speak those words

122

00:04:54,890 --> 00:04:52,680

because they're just words people speak

123

00:04:56,810 --> 00:04:54,900

those words they're coming from

124

00:04:58,010 --> 00:04:56,820

somewhere brother so hats off to you man

125

00:04:59,990 --> 00:04:58,020

that was one

126

00:05:02,749 --> 00:05:00,000

beautiful intro brother well thank you

127

00:05:05,990 --> 00:05:02,759

brother this you know this this um

128

00:05:08,810 --> 00:05:06,000

like the the dens like helped people

129

00:05:11,150 --> 00:05:08,820

um you know some well-known some not uh

130

00:05:13,370 --> 00:05:11,160

itself myself went through many many

131

00:05:15,890 --> 00:05:13,380

years and I'm like you know what we can

132

00:05:17,810 --> 00:05:15,900

learn a lot about cool cool [h__h] but

133

00:05:19,730 --> 00:05:17,820

like at the end of the day it's it's

134

00:05:21,409 --> 00:05:19,740

like you know we gotta look out for one

135

00:05:23,090 --> 00:05:21,419

another and there's so much negativity

136

00:05:26,870 --> 00:05:23,100

in the world these days

137

00:05:29,870 --> 00:05:26,880

uh you gotta add some positivity back

138

00:05:32,749 --> 00:05:29,880

now for you it's funny because I said

139

00:05:34,610 --> 00:05:32,759

that yesterday it's it's it's not so

140

00:05:36,950 --> 00:05:34,620

much in my mindset of wanting to change

141

00:05:39,110 --> 00:05:36,960

the world anymore because as I lived in

142

00:05:41,510 --> 00:05:39,120

that realm that I thought that

143

00:05:43,249 --> 00:05:41,520

are a single voice could have so much

144

00:05:46,010 --> 00:05:43,259

power

145

00:05:48,290 --> 00:05:46,020

um it's more about okay I can't do that

146

00:05:51,230 --> 00:05:48,300

but what I can do is create my own world

147

00:05:53,090 --> 00:05:51,240

of the right people that encourage and

148

00:05:54,890 --> 00:05:53,100

influence each other and help people up

149

00:05:57,350 --> 00:05:54,900

when we fall and all share our past

150

00:05:59,390 --> 00:05:57,360

experiences and counsel one another in a

151
00:06:00,409 --> 00:05:59,400
positive manner because if you can build

152
00:06:02,510 --> 00:06:00,419
that

153
00:06:04,249 --> 00:06:02,520
you do have a beautiful world you know

154
00:06:05,870 --> 00:06:04,259
what I mean and it's it's kind of

155
00:06:07,189 --> 00:06:05,880
irrelevant in what goes on now the rest

156
00:06:10,129 --> 00:06:07,199
of the world it is relevant but

157
00:06:13,310 --> 00:06:10,139
Irrelevant in regards to when we say the

158
00:06:14,930 --> 00:06:13,320
words Pursuit of Happiness well you know

159
00:06:17,870 --> 00:06:14,940
what the pursuit is is putting the time

160
00:06:19,909 --> 00:06:17,880
in to make sure that our results at the

161
00:06:22,790 --> 00:06:19,919
end are what we expect you know what I

162
00:06:24,050 --> 00:06:22,800
mean well that's it man you know if you

163
00:06:26,150 --> 00:06:24,060

want something good you got to go get it

164

00:06:27,590 --> 00:06:26,160

but sometimes it's Out Of Reach

165

00:06:30,230 --> 00:06:27,600

sometimes it's hard to get sometimes

166

00:06:32,330 --> 00:06:30,240

there's obstacles in your way you know

167

00:06:36,170 --> 00:06:32,340

no life's Gonna Knock You Down sometimes

168

00:06:37,969 --> 00:06:36,180

and it's it's like heck not having

169

00:06:39,650 --> 00:06:37,979

coffee can knock you down you know you

170

00:06:40,730 --> 00:06:39,660

need to be out and down and out first

171

00:06:43,670 --> 00:06:40,740

thing in the morning I'm trying to make

172

00:06:45,529 --> 00:06:43,680

sure I get you know got this microphone

173

00:06:49,790 --> 00:06:45,539

boom it's pretty incredible the

174

00:06:53,450 --> 00:06:49,800

importance of of that first cup of

175

00:06:56,330 --> 00:06:53,460

coffee in that morning oh my God

176
00:06:58,370 --> 00:06:56,340
importance of people's safety that we

177
00:07:00,770 --> 00:06:58,380
have that first cup of coffee

178
00:07:03,230 --> 00:07:00,780
and then you could talk to us

179
00:07:07,029 --> 00:07:03,240
pretty much you know what I mean you

180
00:07:09,830 --> 00:07:07,039
kind of feel that well it's like

181
00:07:11,870 --> 00:07:09,840
yeah you gotta have your coffee yeah you

182
00:07:13,070 --> 00:07:11,880
gotta you have your morning go to your

183
00:07:15,110 --> 00:07:13,080
office

184
00:07:16,249 --> 00:07:15,120
you collect yourself collect your

185
00:07:17,809 --> 00:07:16,259
thoughts

186
00:07:19,670 --> 00:07:17,819
you know

187
00:07:22,490 --> 00:07:19,680
deposit what you need to and get on with

188
00:07:24,950 --> 00:07:22,500

your day yeah and if that kind of

189

00:07:25,909 --> 00:07:24,960

routine at least it brings a normal seed

190

00:07:29,809 --> 00:07:25,919

of things

191

00:07:31,010 --> 00:07:29,819

so uh and like even just like that basic

192

00:07:33,409 --> 00:07:31,020

routine

193

00:07:34,610 --> 00:07:33,419

that can help you a tremendous amount

194

00:07:36,830 --> 00:07:34,620

just trying to be able to get through

195

00:07:39,110 --> 00:07:36,840

day to day whether you're busy are you a

196

00:07:42,110 --> 00:07:39,120

creature or routine

197

00:07:45,230 --> 00:07:42,120

I'm a creature of the idea of routine

198

00:07:48,469 --> 00:07:45,240

um all right you know it's I like the

199

00:07:49,730 --> 00:07:48,479

general concept of routine uh whether

200

00:07:52,189 --> 00:07:49,740

routine

201
00:07:54,710 --> 00:07:52,199
but like chaos that's that's that's life

202
00:07:55,909 --> 00:07:54,720
you know you got kids you've you got a

203
00:07:57,710 --> 00:07:55,919
few kids you know what that's like

204
00:08:00,469 --> 00:07:57,720
things can get thrown right out the

205
00:08:03,110 --> 00:08:00,479
window or into the blender uh

206
00:08:05,270 --> 00:08:03,120
it but hey

207
00:08:07,010 --> 00:08:05,280
like what what like what about you like

208
00:08:08,629 --> 00:08:07,020
I know when when when you're dealing

209
00:08:10,010 --> 00:08:08,639
with stuff on a day-to-day especially

210
00:08:13,430 --> 00:08:10,020
with all like you know the new studio

211
00:08:16,370 --> 00:08:13,440
all the changes new guests new show

212
00:08:18,890 --> 00:08:16,380
so yeah so I can throw that right out

213
00:08:21,050 --> 00:08:18,900

I'm I I'm the complete opposite so now

214

00:08:22,129 --> 00:08:21,060

during the day

215

00:08:24,529 --> 00:08:22,139

um

216

00:08:26,990 --> 00:08:24,539

I work obviously for a federal

217

00:08:28,730 --> 00:08:27,000

contractor I have a I have a large

218

00:08:31,670 --> 00:08:28,740

amount of employees

219

00:08:33,409 --> 00:08:31,680

just that obstacle love my job very much

220

00:08:34,430 --> 00:08:33,419

appreciate it

221

00:08:36,709 --> 00:08:34,440

um but

222

00:08:38,810 --> 00:08:36,719

when you talk about change

223

00:08:41,750 --> 00:08:38,820

you know that type of life when you're

224

00:08:43,730 --> 00:08:41,760

when you're managing manufacturing

225

00:08:44,870 --> 00:08:43,740

um it's it's constantly changing things

226

00:08:46,670 --> 00:08:44,880

are constantly happening things are

227

00:08:48,650 --> 00:08:46,680

constantly breaking down but on the

228

00:08:52,090 --> 00:08:48,660

other spectrum of things in regards to

229

00:08:55,730 --> 00:08:52,100

what I do outside of my day job

230

00:08:58,009 --> 00:08:55,740

nothing can ever be planned ever because

231

00:08:59,449 --> 00:08:58,019

everything is based off of opportunity

232

00:09:00,710 --> 00:08:59,459

and making sure you're going out and

233

00:09:02,090 --> 00:09:00,720

getting those opportunities and you

234

00:09:06,290 --> 00:09:02,100

don't know when those opportunities are

235

00:09:09,110 --> 00:09:06,300

going to pop and so um if if you are a

236

00:09:11,269 --> 00:09:09,120

creature of habit and you are a program

237

00:09:13,670 --> 00:09:11,279

my wife is you know she's programmed for

238

00:09:14,810 --> 00:09:13,680

routine she is very dialed in she needs

239

00:09:16,790 --> 00:09:14,820

to understand what's going to happen

240

00:09:18,769 --> 00:09:16,800

next week what's the plans next month

241

00:09:20,810 --> 00:09:18,779

what's the six month Outlook what's the

242

00:09:22,070 --> 00:09:20,820

one-year Outlook she's very dialed in on

243

00:09:24,590 --> 00:09:22,080

that so you know

244

00:09:26,449 --> 00:09:24,600

we're too opposite we're Polar Opposites

245

00:09:28,130 --> 00:09:26,459

when it comes to that but yet it's a

246

00:09:30,230 --> 00:09:28,140

balance you know so when you have the

247

00:09:31,610 --> 00:09:30,240

teeter-totter yeah teeter-totter's

248

00:09:32,509 --> 00:09:31,620

sitting you know we kind of match in the

249

00:09:34,490 --> 00:09:32,519

middle

250

00:09:36,470 --> 00:09:34,500

but but if I was calculated like that

251

00:09:38,389 --> 00:09:36,480

psychologically then I wouldn't be able

252

00:09:39,769 --> 00:09:38,399

to do what I do because every single day

253

00:09:42,530 --> 00:09:39,779

I would have a complete mental

254

00:09:44,870 --> 00:09:42,540

frustration because of me not being able

255

00:09:46,070 --> 00:09:44,880

to adapt to that change so you can't get

256

00:09:47,930 --> 00:09:46,080

mad when things are out of your control

257

00:09:50,570 --> 00:09:47,940

and you can't change things that are out

258

00:09:52,790 --> 00:09:50,580

of your control so if it happens if it

259

00:09:55,070 --> 00:09:52,800

happens because it works out in the long

260

00:09:57,530 --> 00:09:55,080

run sooner or later well that's kind of

261

00:10:01,070 --> 00:09:57,540

one of the things I I'm better at doing

262

00:10:04,850 --> 00:10:01,080

things in the fly uh you know Meg whom

263

00:10:07,190 --> 00:10:04,860

you know like I'm you may have met her

264

00:10:08,750 --> 00:10:07,200

on camera like she just she just got

265

00:10:11,449 --> 00:10:08,760

home from trivia now I can just hear her

266

00:10:14,810 --> 00:10:11,459

hear her above me she's a creature a

267

00:10:16,550 --> 00:10:14,820

habit you know religiously so and I you

268

00:10:17,990 --> 00:10:16,560

know your my wife and your wife would

269

00:10:21,290 --> 00:10:18,000

get along fine probably in that regard

270

00:10:24,190 --> 00:10:21,300

it produces like sometimes oh yeah no it

271

00:10:28,190 --> 00:10:24,200

can it can I mean we're risk

272

00:10:30,650 --> 00:10:28,200

we are risk taking individuals and I'm

273

00:10:32,750 --> 00:10:30,660

right now in my life I'm about as

274

00:10:35,389 --> 00:10:32,760

Extreme as it can get when it comes to

275

00:10:36,769 --> 00:10:35,399

risk because I laid my entire not my

276

00:10:38,269 --> 00:10:36,779

soul that I mean that's a bad reference

277

00:10:40,190 --> 00:10:38,279

I heard bad things in the music industry

278

00:10:41,930 --> 00:10:40,200

about the soul and selling your soul so

279

00:10:44,269 --> 00:10:41,940

I'm not gonna use that reference

280

00:10:46,490 --> 00:10:44,279

um but I got a lot on the line

281

00:10:48,290 --> 00:10:46,500

because I'm not afraid

282

00:10:50,389 --> 00:10:48,300

because what else am I going to lose

283

00:10:52,610 --> 00:10:50,399

brother you know what I'm saying what

284

00:10:55,009 --> 00:10:52,620

else am I going to lose what's going to

285

00:10:58,670 --> 00:10:55,019

happen what's the worst that can happen

286

00:11:00,290 --> 00:10:58,680

you know it's it's I am so this sick and

287

00:11:03,110 --> 00:11:00,300

tired

288

00:11:05,690 --> 00:11:03,120

of watching so many people I love

289

00:11:07,790 --> 00:11:05,700

go an entire lifetime

290

00:11:09,230 --> 00:11:07,800

of all these things that they knew they

291

00:11:12,050 --> 00:11:09,240

had the capabilities of doing these

292

00:11:13,610 --> 00:11:12,060

dreams and these their imagination you

293

00:11:16,910 --> 00:11:13,620

know they never completely put it away

294

00:11:20,810 --> 00:11:16,920

but they left it contained and it kept

295

00:11:23,210 --> 00:11:20,820

it balanced because of of we're always

296

00:11:25,730 --> 00:11:23,220

afraid of how are the people that we

297

00:11:27,470 --> 00:11:25,740

love the most going to react and are

298

00:11:29,690 --> 00:11:27,480

they going to look at us as being silly

299

00:11:32,090 --> 00:11:29,700

or or if we have an idea or if we want

300

00:11:33,230 --> 00:11:32,100

to pursue something support is such a

301
00:11:35,389 --> 00:11:33,240
beautiful thing

302
00:11:36,769 --> 00:11:35,399
well in the support to like to a certain

303
00:11:38,389 --> 00:11:36,779
extent if you're dealing with that kind

304
00:11:39,710 --> 00:11:38,399
of negativity I'm not going to say

305
00:11:42,230 --> 00:11:39,720
negativity but those like those

306
00:11:44,389 --> 00:11:42,240
obstacles or those concerns a lot of the

307
00:11:47,030 --> 00:11:44,399
time that is uh you know that that's

308
00:11:50,810 --> 00:11:47,040
driven by fear fear of change fear of

309
00:11:52,250 --> 00:11:50,820
loss fear of of upending of Life uh fear

310
00:11:53,690 --> 00:11:52,260
of failure

311
00:11:56,090 --> 00:11:53,700
um and those are those like those are

312
00:11:57,110 --> 00:11:56,100
really natural things you can deal with

313
00:11:59,389 --> 00:11:57,120

um

314

00:12:01,430 --> 00:11:59,399

you know like even when I was growing up

315

00:12:03,290 --> 00:12:01,440

and I know like my mom she'll she'll

316

00:12:04,730 --> 00:12:03,300

watch the show sometimes and she's like

317

00:12:07,370 --> 00:12:04,740

oh let me watch the show tonight you

318

00:12:10,790 --> 00:12:07,380

know I like that Rocky guy it's like I'm

319

00:12:12,949 --> 00:12:10,800

booking the guests now based on my uh

320

00:12:14,530 --> 00:12:12,959

how you doing

321

00:12:16,790 --> 00:12:14,540

sorry

322

00:12:18,470 --> 00:12:16,800

hey hey could have told me to freaking

323

00:12:20,030 --> 00:12:18,480

behave before we started but you know

324

00:12:22,430 --> 00:12:20,040

when I heard Mama Chris is gonna pop in

325

00:12:26,569 --> 00:12:22,440

I gotta say yo ma don't worry about it

326

00:12:29,569 --> 00:12:26,579

you know uh oh man so

327

00:12:32,509 --> 00:12:29,579

so now Prado is going to say uh like

328

00:12:34,370 --> 00:12:32,519

yeah you know what Jesus had dinner with

329

00:12:36,829 --> 00:12:34,380

her like had dinner with her tonight

330

00:12:39,290 --> 00:12:36,839

tonight uh dropped the kids off because

331

00:12:41,810 --> 00:12:39,300

we're doing you know doing some heavy uh

332

00:12:43,910 --> 00:12:41,820

a heavy demo uh like all this is going

333

00:12:44,690 --> 00:12:43,920

to be gone in a couple of days and it's

334

00:12:47,509 --> 00:12:44,700

like

335

00:12:49,550 --> 00:12:47,519

you know I can remember

336

00:12:51,350 --> 00:12:49,560

I never really talked about it with her

337

00:12:53,389 --> 00:12:51,360

but I'm like like I remember back in the

338

00:12:55,670 --> 00:12:53,399

day when I'm like oh I'm gonna do you

339

00:12:58,129 --> 00:12:55,680

know XYZ and she's you know she would

340

00:12:59,629 --> 00:12:58,139

say like well that may not work and just

341

00:13:01,129 --> 00:12:59,639

like with anybody else they don't want

342

00:13:04,009 --> 00:13:01,139

to see you in pain they don't want to

343

00:13:06,290 --> 00:13:04,019

see you fail uh and it's not from uh you

344

00:13:08,329 --> 00:13:06,300

know not from a doubt of like oh I don't

345

00:13:11,269 --> 00:13:08,339

think you can do this it's like from

346

00:13:13,970 --> 00:13:11,279

like I don't think I can handle dealing

347

00:13:16,670 --> 00:13:13,980

watching you you know fall and lose

348

00:13:18,530 --> 00:13:16,680

everything because you know like parents

349

00:13:20,269 --> 00:13:18,540

are

350

00:13:22,730 --> 00:13:20,279

they're being empathetic they're

351

00:13:25,730 --> 00:13:22,740

protecting you from a pain

352

00:13:27,650 --> 00:13:25,740

well no matter how old you get you know

353

00:13:29,810 --> 00:13:27,660

parents are going to have that that same

354

00:13:31,310 --> 00:13:29,820

you've got to protect my my little boy

355

00:13:34,009 --> 00:13:31,320

or a little girl or attitude no matter

356

00:13:36,769 --> 00:13:34,019

how old you get amen um

357

00:13:38,150 --> 00:13:36,779

and it's you know like eventually you

358

00:13:39,290 --> 00:13:38,160

get to a point where it's like you know

359

00:13:41,389 --> 00:13:39,300

when I started going out and I started

360

00:13:42,710 --> 00:13:41,399

throwing events or running clubs and you

361

00:13:44,329 --> 00:13:42,720

know my mom's like well

362

00:13:47,290 --> 00:13:44,339

the first couple of times like you went

363

00:13:49,250 --> 00:13:47,300

where are you out of your effing mind

364

00:13:50,930 --> 00:13:49,260

and then like a year and a half later

365

00:13:53,990 --> 00:13:50,940

she's like helping me organize flyers

366

00:13:56,269 --> 00:13:54,000

for my own events I'm throwing so uh you

367

00:13:57,410 --> 00:13:56,279

know eventually wants to see that you

368

00:13:59,930 --> 00:13:57,420

can handle yourself they're like okay

369

00:14:02,329 --> 00:13:59,940

we're fine it's like with with my

370

00:14:03,710 --> 00:14:02,339

daughter you know the my youngest Kira

371

00:14:04,970 --> 00:14:03,720

she's she's starting to climb on on

372

00:14:07,610 --> 00:14:04,980

tables now

373

00:14:09,170 --> 00:14:07,620

like you know cheers coffee tables there

374

00:14:11,329 --> 00:14:09,180

[h__\h] oh climbing up in the first couple

375

00:14:13,910 --> 00:14:11,339

times you know she'll climb up turn

376

00:14:18,110 --> 00:14:13,920

around just fall off the end

377

00:14:19,670 --> 00:14:18,120

and uh I'm like okay okay and like you

378

00:14:22,090 --> 00:14:19,680

know you're afraid that they're gonna do

379

00:14:25,009 --> 00:14:22,100

this brother can I tell you something

380

00:14:27,110 --> 00:14:25,019

there's parts of me that I feel super

381

00:14:27,889 --> 00:14:27,120

guilty and I feel like I fail as a

382

00:14:32,090 --> 00:14:27,899

father

383

00:14:34,490 --> 00:14:32,100

because those moments man those moments

384

00:14:36,350 --> 00:14:34,500

when when my boys were babies and they

385

00:14:37,670 --> 00:14:36,360

climbed stuff you know and and I

386

00:14:39,410 --> 00:14:37,680

remember one time I go out in the

387

00:14:41,090 --> 00:14:39,420

backyard of Mario he was halfway up a

388

00:14:43,250 --> 00:14:41,100

tree man he was like 15 feet off the

389

00:14:45,350 --> 00:14:43,260

ground I like part of my soul seriously

390

00:14:46,730 --> 00:14:45,360

came out my ear I swear I had to put my

391

00:14:48,590 --> 00:14:46,740

hand on my ear to stop it because it was

392

00:14:51,110 --> 00:14:48,600

coming up pretty quick

393

00:14:52,850 --> 00:14:51,120

it was harmless it wasn't gonna fall he

394

00:14:55,129 --> 00:14:52,860

was actually climbing extremely smart

395

00:14:57,949 --> 00:14:55,139

and he was doing everything correct but

396

00:15:00,530 --> 00:14:57,959

me thinking I saw him fall in my mind

397

00:15:02,870 --> 00:15:00,540

and in my mind I like could hear bones

398

00:15:04,790 --> 00:15:02,880

break and see arms break and see him in

399

00:15:08,449 --> 00:15:04,800

the hospital and I didn't want to see

400

00:15:11,509 --> 00:15:08,459

him in that pain and so a lot of their

401
00:15:13,730 --> 00:15:11,519
life I was that man I was I was wherever

402
00:15:17,750 --> 00:15:13,740
we went I was the Bulldog I was the lion

403
00:15:20,810 --> 00:15:17,760
and I was sometimes not allowing them to

404
00:15:23,389 --> 00:15:20,820
do certain things to be maybe I don't

405
00:15:25,490 --> 00:15:23,399
know a little overly protective

406
00:15:27,170 --> 00:15:25,500
and that's why

407
00:15:29,590 --> 00:15:27,180
like that's why the the idea of like

408
00:15:32,449 --> 00:15:29,600
helicopter parents you know like kids

409
00:15:33,829 --> 00:15:32,459
kids learn through through risk

410
00:15:35,449 --> 00:15:33,839
management or they learn risk management

411
00:15:38,810 --> 00:15:35,459
through

412
00:15:41,030 --> 00:15:38,820
pick themselves up again and I know you

413
00:15:43,189 --> 00:15:41,040

know like the it's cliché it's like you

414

00:15:45,290 --> 00:15:43,199

know Master I'll do my best Michael Kane

415

00:15:47,750 --> 00:15:45,300

impression Master White

416

00:15:49,670 --> 00:15:47,760

why should we fall down

417

00:15:50,990 --> 00:15:49,680

pick ourselves up back up again you know

418

00:15:52,389 --> 00:15:51,000

it's that's my bad Michael Caine

419

00:15:54,889 --> 00:15:52,399

impression

420

00:15:57,350 --> 00:15:54,899

and and it's kind of the same thing like

421

00:15:59,509 --> 00:15:57,360

pain the pain is wisdom but you have to

422

00:16:01,790 --> 00:15:59,519

be able to manage that pain

423

00:16:03,550 --> 00:16:01,800

um like even like

424

00:16:05,750 --> 00:16:03,560

you know like yesterday I'm I'm

425

00:16:08,810 --> 00:16:05,760

yesterday morning my brushing to test

426

00:16:10,250 --> 00:16:08,820

his hair you know like she's begging me

427

00:16:11,569 --> 00:16:10,260

like oh Dad please don't try and give me

428

00:16:13,189 --> 00:16:11,579

a ponytail like you know like don't

429

00:16:14,389 --> 00:16:13,199

don't give me a braid I don't want it to

430

00:16:16,310 --> 00:16:14,399

look too bad I'm like no I'm just gonna

431

00:16:19,730 --> 00:16:16,320

put it in this and kiro's climbing up

432

00:16:21,170 --> 00:16:19,740

the table right next to me and thinking

433

00:16:22,069 --> 00:16:21,180

okay well I'm right next to her it's

434

00:16:24,470 --> 00:16:22,079

fine

435

00:16:27,110 --> 00:16:24,480

boom hits the floor

436

00:16:29,290 --> 00:16:27,120

I'm like you know just look at her she

437

00:16:32,569 --> 00:16:29,300

gets up and she's just kind of like

438

00:16:33,710 --> 00:16:32,579

she's okay you know they they learn they

439

00:16:35,210 --> 00:16:33,720

learn that stuff and like that's the

440

00:16:37,790 --> 00:16:35,220

kind of lessons that they're gonna learn

441

00:16:39,230 --> 00:16:37,800

because you can't always be there

442

00:16:41,389 --> 00:16:39,240

to be able to catch your kids but at

443

00:16:43,370 --> 00:16:41,399

least you can be there to make sure that

444

00:16:45,350 --> 00:16:43,380

once they fall they're okay and it's

445

00:16:47,329 --> 00:16:45,360

like all right you know well what did

446

00:16:49,069 --> 00:16:47,339

you learn from this sometimes we're hurt

447

00:16:50,509 --> 00:16:49,079

more than they are you know just for

448

00:16:52,790 --> 00:16:50,519

watching the experience of it I remember

449

00:16:54,230 --> 00:16:52,800

my uh middle boy Mario he fell off the

450

00:16:56,689 --> 00:16:54,240

bed one time and hit inside on the end

451

00:16:58,910 --> 00:16:56,699

table brother I still see it like it's

452

00:17:01,490 --> 00:16:58,920

right here it's still like it happened

453

00:17:03,110 --> 00:17:01,500

last week I was I I think I'm suffering

454

00:17:05,870 --> 00:17:03,120

a little bit of trauma you know I'm just

455

00:17:08,329 --> 00:17:05,880

saying a little bit

456

00:17:10,610 --> 00:17:08,339

no like how how

457

00:17:13,850 --> 00:17:10,620

your middle child that was yeah at the

458

00:17:15,890 --> 00:17:13,860

time at the time he was probably I'm

459

00:17:18,530 --> 00:17:15,900

going to say maybe five and we're having

460

00:17:19,970 --> 00:17:18,540

a Battle Royal right we're on the big

461

00:17:21,710 --> 00:17:19,980

king-sized bed where I battle royal

462

00:17:23,270 --> 00:17:21,720

daddles elbow smashing them all in the

463

00:17:25,610 --> 00:17:23,280

face and putting them through the tables

464

00:17:27,350 --> 00:17:25,620

and and you know I got a little out of

465

00:17:30,409 --> 00:17:27,360

hand I'm not gonna lie you know it got a

466

00:17:32,930 --> 00:17:30,419

little on hand and Mario kind of flew

467

00:17:35,450 --> 00:17:32,940

you know we couldn't catch him

468

00:17:36,890 --> 00:17:35,460

bad things happen and I still see it in

469

00:17:41,870 --> 00:17:36,900

my memory bank

470

00:17:47,450 --> 00:17:44,529

oh my God we really used to do that

471

00:17:49,010 --> 00:17:47,460

it's it's those memories brother it's

472

00:17:52,010 --> 00:17:49,020

those memories

473

00:17:53,390 --> 00:17:52,020

I remember we were fishing it was some

474

00:17:57,350 --> 00:17:53,400

months ago

475

00:18:00,650 --> 00:17:57,360

and Rocky is you know he's gonna be 21.

476
00:18:02,810 --> 00:18:00,660
in June oh jeez yeah he's my oldest boy

477
00:18:04,570 --> 00:18:02,820
you remember him I remember Rocky junior

478
00:18:06,950 --> 00:18:04,580
middle school and yeah

479
00:18:10,190 --> 00:18:06,960
and um

480
00:18:12,230 --> 00:18:10,200
dude I I remember when we we don't have

481
00:18:14,570 --> 00:18:12,240
a boat and Rocky loves to airbrush and

482
00:18:15,350 --> 00:18:14,580
he does these lures and

483
00:18:17,390 --> 00:18:15,360
um

484
00:18:19,010 --> 00:18:17,400
we were fishing off the shore we go to a

485
00:18:22,070 --> 00:18:19,020
state park and we never catch anything

486
00:18:23,810 --> 00:18:22,080
we never catch anything really we catch

487
00:18:25,789 --> 00:18:23,820
more with the casting net than we do

488
00:18:27,590 --> 00:18:25,799

with our lures and just because it's off

489

00:18:28,970 --> 00:18:27,600

the bank it's but that's not the point

490

00:18:31,250 --> 00:18:28,980

of what we're doing

491

00:18:32,750 --> 00:18:31,260

because with my schedule and with his

492

00:18:34,549 --> 00:18:32,760

schedule and everything we have going on

493

00:18:36,289 --> 00:18:34,559

you know we seize opportunities when we

494

00:18:37,850 --> 00:18:36,299

can't and they're far in view between

495

00:18:39,350 --> 00:18:37,860

sometimes

496

00:18:41,090 --> 00:18:39,360

and I remember he was having a

497

00:18:43,310 --> 00:18:41,100

conversation about getting ready to move

498

00:18:45,590 --> 00:18:43,320

out and and you know as a father you

499

00:18:47,510 --> 00:18:45,600

encourage it I want my children to fail

500

00:18:48,710 --> 00:18:47,520

while I'm still alive I want them to go

501
00:18:50,750 --> 00:18:48,720
into the world and make the mistakes

502
00:18:52,789 --> 00:18:50,760
while I'm still here because I got

503
00:18:54,590 --> 00:18:52,799
people you know we can fix things we can

504
00:18:56,450 --> 00:18:54,600
we can we can make things you know

505
00:18:58,490 --> 00:18:56,460
better

506
00:19:00,470 --> 00:18:58,500
but I remember I was standing on the

507
00:19:02,330 --> 00:19:00,480
shore because he likes to walk the Shore

508
00:19:04,190 --> 00:19:02,340
Bank and cast and I looked over and he

509
00:19:05,870 --> 00:19:04,200
was quite a bit of ways

510
00:19:07,909 --> 00:19:05,880
something hit me different at that time

511
00:19:11,210 --> 00:19:07,919
it was different

512
00:19:13,130 --> 00:19:11,220
because it was that moment that

513
00:19:16,490 --> 00:19:13,140

I appreciate it

514

00:19:18,049 --> 00:19:16,500

that beach differently I appreciated the

515

00:19:20,630 --> 00:19:18,059

sounds differently

516

00:19:23,210 --> 00:19:20,640

I appreciated the smells differently I

517

00:19:24,950 --> 00:19:23,220

appreciate it all the things that we

518

00:19:27,830 --> 00:19:24,960

never pay attention to

519

00:19:29,150 --> 00:19:27,840

because my thought process was I was

520

00:19:31,430 --> 00:19:29,160

looking at my son

521

00:19:32,750 --> 00:19:31,440

and that put up potentially have been

522

00:19:34,130 --> 00:19:32,760

the last day him and I would have been

523

00:19:36,830 --> 00:19:34,140

on those Shores because he was thinking

524

00:19:37,970 --> 00:19:36,840

about moving back up north

525

00:19:40,370 --> 00:19:37,980

and

526

00:19:42,409 --> 00:19:40,380

why is it

527

00:19:45,110 --> 00:19:42,419

that we always had to have those moments

528

00:19:46,970 --> 00:19:45,120

and and I'm grateful for them

529

00:19:49,250 --> 00:19:46,980

but why is it that we can't program

530

00:19:51,110 --> 00:19:49,260

ourselves for that appreciation because

531

00:19:53,930 --> 00:19:51,120

what we find out brother

532

00:19:56,690 --> 00:19:53,940

is that we try to do these big things

533

00:19:58,850 --> 00:19:56,700

all the time these Big Brand things

534

00:20:00,770 --> 00:19:58,860

because we want to compete with Society

535

00:20:02,870 --> 00:20:00,780

so we want to go on the same vacations

536

00:20:04,850 --> 00:20:02,880

our friends did you know we feel like we

537

00:20:07,610 --> 00:20:04,860

got to compete with that

538

00:20:09,409 --> 00:20:07,620

and none of that matters it don't yeah

539

00:20:11,450 --> 00:20:09,419

it's beautiful to see the ocean I love

540

00:20:12,590 --> 00:20:11,460

watching the sun rises and the sunsets I

541

00:20:14,570 --> 00:20:12,600

really do

542

00:20:16,850 --> 00:20:14,580

but I also love being with my family

543

00:20:18,529 --> 00:20:16,860

right because the things brother when

544

00:20:20,870 --> 00:20:18,539

I'm going through my darkest times you

545

00:20:23,630 --> 00:20:20,880

know it's not those things it's not

546

00:20:25,310 --> 00:20:23,640

those trips it's not these extravagant

547

00:20:26,810 --> 00:20:25,320

things that we did that's we spent all

548

00:20:28,850 --> 00:20:26,820

this money thinking that there are great

549

00:20:30,289 --> 00:20:28,860

memories no they're a pain in our ass is

550

00:20:33,110 --> 00:20:30,299

what they were

551

00:20:35,810 --> 00:20:33,120

it was the fishing what's the hanging

552

00:20:37,669 --> 00:20:35,820

out in the backyard it was them climbing

553

00:20:40,730 --> 00:20:37,679

the tree and me freaking out it is it's

554

00:20:42,830 --> 00:20:40,740

crazy how you remember the most implicit

555

00:20:45,590 --> 00:20:42,840

things

556

00:20:48,289 --> 00:20:45,600

when your soul is at its darkest moments

557

00:20:50,029 --> 00:20:48,299

so people really need to reflect on that

558

00:20:52,130 --> 00:20:50,039

because when you wake up in that morning

559

00:20:55,150 --> 00:20:52,140

cup of coffee that drive to work

560

00:20:58,130 --> 00:20:55,160

the people you talk with every day

561

00:21:00,169 --> 00:20:58,140

we choose to separate ourselves because

562

00:21:01,789 --> 00:21:00,179

of beliefs and views

563

00:21:03,650 --> 00:21:01,799

and we never give ourselves the

564

00:21:06,529 --> 00:21:03,660

opportunity and I'm guilty and I'm

565

00:21:08,529 --> 00:21:06,539

speaking out because of that is that we

566

00:21:10,970 --> 00:21:08,539

miss out on Amazing friendships

567

00:21:12,830 --> 00:21:10,980

and we miss out on Amazing conversations

568

00:21:15,590 --> 00:21:12,840

because of that and we're not able to

569

00:21:18,650 --> 00:21:15,600

grow as people because of that and and

570

00:21:20,390 --> 00:21:18,660

so that's who I choose to be that's who

571

00:21:21,830 --> 00:21:20,400

I want to be and I'm going to appreciate

572

00:21:23,390 --> 00:21:21,840

the drive to work I'm going to

573

00:21:25,250 --> 00:21:23,400

appreciate those moments sitting on the

574

00:21:27,409 --> 00:21:25,260

beach with my kids I'm a good appreciate

575

00:21:29,330 --> 00:21:27,419

when I can have my dinners with my

576

00:21:31,730 --> 00:21:29,340

children or just do the littlest things

577

00:21:34,070 --> 00:21:31,740

you know because I ain't got a lot of

578

00:21:35,690 --> 00:21:34,080

life left and who knows you know what's

579

00:21:37,430 --> 00:21:35,700

going to happen next week but right now

580

00:21:40,010 --> 00:21:37,440

I have what I have in front of me and

581

00:21:42,950 --> 00:21:40,020

I'm going to capitalize on it

582

00:21:44,870 --> 00:21:42,960

you know that's

583

00:21:46,850 --> 00:21:44,880

probably one of the most mature things

584

00:21:49,900 --> 00:21:46,860

I've heard come out of your mouth in a

585

00:21:55,310 --> 00:21:53,230

[Laughter]

586

00:21:56,810 --> 00:21:55,320

we've grown up for you that was very

587

00:21:59,090 --> 00:21:56,820

grown up for you I was very grown up but

588

00:22:00,350 --> 00:21:59,100

you know no you're like you're 100 right

589

00:22:02,390 --> 00:22:00,360

like

590

00:22:04,850 --> 00:22:02,400

you know

591

00:22:07,010 --> 00:22:04,860

like especially with my dad passing away

592

00:22:09,590 --> 00:22:07,020

last year and

593

00:22:12,169 --> 00:22:09,600

um that was

594

00:22:13,789 --> 00:22:12,179

still is an extremely difficult part of

595

00:22:15,289 --> 00:22:13,799

my life still going through a lot of

596

00:22:17,510 --> 00:22:15,299

processing you know it's still a lot of

597

00:22:19,970 --> 00:22:17,520

processing that's a day by day thing can

598

00:22:22,250 --> 00:22:19,980

I can I can I dig a little bit brother

599

00:22:24,430 --> 00:22:22,260

is it still fresh

600

00:22:27,110 --> 00:22:24,440

oh man it's still fresh yeah

601
00:22:29,930 --> 00:22:27,120
I just want to ask at a surface level

602
00:22:32,090 --> 00:22:29,940
without without getting what are the

603
00:22:39,110 --> 00:22:32,100
things that come to mind the most when

604
00:22:43,250 --> 00:22:40,730
when you think of Dad right now what's

605
00:22:50,570 --> 00:22:43,260
the first memory that comes to mind

606
00:22:55,130 --> 00:22:53,090
well it's pretty much the you know the

607
00:22:57,770 --> 00:22:55,140
month that I spent with them this Summer

608
00:22:59,750 --> 00:22:57,780
you know there's

609
00:23:01,789 --> 00:22:59,760
I'd say like the biggest thing would be

610
00:23:03,549 --> 00:23:01,799
him and I getting into a fight over the

611
00:23:06,409 --> 00:23:03,559
fact that his

612
00:23:08,750 --> 00:23:06,419
his car that was perpetually falling

613
00:23:10,250 --> 00:23:08,760

apart is still falling apart

614

00:23:13,789 --> 00:23:10,260

um was overheating in the middle of like

615

00:23:15,830 --> 00:23:13,799

40 degree weather we went to to the uh

616

00:23:17,390 --> 00:23:15,840

and went to the store to go get lunch

617

00:23:19,549 --> 00:23:17,400

he's like okay man we'll take my car I'm

618

00:23:23,210 --> 00:23:19,559

like Dad I brought my car specifically

619

00:23:25,669 --> 00:23:23,220

because your car doesn't run

620

00:23:26,870 --> 00:23:25,679

and it's like okay we're gonna go to

621

00:23:28,730 --> 00:23:26,880

this one no no we're gonna go to this

622

00:23:30,409 --> 00:23:28,740

one that's further further out there I'm

623

00:23:32,390 --> 00:23:30,419

like saying like that I took lunch I'm

624

00:23:35,330 --> 00:23:32,400

working from home I am going to get back

625

00:23:37,010 --> 00:23:35,340

like an hour late you know uh I'm gonna

626

00:23:39,770 --> 00:23:37,020

get you know get in trouble get talked

627

00:23:42,470 --> 00:23:39,780

to and you know in reality if if they

628

00:23:45,230 --> 00:23:42,480

it's you know in reality if my job at

629

00:23:47,029 --> 00:23:45,240

the time and I'm with a with with a very

630

00:23:48,409 --> 00:23:47,039

good company now that you know when they

631

00:23:50,029 --> 00:23:48,419

say like family you know like the

632

00:23:51,529 --> 00:23:50,039

company's family a lot of companies will

633

00:23:54,409 --> 00:23:51,539

BS about that now this company doesn't

634

00:23:57,590 --> 00:23:54,419

BS about that guy take care of you

635

00:23:59,270 --> 00:23:57,600

um and uh you know so but the company I

636

00:24:01,310 --> 00:23:59,280

was working for at the time

637

00:24:03,289 --> 00:24:01,320

uh you know it's kind of one of those

638

00:24:04,610 --> 00:24:03,299

it's like well you know you're gonna go

639

00:24:06,770 --> 00:24:04,620

take care of that you got to work from

640

00:24:07,909 --> 00:24:06,780

home and you know they begrudgingly let

641

00:24:09,169 --> 00:24:07,919

me go and I'm sitting there you know

642

00:24:11,090 --> 00:24:09,179

going it's like

643

00:24:13,730 --> 00:24:11,100

if you didn't let me go I would just up

644

00:24:15,890 --> 00:24:13,740

and quit amen

645

00:24:17,029 --> 00:24:15,900

and I would have probably you know I

646

00:24:18,409 --> 00:24:17,039

would have gone back to freelance and

647

00:24:21,110 --> 00:24:18,419

it's I've been making more than I would

648

00:24:22,789 --> 00:24:21,120

be you know working working for you and

649

00:24:23,930 --> 00:24:22,799

I'd probably be able to spend a lot more

650

00:24:25,310 --> 00:24:23,940

time

651
00:24:27,649 --> 00:24:25,320
um but him and I got to a fight about

652
00:24:29,870 --> 00:24:27,659
the car because I'm thinking like

653
00:24:31,610 --> 00:24:29,880
everything else not necessarily

654
00:24:33,830 --> 00:24:31,620
realizing hey you know this is going to

655
00:24:34,970 --> 00:24:33,840
be one of the you know like I only got

656
00:24:36,289 --> 00:24:34,980
like three months or four months left

657
00:24:38,330 --> 00:24:36,299
with the guy

658
00:24:40,730 --> 00:24:38,340
um and that was like one of only two

659
00:24:43,549 --> 00:24:40,740
disagreements we got into during that

660
00:24:46,130 --> 00:24:43,559
entire month uh you know we dealt with

661
00:24:49,250 --> 00:24:46,140
the what you know the the directo of

662
00:24:51,590 --> 00:24:49,260
2022 May long weekend

663
00:24:54,470 --> 00:24:51,600

um and that was you know basically going

664

00:24:57,049 --> 00:24:54,480

like trying to survive with no power and

665

00:24:58,610 --> 00:24:57,059

you know crisscrossing this city trying

666

00:25:01,370 --> 00:24:58,620

to get supplies you gotta generator over

667

00:25:02,930 --> 00:25:01,380

here you got gas over there you know uh

668

00:25:04,490 --> 00:25:02,940

and like that was that was a really good

669

00:25:06,110 --> 00:25:04,500

bonding experience

670

00:25:08,210 --> 00:25:06,120

um but like that would be the first

671

00:25:10,130 --> 00:25:08,220

thing where it's like it's such a small

672

00:25:12,470 --> 00:25:10,140

stupid thing to to get into an argument

673

00:25:14,690 --> 00:25:12,480

about over like a car and it's like

674

00:25:16,730 --> 00:25:14,700

you're annoyed because you know your

675

00:25:17,930 --> 00:25:16,740

dad's or your mom you know your your

676
00:25:18,890 --> 00:25:17,940
parents are going to annoy you they're

677
00:25:19,850 --> 00:25:18,900
going to find that way to be able to do

678
00:25:21,289 --> 00:25:19,860
it that's that's what you're they're

679
00:25:22,789 --> 00:25:21,299
your parents because they they got that

680
00:25:23,690 --> 00:25:22,799
that you know they know how to push your

681
00:25:26,570 --> 00:25:23,700
buttons

682
00:25:27,890 --> 00:25:26,580
um but like even even then it's still

683
00:25:29,149 --> 00:25:27,900
one of those like well at least I had

684
00:25:32,029 --> 00:25:29,159
the opportunity to be able to do it

685
00:25:34,549 --> 00:25:32,039
because you know with with kids with

686
00:25:36,710 --> 00:25:34,559
with work and I was working insane hours

687
00:25:38,870 --> 00:25:36,720
at that point and because it wasn't just

688
00:25:40,130 --> 00:25:38,880

wasn't happy at you know at the time and

689

00:25:41,390 --> 00:25:40,140

my main concern was taking care of my

690

00:25:44,510 --> 00:25:41,400

family taking care of my kids taking

691

00:25:45,049 --> 00:25:44,520

care of my wife that was good

692

00:25:47,210 --> 00:25:45,059

um

693

00:25:48,710 --> 00:25:47,220

and it's like you look back on you're

694

00:25:49,970 --> 00:25:48,720

like wow that was kind of dumb but it's

695

00:25:52,549 --> 00:25:49,980

like it's an experience that you can

696

00:25:56,090 --> 00:25:52,559

actually remember about it and even with

697

00:25:57,409 --> 00:25:56,100

that negative experience it's still a

698

00:26:00,470 --> 00:25:57,419

positive for me because it's like I

699

00:26:02,390 --> 00:26:00,480

actually had it but it you know was it

700

00:26:04,610 --> 00:26:02,400

negative though you know I mean no

701
00:26:06,110 --> 00:26:04,620
because it's like it it's you sit here

702
00:26:07,970 --> 00:26:06,120
and you're laughing about it and your

703
00:26:10,250 --> 00:26:07,980
heart is warm over it and I find that

704
00:26:11,810 --> 00:26:10,260
profound brother and it warms my heart

705
00:26:13,190 --> 00:26:11,820
watching you tell the story because of

706
00:26:15,769 --> 00:26:13,200
most of our stories from an Italian

707
00:26:18,649 --> 00:26:15,779
family that's every day my brother well

708
00:26:19,630 --> 00:26:18,659
it's croatians that's every day but you

709
00:26:23,990 --> 00:26:19,640
know

710
00:26:25,970 --> 00:26:24,000
just again now I thought it was somebody

711
00:26:27,890 --> 00:26:25,980
else don't you talk to your mother that

712
00:26:29,990 --> 00:26:27,900
way and it's like you know it's like

713
00:26:31,490 --> 00:26:30,000

take my belt off I'm like ah your pants

714

00:26:32,870 --> 00:26:31,500

will fall down Dad don't don't do that

715

00:26:35,450 --> 00:26:32,880

then your mom hits you with this with a

716

00:26:37,970 --> 00:26:35,460

sandal or like a wooden spoon not that

717

00:26:39,590 --> 00:26:37,980

would ever happen you know I saw a

718

00:26:41,269 --> 00:26:39,600

documentary once you know it's not a

719

00:26:43,310 --> 00:26:41,279

documentary

720

00:26:45,409 --> 00:26:43,320

um but no I actually

721

00:26:47,450 --> 00:26:45,419

listening to you

722

00:26:50,090 --> 00:26:47,460

I ask you you know what it's like tell

723

00:26:52,070 --> 00:26:50,100

me a memory and it's it's amazing it it

724

00:26:53,870 --> 00:26:52,080

was warm in my heart watching you say

725

00:26:57,049 --> 00:26:53,880

that because

726

00:26:59,510 --> 00:26:57,059

you are telling me a memory

727

00:27:03,409 --> 00:26:59,520

that is for the most part an everyday

728

00:27:04,789 --> 00:27:03,419

event yeah it's happened we chaos all

729

00:27:06,409 --> 00:27:04,799

over the damn place and we're trying to

730

00:27:07,669 --> 00:27:06,419

figure things out everybody's annoying

731

00:27:09,049 --> 00:27:07,679

each other you just want to smack

732

00:27:13,669 --> 00:27:09,059

somebody you know

733

00:27:16,490 --> 00:27:13,679

and yet here we are I mean because

734

00:27:18,649 --> 00:27:16,500

of circumstances potentially

735

00:27:21,169 --> 00:27:18,659

I don't want to speak for you but you're

736

00:27:23,750 --> 00:27:21,179

able to view it differently right

737

00:27:26,090 --> 00:27:23,760

so my point with that is that stepping

738

00:27:28,730 --> 00:27:26,100

back again

739

00:27:31,250 --> 00:27:28,740

hi how can we as a society transform

740

00:27:33,470 --> 00:27:31,260

ourselves to

741

00:27:34,789 --> 00:27:33,480

be able to see those moments in a

742

00:27:40,430 --> 00:27:34,799

different set of eyes like you did with

743

00:27:48,430 --> 00:27:43,250

close your Facebook but I love my monkey

744

00:27:53,649 --> 00:27:50,870

it's a spider monkey why do you think

745

00:27:56,870 --> 00:27:53,659

everything I post now is memes

746

00:27:58,490 --> 00:27:56,880

well like dogs memes if you know funny

747

00:28:00,169 --> 00:27:58,500

stuff that's happening funny memories

748

00:28:01,789 --> 00:28:00,179

from back in the day

749

00:28:06,470 --> 00:28:01,799

um people be the change you desire

750

00:28:08,570 --> 00:28:06,480

exactly you know we we've we as as

751
00:28:11,149 --> 00:28:08,580
individuals with strong opinions of both

752
00:28:12,350 --> 00:28:11,159
thrown out strong opinions and it's like

753
00:28:14,029 --> 00:28:12,360
this is what I believe and this is my

754
00:28:14,750 --> 00:28:14,039
Hill I'm gonna die on it it's like you

755
00:28:17,210 --> 00:28:14,760
know at the end of the day it doesn't

756
00:28:18,529 --> 00:28:17,220
matter because the world's just going to

757
00:28:19,669 --> 00:28:18,539
keep turning after you're gone and it's

758
00:28:21,169 --> 00:28:19,679
going to be the exact same thing it's

759
00:28:23,090 --> 00:28:21,179
been the same thing for tens of

760
00:28:24,230 --> 00:28:23,100
thousands of years it's gonna be the

761
00:28:26,450 --> 00:28:24,240
same thing for tens of thousands of

762
00:28:28,870 --> 00:28:26,460
years more Yep why am I getting angry

763
00:28:33,409 --> 00:28:28,880

over something why am I

764

00:28:36,110 --> 00:28:33,419

allowing somebody else who is at the end

765

00:28:37,909 --> 00:28:36,120

of a keyboard whether it's from an

766

00:28:41,090 --> 00:28:37,919

article or whether it's from you know a

767

00:28:43,430 --> 00:28:41,100

social media post or whatever why am I

768

00:28:45,649 --> 00:28:43,440

letting that control my life or tell me

769

00:28:48,830 --> 00:28:45,659

how I'm supposed to feel or act towards

770

00:28:50,990 --> 00:28:48,840

a certain thing when in reality it's you

771

00:28:52,850 --> 00:28:51,000

know like most of these problems or most

772

00:28:54,470 --> 00:28:52,860

of these issues or most of these these

773

00:28:57,289 --> 00:28:54,480

subjects

774

00:28:58,789 --> 00:28:57,299

um you know they they necessarily that

775

00:28:59,810 --> 00:28:58,799

they don't affect me or anybody that I

776

00:29:02,810 --> 00:28:59,820

care about because a lot of the times

777

00:29:05,110 --> 00:29:02,820

they do but it's it's like I have the

778

00:29:08,149 --> 00:29:05,120

choice to be able to make up my own mind

779

00:29:11,690 --> 00:29:08,159

and it's like you know an opinion is

780

00:29:13,909 --> 00:29:11,700

like having uh you know it's like having

781

00:29:15,590 --> 00:29:13,919

a sexual appendage it's great that you

782

00:29:16,669 --> 00:29:15,600

got one nobody wants you to take it out

783

00:29:18,529 --> 00:29:16,679

of your pants and whap you in the face

784

00:29:19,630 --> 00:29:18,539

with it it doesn't you know it doesn't

785

00:29:22,010 --> 00:29:19,640

matter

786

00:29:26,649 --> 00:29:22,020

as I said it's a family show man that's

787

00:29:37,750 --> 00:29:29,110

only fans

788

00:29:41,389 --> 00:29:40,130

I just had a brain thing it's just it's

789

00:29:44,090 --> 00:29:41,399

just like you know meet with like George

790

00:29:50,570 --> 00:29:44,100

Costanza style poses like on the couches

791

00:29:53,510 --> 00:29:50,580

no no one arrested got chills oh I know

792

00:29:55,789 --> 00:29:53,520

gun it would make up most of the uh you

793

00:29:57,850 --> 00:29:55,799

know most of the the monthly costs

794

00:30:01,490 --> 00:29:57,860

probably for like the five people who

795

00:30:04,669 --> 00:30:01,500

it'll be like my wife and yeah you know

796

00:30:07,190 --> 00:30:04,679

my wife use clone wife and it'll go from

797

00:30:09,710 --> 00:30:07,200

9.99 a month to four dollars and 99

798

00:30:13,490 --> 00:30:09,720

Cents it's like

799

00:30:17,750 --> 00:30:14,769

um

800

00:30:19,669 --> 00:30:17,760

when when I I

801
00:30:21,529 --> 00:30:19,679
know brother

802
00:30:23,510 --> 00:30:21,539
you've had a super hard time with your

803
00:30:26,090 --> 00:30:23,520
dad and and

804
00:30:27,470 --> 00:30:26,100
I've always said sense of child my

805
00:30:29,450 --> 00:30:27,480
greatest fear in life

806
00:30:30,830 --> 00:30:29,460
is a day I have to say goodbye to both

807
00:30:33,710 --> 00:30:30,840
my parents

808
00:30:36,950 --> 00:30:33,720
and um you know

809
00:30:41,269 --> 00:30:36,960
I just recently uh reached two years

810
00:30:46,490 --> 00:30:41,279
last month almost exactly a month

811
00:30:51,169 --> 00:30:48,889
you know in a lot of ways I'm not the

812
00:30:52,549 --> 00:30:51,179
best Communicator in a lot of ways and I

813
00:30:54,529 --> 00:30:52,559

understand those faults because they are

814

00:30:56,450 --> 00:30:54,539

false because we understand the deaths

815

00:30:58,130 --> 00:30:56,460

and importance of communication if not

816

00:31:02,570 --> 00:30:58,140

the best day

817

00:31:05,210 --> 00:31:02,580

I I have this thing man and it just [h__\h]

818

00:31:07,669 --> 00:31:05,220

just gets locked away bro you know

819

00:31:11,510 --> 00:31:07,679

um I don't know why sometimes sometimes

820

00:31:15,590 --> 00:31:11,520

it's like if I could only sometimes say

821

00:31:18,470 --> 00:31:15,600

right here what is right here

822

00:31:20,870 --> 00:31:18,480

I would be a poet but I don't know how

823

00:31:22,610 --> 00:31:20,880

to do it I don't even know how to start

824

00:31:24,230 --> 00:31:22,620

and it's weird because you turn on a

825

00:31:29,090 --> 00:31:24,240

microphone and I can go for 10 hours

826

00:31:34,970 --> 00:31:33,230

when I was getting close to making a

827

00:31:36,950 --> 00:31:34,980

move to come down here

828

00:31:39,590 --> 00:31:36,960

and things did happen kind of quick you

829

00:31:41,090 --> 00:31:39,600

know I was I was trying to find a

830

00:31:42,590 --> 00:31:41,100

company that was a good company that

831

00:31:44,810 --> 00:31:42,600

could help pay for the move because it's

832

00:31:46,789 --> 00:31:44,820

expensive and to help me get kicked off

833

00:31:51,470 --> 00:31:46,799

and

834

00:31:54,110 --> 00:31:51,480

communicate it because I was afraid of

835

00:31:56,149 --> 00:31:54,120

reaction from family because I didn't

836

00:31:57,830 --> 00:31:56,159

want to hear disappointments I didn't

837

00:31:59,210 --> 00:31:57,840

want to hear disappointment at a time

838

00:32:01,190 --> 00:31:59,220

where I was trying to create in my heart

839

00:32:02,450 --> 00:32:01,200

my soul opportunity because the

840

00:32:04,250 --> 00:32:02,460

disappointment from the people you love

841

00:32:06,409 --> 00:32:04,260

the most as much as we want to play

842

00:32:09,470 --> 00:32:06,419

hardcore and as much as we want to play

843

00:32:12,110 --> 00:32:09,480

thick it still hurts man it's still it

844

00:32:14,510 --> 00:32:12,120

hits us differently

845

00:32:17,630 --> 00:32:14,520

and I didn't want to see

846

00:32:19,490 --> 00:32:17,640

the sadness in my mom and the sadness of

847

00:32:21,049 --> 00:32:19,500

my dad with them being in their 70s that

848

00:32:22,730 --> 00:32:21,059

their son was going to get up and leave

849

00:32:23,630 --> 00:32:22,740

you know

850

00:32:25,610 --> 00:32:23,640

um

851
00:32:28,610 --> 00:32:25,620
so when I left brother it's you know I

852
00:32:31,190 --> 00:32:28,620
left with a lot of un uh unresolved

853
00:32:33,710 --> 00:32:31,200
communication situations

854
00:32:35,389 --> 00:32:33,720
and even though we love each other and

855
00:32:37,430 --> 00:32:35,399
I've gone up there and we visit we hug

856
00:32:39,529 --> 00:32:37,440
and hang out we're talking there's

857
00:32:41,570 --> 00:32:39,539
always that one part is kind of like the

858
00:32:43,970 --> 00:32:41,580
uh what do they call that that's

859
00:32:45,529 --> 00:32:43,980
whatever in the room the the angle into

860
00:32:46,610 --> 00:32:45,539
the room elephant to the room you have

861
00:32:48,529 --> 00:32:46,620
the egg in the room that made sense

862
00:32:51,049 --> 00:32:48,539
right well egg in the room also works

863
00:32:53,450 --> 00:32:51,059

too but it it was um

864

00:32:55,909 --> 00:32:53,460

I don't know what was different last oh

865

00:32:58,370 --> 00:32:55,919

you know what was different is when I

866

00:32:59,750 --> 00:32:58,380

had the stomach issue

867

00:33:00,769 --> 00:32:59,760

well a lot of things have changed my

868

00:33:01,850 --> 00:33:00,779

life in the last year we've been through

869

00:33:05,570 --> 00:33:01,860

a lot

870

00:33:07,490 --> 00:33:05,580

we've been trying to do everything we're

871

00:33:09,649 --> 00:33:07,500

doing

872

00:33:11,870 --> 00:33:09,659

and then with my stomach issue and then

873

00:33:13,250 --> 00:33:11,880

my heart stopped and everything just

874

00:33:16,610 --> 00:33:13,260

stopped for a second

875

00:33:22,669 --> 00:33:18,950

and I know brother I'm not in the place

876

00:33:24,230 --> 00:33:22,679

I'm in where I'm supposed to be but I

877

00:33:26,389 --> 00:33:24,240

realize at the moment that I wasn't

878

00:33:29,450 --> 00:33:26,399

spiritually where I was supposed to be

879

00:33:31,490 --> 00:33:29,460

us physically we're all supposed to be

880

00:33:33,830 --> 00:33:31,500

because I kept chugging forward like

881

00:33:38,029 --> 00:33:33,840

what we do as men and women

882

00:33:43,070 --> 00:33:41,029

and and we bury certain emotions that we

883

00:33:45,289 --> 00:33:43,080

feel that could distract us from the

884

00:33:47,090 --> 00:33:45,299

ultimate goal so we find these weird

885

00:33:48,590 --> 00:33:47,100

compartments way deep inside they're

886

00:33:51,470 --> 00:33:48,600

really difficult to find once you put

887

00:33:54,710 --> 00:33:51,480

that stuff away and and because that's

888

00:33:57,470 --> 00:33:54,720

our mechanism as a survival mechanism

889

00:33:59,149 --> 00:33:57,480

to make sure that when we get up the

890

00:34:01,070 --> 00:33:59,159

next morning that those feet are moving

891

00:34:03,710 --> 00:34:01,080

in front of one another because we got

892

00:34:04,730 --> 00:34:03,720

people to feed you know

893

00:34:06,889 --> 00:34:04,740

um

894

00:34:08,990 --> 00:34:06,899

so with that experience in the hospital

895

00:34:10,490 --> 00:34:09,000

with my stomach and I went four months

896

00:34:11,869 --> 00:34:10,500

there were three months I'm sorry I went

897

00:34:13,129 --> 00:34:11,879

three months worth because they messed

898

00:34:15,589 --> 00:34:13,139

up the surgery

899

00:34:17,510 --> 00:34:15,599

in chronic pain bro and I I couldn't

900

00:34:18,950 --> 00:34:17,520

gain weight I couldn't eat food there

901
00:34:20,629 --> 00:34:18,960
would be two or three days at a time I'd

902
00:34:22,490 --> 00:34:20,639
be in my bathroom on the floor uh

903
00:34:24,050 --> 00:34:22,500
because we didn't realize at the time

904
00:34:27,530 --> 00:34:24,060
but I had intestines that were crushed

905
00:34:29,270 --> 00:34:27,540
oh jeez man and there's a nerve when

906
00:34:32,210 --> 00:34:29,280
they did the first surgery that actually

907
00:34:37,490 --> 00:34:32,220
healed into the mesh which then created

908
00:34:39,409 --> 00:34:37,500
a whole neurological World mess bro in

909
00:34:42,050 --> 00:34:39,419
the whole area bro

910
00:34:44,149 --> 00:34:42,060
you know and uh

911
00:34:47,270 --> 00:34:44,159
it was just it put me in some Dark

912
00:34:49,190 --> 00:34:47,280
Places man uh pain does things and

913
00:34:50,570 --> 00:34:49,200

stomach pain I never had before and this

914

00:34:51,409 --> 00:34:50,580

was the first time ever I experienced

915

00:34:53,210 --> 00:34:51,419

this

916

00:34:54,829 --> 00:34:53,220

and when I went into the hospital last

917

00:34:58,010 --> 00:34:54,839

time I was so bloated they actually had

918

00:35:02,450 --> 00:34:58,020

to put things down my throat to relieve

919

00:35:07,010 --> 00:35:05,150

but it was when I woke up after the

920

00:35:09,650 --> 00:35:07,020

surgery that night

921

00:35:11,390 --> 00:35:09,660

and I woke up and the room was packed it

922

00:35:12,349 --> 00:35:11,400

was packed full of doctors man I'm like

923

00:35:14,810 --> 00:35:12,359

what

924

00:35:16,910 --> 00:35:14,820

and at first I was freaking out because

925

00:35:19,310 --> 00:35:16,920

I forgot where I was because my

926
00:35:21,589 --> 00:35:19,320
everything stopped everything stopped

927
00:35:23,630 --> 00:35:21,599
nobody knows why it just said I'm gonna

928
00:35:25,790 --> 00:35:23,640
stop

929
00:35:27,290 --> 00:35:25,800
and the reason the room was so packed is

930
00:35:28,910 --> 00:35:27,300
because they did a cold call throughout

931
00:35:30,589 --> 00:35:28,920
the hospital so any available hands any

932
00:35:33,050 --> 00:35:30,599
doctors and nurses they you know get to

933
00:35:34,970 --> 00:35:33,060
room stoochie immediately and they had

934
00:35:36,890 --> 00:35:34,980
to bring me back

935
00:35:39,109 --> 00:35:36,900
and then I'm like I'm 49 years old I'm

936
00:35:41,089 --> 00:35:39,119
gonna be 50 years old and

937
00:35:42,890 --> 00:35:41,099
going pretty hard Chris you know I'm

938
00:35:44,390 --> 00:35:42,900

going pretty hard and you know I want to

939

00:35:46,310 --> 00:35:44,400

make sure I'm not losing value but when

940

00:35:47,569 --> 00:35:46,320

I went up north and I sat with Dad and I

941

00:35:48,950 --> 00:35:47,579

sat with Mom I spent the whole weekend

942

00:35:50,390 --> 00:35:48,960

with my mom and dad I went up there for

943

00:35:51,349 --> 00:35:50,400

a funeral and I spent all weekend just

944

00:35:54,170 --> 00:35:51,359

with my I didn't want to do anything

945

00:35:55,609 --> 00:35:54,180

else I didn't want to go anywhere I love

946

00:35:59,630 --> 00:35:55,619

everybody man and they get mad at me

947

00:36:04,190 --> 00:36:01,790

um but there's certain things I need to

948

00:36:08,210 --> 00:36:04,200

do for me you know my life isn't always

949

00:36:09,829 --> 00:36:08,220

about the world there's my life too that

950

00:36:11,870 --> 00:36:09,839

needs to be addressed

951
00:36:12,829 --> 00:36:11,880
and me and my dad we play privilege the

952
00:36:18,829 --> 00:36:12,839
whole weekend

953
00:36:21,230 --> 00:36:18,839
and without speaking a word

954
00:36:23,390 --> 00:36:21,240
in regards to what we want to say deep

955
00:36:24,710 --> 00:36:23,400
in our soul of those compartments we

956
00:36:26,329 --> 00:36:24,720
didn't need to because it was being

957
00:36:28,250 --> 00:36:26,339
communicated

958
00:36:30,950 --> 00:36:28,260
because I knew

959
00:36:32,510 --> 00:36:30,960
everything his soul was saying to me

960
00:36:34,250 --> 00:36:32,520
sitting at those tables playing cribbage

961
00:36:35,870 --> 00:36:34,260
and he knew what I was saying and I

962
00:36:38,569 --> 00:36:35,880
cried a lot bro

963
00:36:41,030 --> 00:36:38,579

and saying goodbye to my parents just

964

00:36:41,870 --> 00:36:41,040

this recent time it was I'm not good at

965

00:36:45,230 --> 00:36:41,880

them

966

00:36:46,910 --> 00:36:45,240

first place

967

00:36:48,410 --> 00:36:46,920

but this one was different man because

968

00:36:50,870 --> 00:36:48,420

I'm always afraid that it's going to be

969

00:36:54,109 --> 00:36:50,880

my last time

970

00:36:56,329 --> 00:36:54,119

and when I got up at one o'clock I made

971

00:36:57,589 --> 00:36:56,339

my dad promise me he wasn't gonna get up

972

00:36:58,670 --> 00:36:57,599

I didn't want to say goodbye to him

973

00:37:01,069 --> 00:36:58,680

twice

974

00:37:02,390 --> 00:37:01,079

because I know how Brothers out there

975

00:37:05,510 --> 00:37:02,400

wish they would still have that

976

00:37:07,190 --> 00:37:05,520

opportunity to say goodbye

977

00:37:09,890 --> 00:37:07,200

but when I woke up I heard him walking

978

00:37:11,870 --> 00:37:09,900

upstairs he already had coffee made he

979

00:37:13,910 --> 00:37:11,880

already had snacks you ain't got snacks

980

00:37:15,890 --> 00:37:13,920

for me man you know

981

00:37:17,150 --> 00:37:15,900

sometimes we don't know how to show our

982

00:37:19,310 --> 00:37:17,160

emotions

983

00:37:21,470 --> 00:37:19,320

and my dad went his whole life doing

984

00:37:22,910 --> 00:37:21,480

that because my dad's always been a foot

985

00:37:25,250 --> 00:37:22,920

soldier

986

00:37:26,930 --> 00:37:25,260

um there's some things I can't say but

987

00:37:29,210 --> 00:37:26,940

you know I mean a Vietnam bad he's been

988

00:37:32,990 --> 00:37:29,220

shot he's been blown up I just

989

00:37:35,030 --> 00:37:33,000

celebrated 34 years of sobriety

990

00:37:36,890 --> 00:37:35,040

the things he's been through like it's

991

00:37:38,569 --> 00:37:36,900

amazing but through all those

992

00:37:41,270 --> 00:37:38,579

experiences he learned to become a

993

00:37:42,650 --> 00:37:41,280

different creature he became a creature

994

00:37:43,670 --> 00:37:42,660

of habit he became a creature of

995

00:37:46,550 --> 00:37:43,680

survival

996

00:37:49,069 --> 00:37:46,560

he became a creature of instinct

997

00:37:51,290 --> 00:37:49,079

but he never became the creature of who

998

00:37:53,450 --> 00:37:51,300

he truly wanted to be because he was

999

00:37:56,270 --> 00:37:53,460

surviving a world to make sure the

1000

00:37:58,430 --> 00:37:56,280

people he loves are taken care of and

1001
00:38:07,490 --> 00:37:58,440
they had the opportunity he don't that's

1002
00:38:13,130 --> 00:38:08,930
and what do you say goodbye to me that

1003
00:38:16,250 --> 00:38:14,990
when he sick about him that night that

1004
00:38:18,530 --> 00:38:16,260
hug

1005
00:38:20,569 --> 00:38:18,540
I know whatever in my life remember my

1006
00:38:22,370 --> 00:38:20,579
dad hugging me that strong with that

1007
00:38:24,109 --> 00:38:22,380
heart

1008
00:38:28,490 --> 00:38:24,119
you know it's terrible

1009
00:38:32,810 --> 00:38:31,130
it's weird how parents can bring the

1010
00:38:34,970 --> 00:38:32,820
child out in us because brother I was

1011
00:38:38,450 --> 00:38:34,980
crying like a little kid yeah

1012
00:38:40,069 --> 00:38:38,460
and um so

1013
00:38:41,870 --> 00:38:40,079

you know people like you really need to

1014

00:38:45,829 --> 00:38:41,880

know

1015

00:38:49,609 --> 00:38:47,870

you're saying this and how much you miss

1016

00:38:51,770 --> 00:38:49,619

somebody you love

1017

00:38:53,690 --> 00:38:51,780

and I value that

1018

00:38:56,089 --> 00:38:53,700

and I'll make sure I value it with with

1019

00:38:56,990 --> 00:38:56,099

what I still had the opportunity to

1020

00:39:00,829 --> 00:38:57,000

value

1021

00:39:02,750 --> 00:39:00,839

and um I I hope people can put the world

1022

00:39:05,150 --> 00:39:02,760

away

1023

00:39:08,630 --> 00:39:05,160

and put all the material reasons why we

1024

00:39:11,150 --> 00:39:08,640

disassociated ourselves with people

1025

00:39:13,849 --> 00:39:11,160

and just stop

1026

00:39:15,109 --> 00:39:13,859

and just figure out a way to live

1027

00:39:17,810 --> 00:39:15,119

I don't think that's really that

1028

00:39:19,609 --> 00:39:17,820

difficult we need to stop investing in

1029

00:39:22,190 --> 00:39:19,619

things that no longer spiritually

1030

00:39:23,710 --> 00:39:22,200

benefit us and when we do that brother

1031

00:39:26,450 --> 00:39:23,720

we become toxic

1032

00:39:28,670 --> 00:39:26,460

and we ain't doing any good to any cause

1033

00:39:32,210 --> 00:39:28,680

we claim to represent that's all

1034

00:39:34,010 --> 00:39:32,220

no that makes like total sense you know

1035

00:39:38,690 --> 00:39:34,020

if you're

1036

00:39:40,609 --> 00:39:38,700

ideal and that ideals

1037

00:39:42,829 --> 00:39:40,619

it doesn't add anything to the world

1038

00:39:44,569 --> 00:39:42,839

it's like are you really leaving the

1039

00:39:47,390 --> 00:39:44,579

world a better place than the way you

1040

00:39:49,010 --> 00:39:47,400

had it you know like

1041

00:39:50,990 --> 00:39:49,020

especially like my family like my

1042

00:39:53,690 --> 00:39:51,000

parents they came here and basically

1043

00:39:55,550 --> 00:39:53,700

from you know from a country that wasn't

1044

00:39:57,410 --> 00:39:55,560

exactly the best you know the best

1045

00:39:59,450 --> 00:39:57,420

condition for you know freedom of

1046

00:40:00,890 --> 00:39:59,460

thought freedom of expression right and

1047

00:40:02,349 --> 00:40:00,900

like my parents on the game here they

1048

00:40:05,089 --> 00:40:02,359

they wanted to

1049

00:40:06,589 --> 00:40:05,099

like you know they well first of all the

1050

00:40:08,210 --> 00:40:06,599

main thing was just like get the heck

1051
00:40:09,349 --> 00:40:08,220
out of there

1052
00:40:11,089 --> 00:40:09,359
um

1053
00:40:12,589 --> 00:40:11,099
and also it's like okay well if we're

1054
00:40:13,550 --> 00:40:12,599
gonna have a family like we can't you

1055
00:40:15,349 --> 00:40:13,560
know we can't bring them up in this

1056
00:40:17,030 --> 00:40:15,359
environment and we can't bring them up

1057
00:40:18,410 --> 00:40:17,040
in an environment where if they say the

1058
00:40:20,810 --> 00:40:18,420
wrong thing or just because their last

1059
00:40:23,470 --> 00:40:20,820
name or just because of you know their

1060
00:40:26,510 --> 00:40:23,480
lineage however many you know

1061
00:40:27,530 --> 00:40:26,520
Generations back is gonna put a Target

1062
00:40:28,849 --> 00:40:27,540
on their back or they're gonna be

1063
00:40:31,250 --> 00:40:28,859

blacklists they're not be able to work

1064

00:40:33,530 --> 00:40:31,260

or well constantly having secret police

1065

00:40:34,910 --> 00:40:33,540

knocking on your door it's like you know

1066

00:40:36,950 --> 00:40:34,920

they didn't want to have that kind of

1067

00:40:39,470 --> 00:40:36,960

environment for for my sister and for

1068

00:40:40,730 --> 00:40:39,480

myself and you know they came they came

1069

00:40:42,430 --> 00:40:40,740

to Canada

1070

00:40:44,810 --> 00:40:42,440

um you know

1071

00:40:47,990 --> 00:40:44,820

they didn't have they like they had

1072

00:40:49,730 --> 00:40:48,000

family that was basically it uh you know

1073

00:40:52,430 --> 00:40:49,740

the skills that they you know learned

1074

00:40:54,050 --> 00:40:52,440

that were transferable my mom thankfully

1075

00:40:57,950 --> 00:40:54,060

you know spoke English but my dad you

1076

00:40:59,930 --> 00:40:57,960

know he wasn't he wasn't the the the

1077

00:41:01,910 --> 00:40:59,940

I'm gonna say what's the most profound

1078

00:41:03,829 --> 00:41:01,920

linguist on the planet right when it

1079

00:41:04,510 --> 00:41:03,839

came to words

1080

00:41:06,890 --> 00:41:04,520

um

1081

00:41:08,990 --> 00:41:06,900

what he said was usually pretty profound

1082

00:41:10,790 --> 00:41:09,000

but

1083

00:41:12,410 --> 00:41:10,800

the words that they learn meant

1084

00:41:13,609 --> 00:41:12,420

something you know they they read

1085

00:41:15,829 --> 00:41:13,619

something because there's a message

1086

00:41:18,230 --> 00:41:15,839

behind it

1087

00:41:19,310 --> 00:41:18,240

take care of your health you know your

1088

00:41:23,109 --> 00:41:19,320

health is what's going to keep you going

1089

00:41:25,130 --> 00:41:23,119

forward uh but like my dad he

1090

00:41:26,569 --> 00:41:25,140

vaping too brother

1091

00:41:29,270 --> 00:41:26,579

I was just gonna ask you what's your

1092

00:41:31,250 --> 00:41:29,280

flavor bro no that's uh this is uh from

1093

00:41:33,890 --> 00:41:31,260

a manufacturer here in Ottawa it's

1094

00:41:35,930 --> 00:41:33,900

called sung as and again

1095

00:41:39,530 --> 00:41:35,940

that's not a sponsor the show it's

1096

00:41:41,329 --> 00:41:39,540

called sunken barrel uh it's finally

1097

00:41:44,329 --> 00:41:41,339

back in stock it's kind of like a

1098

00:41:46,670 --> 00:41:44,339

caramel with like some hazelnuts and you

1099

00:41:48,890 --> 00:41:46,680

know like you're rich it's yeah it's

1100

00:41:50,390 --> 00:41:48,900

nice it's nice who knows the way you

1101
00:41:52,250 --> 00:41:50,400
said it though man I got you know I got

1102
00:41:53,930 --> 00:41:52,260
chills a little bit he's a caramel with

1103
00:41:58,250 --> 00:41:53,940
a little Hazel not a little smoke

1104
00:42:00,530 --> 00:41:58,260
flavored Aroma for the pipelines oh okay

1105
00:42:03,670 --> 00:42:00,540
well I got blue ice bro I got blue Razz

1106
00:42:06,310 --> 00:42:03,680
ice up in my menthol

1107
00:42:08,569 --> 00:42:06,320
a minute

1108
00:42:10,609 --> 00:42:08,579
for this brother is because I'm trying

1109
00:42:12,890 --> 00:42:10,619
to supplement because

1110
00:42:15,650 --> 00:42:12,900
um again I got some cons I got more

1111
00:42:17,210 --> 00:42:15,660
health concerns and um I don't talk

1112
00:42:19,250 --> 00:42:17,220
about that ever that's actually first

1113
00:42:21,470 --> 00:42:19,260

time I've said that uh on public

1114

00:42:22,069 --> 00:42:21,480

platform but

1115

00:42:24,109 --> 00:42:22,079

um

1116

00:42:26,030 --> 00:42:24,119

been having issues with my breathing

1117

00:42:27,470 --> 00:42:26,040

and I'm in smoking since I've been a

1118

00:42:29,630 --> 00:42:27,480

teenager I'm going to be 50 years old so

1119

00:42:31,490 --> 00:42:29,640

I got issues I already know I do I mean

1120

00:42:35,210 --> 00:42:31,500

overall General Health is pretty good

1121

00:42:37,490 --> 00:42:35,220

but I still have some continuing issues

1122

00:42:40,310 --> 00:42:37,500

going on that hasn't been resolved with

1123

00:42:41,930 --> 00:42:40,320

my stomach yet and so I need to kind of

1124

00:42:44,150 --> 00:42:41,940

reinvest

1125

00:42:45,710 --> 00:42:44,160

um and again why do we always wait until

1126

00:42:47,270 --> 00:42:45,720

something breaks you know it's just what

1127

00:42:49,250 --> 00:42:47,280

we do as humans

1128

00:42:52,190 --> 00:42:49,260

but I need to kind of reinvest in in

1129

00:42:53,870 --> 00:42:52,200

some of my habits and and make sure that

1130

00:42:56,750 --> 00:42:53,880

you know I'm around as long as I

1131

00:42:59,089 --> 00:42:56,760

physical client hey brother I I come to

1132

00:43:01,250 --> 00:42:59,099

our conclusion

1133

00:43:03,290 --> 00:43:01,260

and I'm okay I'm not saying it and it's

1134

00:43:04,730 --> 00:43:03,300

not a bad thing like you know brother I

1135

00:43:10,309 --> 00:43:04,740

put myself through a lot of stuff man I

1136

00:43:14,569 --> 00:43:12,349

I don't know I don't know how much I

1137

00:43:15,890 --> 00:43:14,579

took away you know through through all

1138

00:43:18,950 --> 00:43:15,900

these years of doing the things I've

1139

00:43:21,170 --> 00:43:18,960

done so it was you know I know I know I

1140

00:43:23,089 --> 00:43:21,180

I just wanted what I got left I just

1141

00:43:25,250 --> 00:43:23,099

want to try to maximize that as much as

1142

00:43:27,230 --> 00:43:25,260

I can I want to see I want to see your

1143

00:43:28,910 --> 00:43:27,240

baby grow up I want to see my boys have

1144

00:43:31,250 --> 00:43:28,920

babies you know I want to see my friends

1145

00:43:33,650 --> 00:43:31,260

friends and families have families I

1146

00:43:35,329 --> 00:43:33,660

want to see all that this to me to

1147

00:43:37,490 --> 00:43:35,339

brother that that is what it's about

1148

00:43:40,309 --> 00:43:37,500

it's kind of weird you ever go where you

1149

00:43:42,829 --> 00:43:40,319

grew up as a kid yeah all the time

1150

00:43:45,170 --> 00:43:42,839

you ever like just touch a tree that you

1151
00:43:46,609 --> 00:43:45,180
used to touch when you were a kid uh I

1152
00:43:48,890 --> 00:43:46,619
did that once

1153
00:43:50,510 --> 00:43:48,900
um that was a long time ago well that

1154
00:43:52,309 --> 00:43:50,520
was like a long time I was maybe like 25

1155
00:43:54,470 --> 00:43:52,319
or 26 and I went out to like you know

1156
00:43:58,329 --> 00:43:54,480
the forest area behind the park where we

1157
00:44:00,890 --> 00:43:58,339
like we'd play Fort as a kid

1158
00:44:02,690 --> 00:44:00,900
well yo well yeah let's see you got two

1159
00:44:04,790 --> 00:44:02,700
forts like you you and your friends have

1160
00:44:06,290 --> 00:44:04,800
like a group and you know another group

1161
00:44:07,910 --> 00:44:06,300
of friends people have their own group

1162
00:44:10,309 --> 00:44:07,920
and like you know you have to play war

1163
00:44:11,630 --> 00:44:10,319

and it's basically just a bunch of 10

1164

00:44:14,150 --> 00:44:11,640

year olds hitting each other with sticks

1165

00:44:16,670 --> 00:44:14,160

in a field it's great I had the best

1166

00:44:18,050 --> 00:44:16,680

machine gun on the planet bro dude you

1167

00:44:19,130 --> 00:44:18,060

should see how much the second that

1168

00:44:21,290 --> 00:44:19,140

thing could shoot

1169

00:44:22,370 --> 00:44:21,300

oh my goodness yeah we didn't we didn't

1170

00:44:25,069 --> 00:44:22,380

have anything that advanced it was

1171

00:44:27,349 --> 00:44:25,079

mostly just you know Advanced I knew

1172

00:44:30,230 --> 00:44:27,359

people you know I knew people I knew the

1173

00:44:32,809 --> 00:44:30,240

stick manufacturers actually so broom

1174

00:44:34,730 --> 00:44:32,819

handles wrapped in electrical tape

1175

00:44:36,890 --> 00:44:34,740

and if it was a it was a gang related it

1176

00:44:38,030 --> 00:44:36,900

was just like you know like we got our

1177

00:44:40,970 --> 00:44:38,040

fourth they got their four we're just

1178

00:44:42,530 --> 00:44:40,980

gonna go out and paddle you know and

1179

00:44:43,750 --> 00:44:42,540

running and rolling through the grass

1180

00:44:45,829 --> 00:44:43,760

you know because

1181

00:44:47,450 --> 00:44:45,839

we beat the crap out of each other and

1182

00:44:49,730 --> 00:44:47,460

then we go play baseball it's it's you

1183

00:44:52,130 --> 00:44:49,740

know it's like okay oh yeah we got first

1184

00:44:54,410 --> 00:44:52,140

up and back okay it's great

1185

00:44:57,230 --> 00:44:54,420

um but like no like it's like where I

1186

00:44:58,130 --> 00:44:57,240

grew up is on my way into my mom's house

1187

00:45:03,470 --> 00:44:58,140

now

1188

00:45:04,550 --> 00:45:03,480

weeks say a couple weeks that's it

1189

00:45:06,770 --> 00:45:04,560

wasn't like you know the last couple

1190

00:45:10,849 --> 00:45:06,780

months or so like I've been in the car

1191

00:45:13,069 --> 00:45:10,859

and my my oldest she's like so it's this

1192

00:45:14,569 --> 00:45:13,079

place and you know we got to talk and

1193

00:45:17,210 --> 00:45:14,579

then all of a sudden she's like well

1194

00:45:19,970 --> 00:45:17,220

where did you grow up Dad I'm like well

1195

00:45:22,190 --> 00:45:19,980

let me tell you at this place like you

1196

00:45:23,990 --> 00:45:22,200

want to go see it right and it's like

1197

00:45:26,569 --> 00:45:24,000

okay so like we'll go drive through the

1198

00:45:27,890 --> 00:45:26,579

hood you know and it's it was not the

1199

00:45:29,630 --> 00:45:27,900

most glamorous neighborhood on the

1200

00:45:32,450 --> 00:45:29,640

planet we'll we'll we'll say that much

1201
00:45:34,130 --> 00:45:32,460
it uh was basically you know it was the

1202
00:45:35,930 --> 00:45:34,140
projects that's the one when you're

1203
00:45:37,069 --> 00:45:35,940
growing up and it's like okay well you

1204
00:45:38,870 --> 00:45:37,079
know it's driving through like this is

1205
00:45:40,790 --> 00:45:38,880
where I still I waited for the bus and

1206
00:45:43,849 --> 00:45:40,800
this yeah hey this is the rock we used

1207
00:45:45,530 --> 00:45:43,859
to throw our bikes off of oh awesome I

1208
00:45:46,730 --> 00:45:45,540
love that yeah like okay like well what

1209
00:45:48,410 --> 00:45:46,740
about where'd you live in the drive by

1210
00:45:51,410 --> 00:45:48,420
the house like you see that tree that's

1211
00:45:53,630 --> 00:45:51,420
like this huge huge you know three-story

1212
00:45:55,550 --> 00:45:53,640
tall like you know Redwood like just

1213
00:45:56,809 --> 00:45:55,560

massive it's a pine

1214

00:45:58,550 --> 00:45:56,819

um but they never cut it down it's like

1215

00:46:01,550 --> 00:45:58,560

it's it's now like three to four stories

1216

00:46:02,930 --> 00:46:01,560

tall in this small little yard in the

1217

00:46:04,970 --> 00:46:02,940

front you know they got to cut the

1218

00:46:06,230 --> 00:46:04,980

branches now to be able to make sure

1219

00:46:08,089 --> 00:46:06,240

that it's not it's not going into the

1220

00:46:10,250 --> 00:46:08,099

house and I'm like when we moved into

1221

00:46:12,589 --> 00:46:10,260

this house almost when when your aunt me

1222

00:46:14,630 --> 00:46:12,599

moves into this house with with your

1223

00:46:17,630 --> 00:46:14,640

grandmother and your grandfather that

1224

00:46:21,109 --> 00:46:17,640

tree was like this as tall as I am right

1225

00:46:23,809 --> 00:46:21,119

now she's like wow you must be a million

1226
00:46:25,750 --> 00:46:23,819
years old I'm like oh geez thanks

1227
00:46:28,270 --> 00:46:25,760
appreciate it honey

1228
00:46:32,150 --> 00:46:28,280
don't filter at all

1229
00:46:33,710 --> 00:46:32,160
so I oh yeah like man you you go through

1230
00:46:35,150 --> 00:46:33,720
like those Memory Lanes and he's like

1231
00:46:37,250 --> 00:46:35,160
you're trying to be able to show like

1232
00:46:38,569 --> 00:46:37,260
hey this is where we grew up and this is

1233
00:46:39,829 --> 00:46:38,579
what we were like when we were kids when

1234
00:46:41,630 --> 00:46:39,839
we were your age and this is what we

1235
00:46:43,970 --> 00:46:41,640
used to be able to do and we were way

1236
00:46:45,589 --> 00:46:43,980
cooler than this generation we knew

1237
00:46:47,569 --> 00:46:45,599
things

1238
00:46:49,550 --> 00:46:47,579

that's what I tell my kids that where

1239

00:46:51,770 --> 00:46:49,560

Our Generations were way more badass

1240

00:46:53,510 --> 00:46:51,780

than theirs like you know how to be able

1241

00:46:56,809 --> 00:46:53,520

to rewind the cassette tape with them

1242

00:46:58,910 --> 00:46:56,819

they don't understand bro

1243

00:47:00,230 --> 00:46:58,920

you ever do the spin oh of course man it

1244

00:47:02,030 --> 00:47:00,240

was it was the fastest that was that was

1245

00:47:03,470 --> 00:47:02,040

fast forward to rewind you know if you

1246

00:47:05,630 --> 00:47:03,480

want to see if your Walkman battery is

1247

00:47:07,309 --> 00:47:05,640

like what's a Walkman

1248

00:47:08,690 --> 00:47:07,319

that big old thing you put on your

1249

00:47:10,670 --> 00:47:08,700

freaking hip when you're walking down

1250

00:47:14,870 --> 00:47:10,680

the street okay

1251

00:47:16,550 --> 00:47:14,880

um I went up it was about a year ago

1252

00:47:18,170 --> 00:47:16,560

um I went up and I brought Ron Phillips

1253

00:47:18,950 --> 00:47:18,180

with me because we had to film it for

1254

00:47:22,430 --> 00:47:18,960

something

1255

00:47:26,210 --> 00:47:24,530

I gave Ryan the tour I brought him to

1256

00:47:27,349 --> 00:47:26,220

the oldie side that's where I was born I

1257

00:47:29,450 --> 00:47:27,359

was born on the east side of Saint Paul

1258

00:47:31,010 --> 00:47:29,460

and it tough town is you know it was all

1259

00:47:32,270 --> 00:47:31,020

Italians when my dad was a kid and then

1260

00:47:33,589 --> 00:47:32,280

it started changing when I was a kid

1261

00:47:35,210 --> 00:47:33,599

there but it was a tough time but we

1262

00:47:37,849 --> 00:47:35,220

didn't know it was a tough time that was

1263

00:47:39,710 --> 00:47:37,859

home uh we would ride our bikes at night

1264

00:47:40,730 --> 00:47:39,720

we you know things would be happening

1265

00:47:42,890 --> 00:47:40,740

and

1266

00:47:44,329 --> 00:47:42,900

we didn't know any different because we

1267

00:47:46,609 --> 00:47:44,339

weren't told that that wasn't normal

1268

00:47:48,650 --> 00:47:46,619

that was just the way we knew things but

1269

00:47:51,349 --> 00:47:48,660

when I brought rod

1270

00:47:53,210 --> 00:47:51,359

and we walked down the street and you

1271

00:47:55,730 --> 00:47:53,220

know I grew up on and and we went to

1272

00:47:58,609 --> 00:47:55,740

different areas

1273

00:48:00,770 --> 00:47:58,619

I reminisced about it differently

1274

00:48:02,630 --> 00:48:00,780

um you know it's like it's like a baby

1275

00:48:05,990 --> 00:48:02,640

when a baby gets the sucker taken away

1276

00:48:07,970 --> 00:48:06,000

oh God it kind of freaked you know

1277

00:48:10,430 --> 00:48:07,980

so it's not like I got my home taken

1278

00:48:12,349 --> 00:48:10,440

away but when you move away you you all

1279

00:48:13,670 --> 00:48:12,359

of a sudden that disconnect

1280

00:48:16,190 --> 00:48:13,680

something that you're used to always

1281

00:48:17,569 --> 00:48:16,200

having access to when everyone that

1282

00:48:19,970 --> 00:48:17,579

disconnect is there

1283

00:48:21,710 --> 00:48:19,980

and so it's like every time I go home

1284

00:48:23,510 --> 00:48:21,720

there's certain areas of specific

1285

00:48:26,150 --> 00:48:23,520

I just want to go and just stand there

1286

00:48:27,829 --> 00:48:26,160

or or go sit on this wall

1287

00:48:30,170 --> 00:48:27,839

and I don't know why I have such an

1288

00:48:32,329 --> 00:48:30,180

attachment right now to the old

1289

00:48:34,730 --> 00:48:32,339

neighborhood you know my youth is it

1290

00:48:36,890 --> 00:48:34,740

depression bro I know that's not I don't

1291

00:48:41,329 --> 00:48:36,900

think it's depression you know it's this

1292

00:48:43,490 --> 00:48:41,339

Nostalgia and it's uh you know as as

1293

00:48:45,230 --> 00:48:43,500

it's like there was this old uh Greek

1294

00:48:47,329 --> 00:48:45,240

guy that I used to work for when it was

1295

00:48:49,370 --> 00:48:47,339

started as a copywriter and yeah that's

1296

00:48:50,990 --> 00:48:49,380

mad Ben I'm not gonna tell that you know

1297

00:48:52,490 --> 00:48:51,000

that story but it's like it's it's

1298

00:48:54,230 --> 00:48:52,500

the pain from an open wound like it's

1299

00:48:56,690 --> 00:48:54,240

it's those longing for those things that

1300

00:48:59,089 --> 00:48:56,700

were that were gone before and you know

1301

00:49:00,530 --> 00:48:59,099

that that's why you see like all of

1302

00:49:02,930 --> 00:49:00,540

these movies that are remakes of movies

1303

00:49:06,170 --> 00:49:02,940

that were popular when we were kids you

1304

00:49:09,109 --> 00:49:06,180

know Transformers and and you know like

1305

00:49:11,030 --> 00:49:09,119

you you know she sure as heck that if

1306

00:49:12,410 --> 00:49:11,040

well not you because well you're a

1307

00:49:13,970 --> 00:49:12,420

couple years old I mean not too many but

1308

00:49:15,230 --> 00:49:13,980

you're a couple years older than me and

1309

00:49:17,210 --> 00:49:15,240

it's like I remember like the first time

1310

00:49:19,250 --> 00:49:17,220

I watched Optimus Prime die you know

1311

00:49:22,130 --> 00:49:19,260

from the original Transformers movie man

1312

00:49:24,170 --> 00:49:22,140

that just like that destroyed me and

1313

00:49:25,670 --> 00:49:24,180

it's like they try and pull that with

1314

00:49:27,770 --> 00:49:25,680

the Michael Bay movies and you're like

1315

00:49:31,250 --> 00:49:27,780

just doesn't hit the same you know like

1316

00:49:34,609 --> 00:49:31,260

but they do that to try and and

1317

00:49:36,290 --> 00:49:34,619

uh Trend rekindle those feelings you

1318

00:49:39,410 --> 00:49:36,300

have from when you're younger hey

1319

00:49:42,770 --> 00:49:39,420

brother did you ever see the TV series

1320

00:49:43,390 --> 00:49:42,780

um uh on History Channel the Vikings

1321

00:49:45,710 --> 00:49:43,400

um

1322

00:49:48,410 --> 00:49:45,720

like two episodes into the first season

1323

00:49:51,950 --> 00:49:48,420

and oh I'm like oh okay I watched every

1324

00:49:54,470 --> 00:49:51,960

season about 30 347 times I can probably

1325

00:49:57,290 --> 00:49:54,480

recite every you know word in there but

1326

00:49:59,329 --> 00:49:57,300

yeah when somebody died in that movie or

1327

00:50:02,750 --> 00:49:59,339

that show

1328

00:50:03,890 --> 00:50:02,760

dude it hit me man bro I mean like I

1329

00:50:06,349 --> 00:50:03,900

think I'm still kind of going through

1330

00:50:08,030 --> 00:50:06,359

some damage in my face it's like I

1331

00:50:08,990 --> 00:50:08,040

didn't find justification in it and I

1332

00:50:10,130 --> 00:50:09,000

wish I would have been there to protect

1333

00:50:12,770 --> 00:50:10,140

him but

1334

00:50:14,450 --> 00:50:12,780

you know so and you know that's War when

1335

00:50:15,589 --> 00:50:14,460

you're a viking you know things happen I

1336

00:50:18,470 --> 00:50:15,599

guess

1337

00:50:21,349 --> 00:50:18,480

no like Vikings Space robot Vikings it's

1338

00:50:23,510 --> 00:50:21,359

like you you get those like those things

1339

00:50:25,490 --> 00:50:23,520

where it's okay well it's it's the the

1340

00:50:27,890 --> 00:50:25,500

understanding of like you're just a

1341

00:50:29,390 --> 00:50:27,900

Space robot biking adult's a Transformer

1342

00:50:31,490 --> 00:50:29,400

you know

1343

00:50:34,069 --> 00:50:31,500

good point hey Optimus Prime had a sword

1344

00:50:35,950 --> 00:50:34,079

yo okay well he did

1345

00:50:38,230 --> 00:50:35,960

was an energy sword

1346

00:50:40,490 --> 00:50:38,240

beats the eye

1347

00:50:41,569 --> 00:50:40,500

do you watch the Transformer cartoons

1348

00:50:43,970 --> 00:50:41,579

when you're little

1349

00:50:46,670 --> 00:50:43,980

what the heck yeah man oh

1350

00:50:49,790 --> 00:50:46,680

this is a good old phase man uh you

1351
00:50:51,710 --> 00:50:49,800
remember mask anybody else remember mask

1352
00:50:53,329 --> 00:50:51,720
with Rocky Dennis

1353
00:50:56,569 --> 00:50:53,339
I'm not too sure but it was it was it

1354
00:50:58,190 --> 00:50:56,579
was like Transformers in GI Joe where

1355
00:50:59,930 --> 00:50:58,200
you had like this guy who had like a it

1356
00:51:01,910 --> 00:50:59,940
was a Camaro or a Firebird that turned

1357
00:51:03,950 --> 00:51:01,920
into a plane like the golden doors would

1358
00:51:06,890 --> 00:51:03,960
come up in here like the laser you know

1359
00:51:10,309 --> 00:51:06,900
no yeah it was it was it was another toy

1360
00:51:13,490 --> 00:51:10,319
attic yo Hasbro commercial like show

1361
00:51:15,650 --> 00:51:13,500
that just was there to hog toys which is

1362
00:51:17,390 --> 00:51:15,660
basically like okay let's let's put some

1363
00:51:19,010 --> 00:51:17,400

impressionable youth in front of the

1364

00:51:20,870 --> 00:51:19,020

half an hour cartoon that just never

1365

00:51:24,290 --> 00:51:20,880

ends I get the parents to buy the stuff

1366

00:51:26,089 --> 00:51:24,300

one more cartoon reference because I I

1367

00:51:28,490 --> 00:51:26,099

still have questions you know I've

1368

00:51:30,049 --> 00:51:28,500

always had concerns about this one

1369

00:51:33,970 --> 00:51:30,059

um but you know in reference to the

1370

00:51:37,970 --> 00:51:33,980

Smurfs I've always had questions

1371

00:51:40,490 --> 00:51:37,980

why um there's only one female Smurf in

1372

00:51:42,410 --> 00:51:40,500

a village of like 400 of them you know

1373

00:51:44,390 --> 00:51:42,420

it's best not to think about these kind

1374

00:51:46,460 --> 00:51:44,400

of things uh is there a subliminal

1375

00:51:48,230 --> 00:51:46,470

message or somewhere

1376

00:51:51,890 --> 00:51:48,240

[Music]

1377

00:51:52,730 --> 00:51:51,900

it I'm thinking I don't know man I don't

1378

00:51:55,010 --> 00:51:52,740

know

1379

00:51:56,750 --> 00:51:55,020

why where's grandma's birth that's the

1380

00:51:59,030 --> 00:51:56,760

next one that's what I'm saying bro and

1381

00:52:00,950 --> 00:51:59,040

why are they all blue

1382

00:52:02,510 --> 00:52:00,960

but anyways that's just some thoughts I

1383

00:52:04,190 --> 00:52:02,520

have you know when I'm walking by myself

1384

00:52:05,270 --> 00:52:04,200

you know maybe if you're if you're

1385

00:52:08,089 --> 00:52:05,280

thinking about like that kind of thing

1386

00:52:10,370 --> 00:52:08,099

it's like why is it that there was like

1387

00:52:12,109 --> 00:52:10,380

this guy with a receding hairline trying

1388

00:52:13,549 --> 00:52:12,119

to turn them into gold all the time what

1389

00:52:15,470 --> 00:52:13,559

was with this cat

1390

00:52:17,390 --> 00:52:15,480

yeah

1391

00:52:18,950 --> 00:52:17,400

bro

1392

00:52:24,290 --> 00:52:18,960

what's your thoughts on the Mandela

1393

00:52:28,370 --> 00:52:26,510

I think it's just because we tend to

1394

00:52:31,910 --> 00:52:28,380

misremember things

1395

00:52:37,370 --> 00:52:34,790

you know like it's an alternate reality

1396

00:52:39,770 --> 00:52:37,380

but I honestly it could be I don't know

1397

00:52:41,990 --> 00:52:39,780

man but it could be what you're saying

1398

00:52:46,010 --> 00:52:42,000

too because it's it's the human brain

1399

00:52:48,710 --> 00:52:46,020

you know is is pretty easily

1400

00:52:50,030 --> 00:52:48,720

if we don't know 100 and somebody just

1401
00:52:51,890 --> 00:52:50,040
tells us most people are just going to

1402
00:52:53,569 --> 00:52:51,900
be like oh yeah totally

1403
00:52:55,309 --> 00:52:53,579
but there was a couple that trip me out

1404
00:52:57,950 --> 00:52:55,319
there was a couple because there was one

1405
00:53:01,370 --> 00:52:57,960
brother I'm I'm just going to say this

1406
00:53:03,049 --> 00:53:01,380
he was a local Chef on the local news up

1407
00:53:04,670 --> 00:53:03,059
home where I live and I've watched him

1408
00:53:05,630 --> 00:53:04,680
for years locally he was everybody

1409
00:53:08,809 --> 00:53:05,640
normal

1410
00:53:11,210 --> 00:53:08,819
his name was Andrew Zimmerman

1411
00:53:13,250 --> 00:53:11,220
and now it's Andrew Zim and I can't find

1412
00:53:15,109 --> 00:53:13,260
any reference anywhere on this planet of

1413
00:53:16,670 --> 00:53:15,119

him being Andrew Zimmerman

1414

00:53:18,049 --> 00:53:16,680

and I don't know what to say about this

1415

00:53:19,069 --> 00:53:18,059

well every single time you remember

1416

00:53:21,410 --> 00:53:19,079

something you're not actually

1417

00:53:23,809 --> 00:53:21,420

remembering the event you're remembering

1418

00:53:26,150 --> 00:53:23,819

the last time you remembered it

1419

00:53:27,829 --> 00:53:26,160

so every single time you recall that

1420

00:53:29,930 --> 00:53:27,839

you're basically recalling the last

1421

00:53:32,690 --> 00:53:29,940

recall and if you do that too many times

1422

00:53:34,910 --> 00:53:32,700

and you're like you know it it's not

1423

00:53:37,190 --> 00:53:34,920

you're making a photocopy of a photocopy

1424

00:53:39,589 --> 00:53:37,200

of a photocopy so you're you're

1425

00:53:41,089 --> 00:53:39,599

essentially just kind of messing up that

1426

00:53:43,849 --> 00:53:41,099

that memory too it's like not really

1427

00:53:45,530 --> 00:53:43,859

messing the memory up but uh so that's

1428

00:53:47,829 --> 00:53:45,540

how false realities are created yeah

1429

00:53:50,329 --> 00:53:47,839

pretty much at least

1430

00:53:51,589 --> 00:53:50,339

bro we just came down with some stuff or

1431

00:53:55,270 --> 00:53:51,599

we just worked together as a team and

1432

00:54:05,089 --> 00:53:58,549

you know in the shape of

1433

00:54:08,990 --> 00:54:06,410

I was just trying to think of a quick

1434

00:54:10,730 --> 00:54:09,000

form uh yeah you know it's it's yeah

1435

00:54:12,049 --> 00:54:10,740

it's a little bit but your central time

1436

00:54:14,030 --> 00:54:12,059

are you Mountain Time or Central time

1437

00:54:15,410 --> 00:54:14,040

now I'm Central okay I was wondering

1438

00:54:16,490 --> 00:54:15,420

about that reference because I had to

1439

00:54:19,010 --> 00:54:16,500

Google it

1440

00:54:20,690 --> 00:54:19,020

I was like what's GMT

1441

00:54:22,790 --> 00:54:20,700

I had to Google it don't worry about it

1442

00:54:26,690 --> 00:54:22,800

bro jeans

1443

00:54:29,329 --> 00:54:26,700

it's it's it's the new DMT the DMT the

1444

00:54:31,309 --> 00:54:29,339

DMT it's it's the the

1445

00:54:35,210 --> 00:54:31,319

you know it's the off brand it's it's

1446

00:54:36,829 --> 00:54:35,220

the PC Cola of of DMT

1447

00:54:39,950 --> 00:54:36,839

um I just want to say a big shout out to

1448

00:54:41,450 --> 00:54:39,960

Miss Audrey love you Matt and she's kind

1449

00:54:43,670 --> 00:54:41,460

of amazing

1450

00:54:45,589 --> 00:54:43,680

and helping me out keep the you know

1451
00:54:48,589 --> 00:54:45,599
keep keep the ship going and balancing

1452
00:54:50,809 --> 00:54:48,599
ideas off of uh you know she's like it's

1453
00:54:53,210 --> 00:54:50,819
like it's like this is going to be a

1454
00:54:54,530 --> 00:54:53,220
slow process and a slow build up she's

1455
00:54:56,470 --> 00:54:54,540
like that's fine I think I got my own

1456
00:54:59,390 --> 00:54:56,480
things going on I'm like don't worry

1457
00:55:01,670 --> 00:54:59,400
working family come first uh you know

1458
00:55:04,370 --> 00:55:01,680
that was uh one of my my you know

1459
00:55:06,290 --> 00:55:04,380
someone I'm running another podcast with

1460
00:55:09,589 --> 00:55:06,300
uh more like the business side of things

1461
00:55:11,750 --> 00:55:09,599
because he he he just instilled that

1462
00:55:13,790 --> 00:55:11,760
idea into me

1463
00:55:15,410 --> 00:55:13,800

um he's a great mentor like from from

1464

00:55:18,890 --> 00:55:15,420

like business and just business

1465

00:55:22,130 --> 00:55:18,900

operations yeah man just just even just

1466

00:55:24,470 --> 00:55:22,140

being like a a cool dude to like learn

1467

00:55:26,990 --> 00:55:24,480

stuff of who's been there done that and

1468

00:55:28,910 --> 00:55:27,000

a million times over

1469

00:55:31,190 --> 00:55:28,920

um and I was like no you know it's like

1470

00:55:35,230 --> 00:55:31,200

if I'm if we're gonna take this you know

1471

00:55:37,390 --> 00:55:35,240

take this to uh to a new level

1472

00:55:39,829 --> 00:55:37,400

started from the bottom now we're here

1473

00:55:41,930 --> 00:55:39,839

uh and like literally now we're you know

1474

00:55:44,450 --> 00:55:41,940

on the same couch that the show started

1475

00:55:46,190 --> 00:55:44,460

on with you know a deep freeze and a

1476

00:55:48,650 --> 00:55:46,200

nice bottle of champagne

1477

00:55:50,569 --> 00:55:48,660

which I forget exactly this was actually

1478

00:55:52,130 --> 00:55:50,579

I believe my father gave this to me you

1479

00:55:54,049 --> 00:55:52,140

know I'm a deep Seeker bro I'm a deep

1480

00:55:55,370 --> 00:55:54,059

thinker because you know what you just

1481

00:55:57,109 --> 00:55:55,380

said you know there's some profoundness

1482

00:55:59,870 --> 00:55:57,119

what you just said so let me put this

1483

00:56:02,089 --> 00:55:59,880

together go for it all right because I

1484

00:56:03,950 --> 00:56:02,099

know so I I don't even know how long

1485

00:56:06,829 --> 00:56:03,960

I've been doing radio I I don't know for

1486

00:56:08,390 --> 00:56:06,839

sure uh eight years maybe some eight

1487

00:56:10,370 --> 00:56:08,400

nine years maybe a little bit longer

1488

00:56:11,990 --> 00:56:10,380

shorter I don't know but there's been

1489

00:56:14,990 --> 00:56:12,000

many times where we push really hard

1490

00:56:17,630 --> 00:56:15,000

we're dialed in you know what I'm saying

1491

00:56:19,730 --> 00:56:17,640

we dialed in hard and and we devoted

1492

00:56:22,849 --> 00:56:19,740

every breathing extra available second

1493

00:56:26,030 --> 00:56:22,859

we had of our life to push to promote to

1494

00:56:28,250 --> 00:56:26,040

show prep to it in in our drives you

1495

00:56:30,049 --> 00:56:28,260

know and now I look back and now knowing

1496

00:56:31,190 --> 00:56:30,059

what I know now and and being around the

1497

00:56:33,650 --> 00:56:31,200

people that I know now at a completely

1498

00:56:35,690 --> 00:56:33,660

different business level 99 what I was

1499

00:56:37,910 --> 00:56:35,700

doing back in the day by chasing the the

1500

00:56:39,650 --> 00:56:37,920

Facebook stuff and and some of the

1501
00:56:41,870 --> 00:56:39,660
content I was doing and how I was doing

1502
00:56:43,309 --> 00:56:41,880
it and what I was allowing it was

1503
00:56:44,569 --> 00:56:43,319
destroying me it wasn't helping me at

1504
00:56:46,069 --> 00:56:44,579
all

1505
00:56:47,510 --> 00:56:46,079
um and then it also started affecting

1506
00:56:48,950 --> 00:56:47,520
Family Life work life and everything

1507
00:56:50,569 --> 00:56:48,960
else and then before you know it you got

1508
00:56:53,510 --> 00:56:50,579
this Snowball Effect and you got turmoil

1509
00:56:55,190 --> 00:56:53,520
well that's pretty much it you know but

1510
00:56:56,329 --> 00:56:55,200
your vision now the way you just said it

1511
00:56:58,609 --> 00:56:56,339
see now that's when things happen

1512
00:57:01,490 --> 00:56:58,619
brother because everything in my life

1513
00:57:03,829 --> 00:57:01,500

there's and we'll get to it but

1514

00:57:07,730 --> 00:57:03,839

it was not one day

1515

00:57:10,370 --> 00:57:07,740

and shame on me did I ever fathom

1516

00:57:12,589 --> 00:57:10,380

going to what we're going to be going to

1517

00:57:15,109 --> 00:57:12,599

this year and and I can break it all

1518

00:57:16,370 --> 00:57:15,119

down in any way you want brother but and

1519

00:57:19,190 --> 00:57:16,380

shame on me

1520

00:57:22,450 --> 00:57:19,200

or create love for creating a limit you

1521

00:57:26,150 --> 00:57:22,460

know uh because I was just proven wrong

1522

00:57:28,549 --> 00:57:26,160

of my own behavior that limits our

1523

00:57:29,990 --> 00:57:28,559

figment of our imagination but my

1524

00:57:32,089 --> 00:57:30,000

mindset was completely different going

1525

00:57:34,609 --> 00:57:32,099

into this with different expectations

1526
00:57:36,290 --> 00:57:34,619
you know well you you create your own

1527
00:57:38,049 --> 00:57:36,300
limits on yourself

1528
00:57:40,430 --> 00:57:38,059
um with with

1529
00:57:42,710 --> 00:57:40,440
you know again that just like it comes

1530
00:57:46,490 --> 00:57:42,720
out of fear a lot of it it comes down to

1531
00:57:49,250 --> 00:57:46,500
past convention it comes down to

1532
00:57:50,809 --> 00:57:49,260
um you know one's own uh biases that you

1533
00:57:54,650 --> 00:57:50,819
know whether you're talking about biases

1534
00:57:56,210 --> 00:57:54,660
of ability or biases of of uh you know

1535
00:57:58,010 --> 00:57:56,220
intelligence

1536
00:58:00,170 --> 00:57:58,020
um or just you know your own doubts

1537
00:58:02,150 --> 00:58:00,180
about how much you can endure to to get

1538
00:58:04,549 --> 00:58:02,160

somewhere or what you think that you

1539

00:58:07,069 --> 00:58:04,559

know or how hard something actually is

1540

00:58:09,410 --> 00:58:07,079

and it's not that hard and you know

1541

00:58:12,170 --> 00:58:09,420

that'll that'll put barriers in your own

1542

00:58:14,150 --> 00:58:12,180

way to be able to achieve it and like

1543

00:58:17,089 --> 00:58:14,160

you know we can

1544

00:58:19,210 --> 00:58:17,099

like even even with like this show

1545

00:58:22,510 --> 00:58:19,220

like before we we hit

1546

00:58:24,829 --> 00:58:22,520

we were doing like very well back in

1547

00:58:26,210 --> 00:58:24,839

2016-2017 and like I'm sitting there

1548

00:58:28,309 --> 00:58:26,220

like a home like wow man the world has

1549

00:58:29,750 --> 00:58:28,319

changed five times over since then dude

1550

00:58:31,370 --> 00:58:29,760

that was kind of painful just here in

1551

00:58:34,549 --> 00:58:31,380

that year because it seems so freaking

1552

00:58:37,309 --> 00:58:34,559

long ago but it seemed like yesterday oh

1553

00:58:39,170 --> 00:58:37,319

blind yellow you got covered you got

1554

00:58:41,210 --> 00:58:39,180

like you know the all of the like the

1555

00:58:42,950 --> 00:58:41,220

three years were just everything just

1556

00:58:44,390 --> 00:58:42,960

shut down they're like now those things

1557

00:58:48,349 --> 00:58:44,400

are starting to open back up and things

1558

00:58:52,010 --> 00:58:48,359

start to go in more of a new normal

1559

00:58:54,049 --> 00:58:52,020

normal way or at least relatively back

1560

00:58:56,270 --> 00:58:54,059

to the fact we can go up and around and

1561

00:58:57,770 --> 00:58:56,280

not have to worry about

1562

00:59:02,690 --> 00:58:57,780

um you know any type of restrictions or

1563

00:59:04,670 --> 00:59:02,700

anything like that or whatever uh but

1564

00:59:05,930 --> 00:59:04,680

like that entire time because it was

1565

00:59:08,270 --> 00:59:05,940

essentially the same thing every single

1566

00:59:10,130 --> 00:59:08,280

day or through most days everything just

1567

00:59:12,950 --> 00:59:10,140

blurred right together and it's like

1568

00:59:14,990 --> 00:59:12,960

yeah I you know closed my eyes

1569

00:59:17,809 --> 00:59:15,000

and open it it's like all of a sudden

1570

00:59:19,730 --> 00:59:17,819

like wow this you know the one kids you

1571

00:59:23,630 --> 00:59:19,740

know in in dance recital and the other

1572

00:59:26,270 --> 00:59:23,640

ones actually here and and running

1573

00:59:28,270 --> 00:59:26,280

around and it's like whatever [h__\h]

1574

00:59:31,670 --> 00:59:28,280

tables climbing tables

1575

00:59:33,589 --> 00:59:31,680

climbing tables throwing stuff ocean got

1576
00:59:35,569 --> 00:59:33,599
a personality on our old man old man you

1577
00:59:37,789 --> 00:59:35,579
got Legos you got Legos in the house

1578
00:59:40,010 --> 00:59:37,799
he's not much of a Lego kid or that's a

1579
00:59:41,870 --> 00:59:40,020
good thing she's more of a oh no no even

1580
00:59:44,870 --> 00:59:41,880
even with you know she's she's more of

1581
00:59:48,049 --> 00:59:44,880
like a physical running and jumping oh

1582
00:59:50,289 --> 00:59:48,059
Tess is the uh my oldest is she's the um

1583
00:59:52,670 --> 00:59:50,299
good she's the artist

1584
00:59:54,289 --> 00:59:52,680
so the the youngest one she's gonna be

1585
00:59:56,750 --> 00:59:54,299
be the musician and together they're

1586
00:59:57,770 --> 00:59:56,760
gonna have like a band where one designs

1587
01:00:01,789 --> 00:59:57,780
the albums and the other one actually

1588
01:00:09,470 --> 01:00:05,829

the night that I can again together

1589

01:00:10,670 --> 01:00:09,480

so we can wholesale it so we can package

1590

01:00:12,170 --> 01:00:10,680

something up we got you covered just

1591

01:00:13,609 --> 01:00:12,180

tell me what you need dude artwork you

1592

01:00:15,289 --> 01:00:13,619

need some music we got you covered

1593

01:00:17,030 --> 01:00:15,299

you're gonna eat some beats need a ghost

1594

01:00:19,670 --> 01:00:17,040

writer it's fine that's good oh that's

1595

01:00:22,430 --> 01:00:19,680

right you do that too uh not so much

1596

01:00:24,710 --> 01:00:22,440

anymore but yeah

1597

01:00:27,109 --> 01:00:24,720

ah no just like writing in general like

1598

01:00:28,430 --> 01:00:27,119

you know like Jack of all trades master

1599

01:00:30,049 --> 01:00:28,440

review of them kind of like you know

1600

01:00:31,609 --> 01:00:30,059

kind of like you you're you're a man of

1601
01:00:33,049 --> 01:00:31,619
the world you you do pretty much

1602
01:00:36,470 --> 01:00:33,059
everything

1603
01:00:39,109 --> 01:00:36,480
master or well what you just said Jack

1604
01:00:40,910 --> 01:00:39,119
of all trades master of a few damn facts

1605
01:00:41,870 --> 01:00:40,920
damn fact

1606
01:00:43,370 --> 01:00:41,880
um I am actually looking for a

1607
01:00:44,990 --> 01:00:43,380
Ghostwriter though

1608
01:00:49,010 --> 01:00:45,000
chat GPT

1609
01:00:51,490 --> 01:00:49,020
I want you no man what's you get me your

1610
01:00:54,650 --> 01:00:51,500
Elsa getting shot cheap

1611
01:00:56,030 --> 01:00:54,660
I appreciate that but I'm having the

1612
01:00:59,329 --> 01:00:56,040
hardest time

1613
01:01:01,670 --> 01:00:59,339

so I I started writing my book

1614

01:01:03,049 --> 01:01:01,680

probably four years ago and and what I

1615

01:01:05,569 --> 01:01:03,059

ended up doing Chris is I had my

1616

01:01:07,309 --> 01:01:05,579

recorder and I just sat there with my

1617

01:01:08,510 --> 01:01:07,319

recorder on my backyard smoking a cigar

1618

01:01:10,250 --> 01:01:08,520

and just talking about the certain

1619

01:01:13,010 --> 01:01:10,260

highlights the highlighted parts of my

1620

01:01:14,750 --> 01:01:13,020

life I want to talk about because I

1621

01:01:16,069 --> 01:01:14,760

can't type and think I can't type I'm a

1622

01:01:18,049 --> 01:01:16,079

professional during the day brother I'm

1623

01:01:20,270 --> 01:01:18,059

a professional and I still type with

1624

01:01:22,309 --> 01:01:20,280

these two things right here come out all

1625

01:01:24,289 --> 01:01:22,319

day all day

1626

01:01:26,770 --> 01:01:24,299

um

1627

01:01:30,829 --> 01:01:26,780

what am I talking about again

1628

01:01:33,230 --> 01:01:30,839

ADHD we are the master and this is the

1629

01:01:35,710 --> 01:01:33,240

talk radio of ADHD

1630

01:01:38,030 --> 01:01:35,720

um ADHD of Talk Radio

1631

01:01:40,490 --> 01:01:38,040

the brains of the brain's a weird thing

1632

01:01:42,049 --> 01:01:40,500

man what was I just talking about uh you

1633

01:01:43,730 --> 01:01:42,059

were talking about ghost writing and I

1634

01:01:44,930 --> 01:01:43,740

said oh yeah you wanted these goes right

1635

01:01:46,670 --> 01:01:44,940

for you I'm like I can do that but

1636

01:01:49,789 --> 01:01:46,680

you're getting also chat GPT because

1637

01:01:53,510 --> 01:01:49,799

yeah my brain it goes at a way different

1638

01:01:56,030 --> 01:01:53,520

wavelength than what my output is and

1639

01:01:57,589 --> 01:01:56,040

when I try to speak I'm trying to reach

1640

01:01:58,910 --> 01:01:57,599

an emotional level and I'm trying to use

1641

01:02:00,530 --> 01:01:58,920

the right words and when I'm sitting

1642

01:02:02,150 --> 01:02:00,540

there trying to worry about typos and

1643

01:02:03,650 --> 01:02:02,160

all that crap at the same time I can't

1644

01:02:04,670 --> 01:02:03,660

do that kind of stuff man I don't know

1645

01:02:05,809 --> 01:02:04,680

people that sit there and they type and

1646

01:02:07,190 --> 01:02:05,819

they have conversations with you the

1647

01:02:10,250 --> 01:02:07,200

freaksman I think they're possessed I'm

1648

01:02:12,710 --> 01:02:10,260

just saying a little bit they may need

1649

01:02:13,970 --> 01:02:12,720

I hit the mouse and oh everything goes

1650

01:02:16,670 --> 01:02:13,980

squirrely

1651
01:02:19,010 --> 01:02:16,680
um so

1652
01:02:21,410 --> 01:02:19,020
I I need

1653
01:02:23,329 --> 01:02:21,420
and it was meant to be that it wasn't

1654
01:02:25,130 --> 01:02:23,339
written two years ago because I'm

1655
01:02:27,470 --> 01:02:25,140
literally in my final chapter right now

1656
01:02:29,809 --> 01:02:27,480
my final chapter is just about complete

1657
01:02:31,789 --> 01:02:29,819
and so I spoke to Otter AI

1658
01:02:33,230 --> 01:02:31,799
because again the things nowadays when

1659
01:02:34,970 --> 01:02:33,240
it comes to like this is going on to the

1660
01:02:37,190 --> 01:02:34,980
whole technique because I actually had

1661
01:02:39,470 --> 01:02:37,200
like uh at least at least to get

1662
01:02:41,809 --> 01:02:39,480
organized now like you know organized

1663
01:02:44,630 --> 01:02:41,819

the studio is essentially my my old

1664

01:02:47,210 --> 01:02:44,640

couch in a disassembled completely like

1665

01:02:48,950 --> 01:02:47,220

oh man I got boxes and and stuff pile up

1666

01:02:51,170 --> 01:02:48,960

all over the place behind this So for

1667

01:02:53,630 --> 01:02:51,180

anybody who's out there I'm right now on

1668

01:02:55,849 --> 01:02:53,640

a laptop on one laptop stand and I've

1669

01:02:58,490 --> 01:02:55,859

got my old 32 inch monitor on another

1670

01:03:00,410 --> 01:02:58,500

laptop stand with like spaghetti wires

1671

01:03:02,210 --> 01:03:00,420

and this is my old microphone from the

1672

01:03:04,250 --> 01:03:02,220

office I thought I told you it was going

1673

01:03:05,890 --> 01:03:04,260

to be a little Jank for the next couple

1674

01:03:10,190 --> 01:03:05,900

of weeks until we moved to the new house

1675

01:03:12,470 --> 01:03:10,200

uh but we're doing it we're doing it and

1676

01:03:15,010 --> 01:03:12,480

what was I talking about again oh that's

1677

01:03:17,569 --> 01:03:15,020

right AI

1678

01:03:20,390 --> 01:03:17,579

so it's it's

1679

01:03:22,430 --> 01:03:20,400

what you get with technology nowadays uh

1680

01:03:24,230 --> 01:03:22,440

and as I oh that's right I'm sorry but I

1681

01:03:26,150 --> 01:03:24,240

actually prepare now for my shows I do

1682

01:03:28,010 --> 01:03:26,160

like all the written stuff I do like

1683

01:03:29,390 --> 01:03:28,020

talking points that I can go through I

1684

01:03:32,390 --> 01:03:29,400

try and I try and keep things organized

1685

01:03:34,549 --> 01:03:32,400

technology was something that

1686

01:03:36,890 --> 01:03:34,559

I was told would be a good idea to talk

1687

01:03:38,809 --> 01:03:36,900

about and

1688

01:03:41,809 --> 01:03:38,819

with the stuff they have out now with

1689

01:03:44,030 --> 01:03:41,819

something called Otter AI not a sponsor

1690

01:03:45,349 --> 01:03:44,040

um I use it for uh you know other

1691

01:03:47,390 --> 01:03:45,359

podcasts that I do and if I'm doing

1692

01:03:49,970 --> 01:03:47,400

transcripts I will basically I'll take

1693

01:03:52,910 --> 01:03:49,980

the MP3 I'll dump it into the system it

1694

01:03:55,190 --> 01:03:52,920

will transcribe the entire you know the

1695

01:03:57,470 --> 01:03:55,200

entire thing it's I think it's um

1696

01:04:00,349 --> 01:03:57,480

about 1200 minutes worth of audio I can

1697

01:04:01,490 --> 01:04:00,359

do off of eight bucks a month early I

1698

01:04:03,589 --> 01:04:01,500

think it's like nine dollars you could

1699

01:04:07,250 --> 01:04:03,599

do it for 100 us if you sign up it's

1700

01:04:10,250 --> 01:04:07,260

like 50 off and it'll do a 1200 minutes

1701

01:04:11,210 --> 01:04:10,260

uh uh a month and then at that point all

1702

01:04:12,530 --> 01:04:11,220

you need to do is just go through and

1703

01:04:16,190 --> 01:04:12,540

edit so if you want to be able to just

1704

01:04:18,230 --> 01:04:16,200

sit there and record your thoughts and

1705

01:04:20,510 --> 01:04:18,240

Tran you know put it into an AI

1706

01:04:22,430 --> 01:04:20,520

transcriber and it's real good like it's

1707

01:04:25,309 --> 01:04:22,440

real good it'll even provide outlines

1708

01:04:27,710 --> 01:04:25,319

the whole thing and you can essentially

1709

01:04:29,569 --> 01:04:27,720

write your book long form that way give

1710

01:04:32,809 --> 01:04:29,579

to an editor they'll

1711

01:04:34,370 --> 01:04:32,819

you know put the entire thing down

1712

01:04:36,650 --> 01:04:34,380

you're counting out why are you counting

1713

01:04:40,450 --> 01:04:36,660

out okay so I can almost get it's ten

1714

01:04:45,530 --> 01:04:43,490

not five not zero if you get that many

1715

01:04:47,089 --> 01:04:45,540

minutes a month how many one hour shows

1716

01:04:49,730 --> 01:04:47,099

can you do

1717

01:04:52,370 --> 01:04:49,740

um 60 Minutes uh well I think did I get

1718

01:04:55,069 --> 01:04:52,380

like 16 or 17 about 10 Imports that you

1719

01:04:57,170 --> 01:04:55,079

can do off of that level I think uh the

1720

01:05:00,049 --> 01:04:57,180

free I think is about three with 300

1721

01:05:01,490 --> 01:05:00,059

minutes so and you can even just record

1722

01:05:03,109 --> 01:05:01,500

directly to it or you know you can use

1723

01:05:05,630 --> 01:05:03,119

it for Zoom you can use it for anything

1724

01:05:06,829 --> 01:05:05,640

but like there's several services that

1725

01:05:09,230 --> 01:05:06,839

are out there

1726

01:05:10,849 --> 01:05:09,240

seriously Audrey brother Audrey descent

1727

01:05:11,990 --> 01:05:10,859

Rocky doesn't do notes for his shows

1728

01:05:13,970 --> 01:05:12,000

it's kind of been a thing for at least

1729

01:05:16,730 --> 01:05:13,980

eight nine years that's because Rob used

1730

01:05:23,150 --> 01:05:16,740

that damn good brother okay he's

1731

01:05:27,049 --> 01:05:25,849

what well you kind of were you asked the

1732

01:05:27,950 --> 01:05:27,059

questions and I'm just like okay well

1733

01:05:28,970 --> 01:05:27,960

I'm just going to give deep into

1734

01:05:30,370 --> 01:05:28,980

perspective

1735

01:05:33,170 --> 01:05:30,380

we're brothers

1736

01:05:35,049 --> 01:05:33,180

yeah well that's the whole thing it's

1737

01:05:37,670 --> 01:05:35,059

like you know you you've

1738

01:05:39,410 --> 01:05:37,680

it's like yeah you never need show notes

1739

01:05:41,210 --> 01:05:39,420

I used to never need show notes of

1740

01:05:45,230 --> 01:05:41,220

course I'd also be drinking like a 26 or

1741

01:05:46,789 --> 01:05:45,240

you know of of Glenfield 12 with uh I

1742

01:05:48,470 --> 01:05:46,799

remember that brother you know like

1743

01:05:49,750 --> 01:05:48,480

those those are the good old days when I

1744

01:05:52,370 --> 01:05:49,760

didn't have kids and I wasn't married

1745

01:05:54,890 --> 01:05:52,380

you know oh geez yeah like I can't I

1746

01:05:56,809 --> 01:05:54,900

can't go hard like that anymore remember

1747

01:05:58,490 --> 01:05:56,819

my days do you used to put some down I

1748

01:06:01,609 --> 01:05:58,500

remember sometimes man some of those

1749

01:06:05,270 --> 01:06:01,619

shows go like four hours six

1750

01:06:08,030 --> 01:06:05,280

um the longest we did was uh

1751

01:06:11,450 --> 01:06:08,040

um at least the actual deadalore show

1752

01:06:13,250 --> 01:06:11,460

I think was it was but it was like five

1753

01:06:15,530 --> 01:06:13,260

six years ago for the great John Anthony

1754

01:06:17,450 --> 01:06:15,540

West when we did the giant three most

1755

01:06:20,569 --> 01:06:17,460

experience and we had you know everybody

1756

01:06:23,089 --> 01:06:20,579

on at that point and we went

1757

01:06:26,230 --> 01:06:23,099

eight or nine hours I think

1758

01:06:29,029 --> 01:06:26,240

um and like they oh that got messy

1759

01:06:31,010 --> 01:06:29,039

oh my goodness all right a little bit

1760

01:06:32,870 --> 01:06:31,020

messy that's Marathon level right there

1761

01:06:34,970 --> 01:06:32,880

I I do not ever recommend to anybody out

1762

01:06:37,190 --> 01:06:34,980

there never mix scotch and Coke Zero

1763

01:06:38,750 --> 01:06:37,200

because that will not end well for

1764

01:06:41,450 --> 01:06:38,760

anybody

1765

01:06:43,370 --> 01:06:41,460

um yeah I know I found it out the hard

1766

01:06:45,289 --> 01:06:43,380

way

1767

01:06:46,970 --> 01:06:45,299

see now now I just I stick to beer and I

1768

01:06:48,890 --> 01:06:46,980

got I have like you know some sparkling

1769

01:06:51,589 --> 01:06:48,900

water over there and that's basically it

1770

01:06:53,809 --> 01:06:51,599

I've got one drink during the show

1771

01:06:55,609 --> 01:06:53,819

and then you know I cut it off at that

1772

01:06:57,230 --> 01:06:55,619

because I gotta get up like a six

1773

01:06:58,490 --> 01:06:57,240

o'clock I gotta go to Home Depot I gotta

1774

01:07:00,829 --> 01:06:58,500

get some mid building materials and

1775

01:07:03,049 --> 01:07:00,839

stuff like that before going to work and

1776

01:07:04,970 --> 01:07:03,059

but even then it's like yeah I could go

1777

01:07:07,789 --> 01:07:04,980

on and on because like you get that that

1778

01:07:10,730 --> 01:07:07,799

you know like we're gonna drink Scotch

1779

01:07:13,130 --> 01:07:10,740

and we're gonna find Atlantis

1780

01:07:16,069 --> 01:07:13,140

oh I'm all about scotch and Atlantis man

1781

01:07:18,049 --> 01:07:16,079

yeah it's okay man you know Herodotus

1782

01:07:21,349 --> 01:07:18,059

you know he was like

1783

01:07:23,990 --> 01:07:21,359

past the gates of Hercules there's this

1784

01:07:26,270 --> 01:07:24,000

island do you believe Atlantis was real

1785

01:07:28,430 --> 01:07:26,280

like dude I would say okay so here's the

1786

01:07:32,329 --> 01:07:28,440

thing this this is the thing

1787

01:07:34,609 --> 01:07:32,339

I I like to come up with my own

1788

01:07:36,170 --> 01:07:34,619

mind about stuff and like I can build

1789

01:07:38,390 --> 01:07:36,180

off of other people's ideas from my own

1790

01:07:40,730 --> 01:07:38,400

opinions and say okay and I can say like

1791

01:07:42,589 --> 01:07:40,740

yeah this is you know worthwhile or this

1792

01:07:44,930 --> 01:07:42,599

is uh you know this doesn't have any

1793

01:07:47,809 --> 01:07:44,940

Merit at least it's not logical I would

1794

01:07:49,970 --> 01:07:47,819

say at least it's a possibility but I

1795

01:07:51,609 --> 01:07:49,980

would say that it is not

1796

01:07:57,230 --> 01:07:51,619

aliens

1797

01:08:00,410 --> 01:07:57,240

crystals UFOs vamanos or whatever you

1798

01:08:02,569 --> 01:08:00,420

know Grant and Graham don't send me an

1799

01:08:04,789 --> 01:08:02,579

email Graham if you get mad at me

1800

01:08:06,829 --> 01:08:04,799

um I don't think necessarily that it was

1801

01:08:09,529 --> 01:08:06,839

you know to the extent that Graham

1802

01:08:11,690 --> 01:08:09,539

Hancock says is it somewhere in between

1803

01:08:12,890 --> 01:08:11,700

was it just like some Paleolithic people

1804

01:08:15,349 --> 01:08:12,900

on an island

1805

01:08:17,390 --> 01:08:15,359

I don't know I wasn't there uh I would

1806

01:08:18,849 --> 01:08:17,400

say there was at least some thing that

1807

01:08:20,590 --> 01:08:18,859

we should look into

1808

01:08:22,490 --> 01:08:20,600

but

1809

01:08:24,229 --> 01:08:22,500

I'm you know there there's a lot of

1810

01:08:25,610 --> 01:08:24,239

people who've done a lot of schooling

1811

01:08:28,550 --> 01:08:25,620

who know a little bit more about

1812

01:08:30,349 --> 01:08:28,560

archeology and about his history than I

1813

01:08:33,309 --> 01:08:30,359

know who know a few things and I'm like

1814

01:08:36,110 --> 01:08:33,319

maybe they also have a point

1815

01:08:37,370 --> 01:08:36,120

right and I found it interesting too and

1816

01:08:39,590 --> 01:08:37,380

I wonder

1817

01:08:42,769 --> 01:08:39,600

you know because if when you go back to

1818

01:08:45,169 --> 01:08:42,779

what was it 15 000 BC and we talked

1819

01:08:47,150 --> 01:08:45,179

about the sea levels and I I can't

1820

01:08:49,789 --> 01:08:47,160

remember exactly the time it was right

1821

01:08:52,010 --> 01:08:49,799

around the quebeco tempeh time

1822

01:08:53,689 --> 01:08:52,020

um but the sea levels were much lower at

1823

01:08:56,030 --> 01:08:53,699

that time yeah it was about 400 feet

1824

01:08:58,970 --> 01:08:56,040

lower give or take right and so and then

1825

01:09:00,470 --> 01:08:58,980

you hear about with that amount of sea

1826

01:09:02,870 --> 01:09:00,480

level being gone how much more like the

1827

01:09:06,229 --> 01:09:02,880

State of Florida would be exposed so you

1828

01:09:08,450 --> 01:09:06,239

think of of of how many civilizations

1829

01:09:10,490 --> 01:09:08,460

you know with the rise of oceans right

1830

01:09:13,189 --> 01:09:10,500

how many civilizations have we not yet

1831

01:09:15,950 --> 01:09:13,199

explored well and that that's like even

1832

01:09:18,650 --> 01:09:15,960

around uh the east coast of the US you

1833

01:09:22,130 --> 01:09:18,660

know you go out

1834

01:09:25,010 --> 01:09:22,140

uh like half a mile or so into the

1835

01:09:27,110 --> 01:09:25,020

shallow shallower Waters they will find

1836

01:09:28,669 --> 01:09:27,120

like not you know not necessarily at

1837

01:09:31,729 --> 01:09:28,679

that range but you'll you'll find like

1838

01:09:33,950 --> 01:09:31,739

spear points tips and and uh evidence of

1839

01:09:37,090 --> 01:09:33,960

people who were on the shoreline so yeah

1840

01:09:39,590 --> 01:09:37,100

like yeah because we as humans because

1841

01:09:43,189 --> 01:09:39,600

you know very intelligent we're all so

1842

01:09:46,189 --> 01:09:43,199

dumb we tend to build near sources of

1843

01:09:47,890 --> 01:09:46,199

water and sometimes that does some

1844

01:09:51,709 --> 01:09:47,900

interesting things when you know

1845

01:09:55,010 --> 01:09:51,719

cataclysms tsunamis asteroid impacts

1846

01:09:56,570 --> 01:09:55,020

what have you hey those settlements tend

1847

01:09:59,750 --> 01:09:56,580

to get wiped out and then the survivors

1848

01:10:02,330 --> 01:09:59,760

move further in land or they go to find

1849

01:10:04,070 --> 01:10:02,340

another body of water all you need to do

1850

01:10:06,410 --> 01:10:04,080

is watch one of those tsunami videos

1851

01:10:08,090 --> 01:10:06,420

that's on YouTube from Boxing Day

1852

01:10:09,530 --> 01:10:08,100

tsunami I also got to just watch one of

1853

01:10:11,570 --> 01:10:09,540

those brother and I'm good right where

1854

01:10:13,370 --> 01:10:11,580

I'm at you know I'm good I got I got

1855

01:10:15,709 --> 01:10:13,380

time if there's a tsunami near me

1856

01:10:17,750 --> 01:10:15,719

because I got like four hours

1857

01:10:19,250 --> 01:10:17,760

well yeah like well you're you're uh

1858

01:10:22,550 --> 01:10:19,260

like where are you at now like you're

1859

01:10:24,890 --> 01:10:22,560

not Houston I'm Dallas Dallas okay so

1860

01:10:26,450 --> 01:10:24,900

it's about four hours to the coast so

1861

01:10:27,590 --> 01:10:26,460

like even within like yeah you got four

1862

01:10:29,450 --> 01:10:27,600

hours to the coast you're not gonna have

1863

01:10:32,450 --> 01:10:29,460

to know unless you're dealing with a

1864

01:10:34,370 --> 01:10:32,460

space Rock there's 13 14 miles wide

1865

01:10:36,530 --> 01:10:34,380

right you know like the the Chick-fil-A

1866

01:10:38,630 --> 01:10:36,540

impact crater that you'd have to worry

1867

01:10:41,390 --> 01:10:38,640

about your average

1868

01:10:43,610 --> 01:10:41,400

you know maybe you'd have to worry blog

1869

01:10:45,110 --> 01:10:43,620

and at that point you're gone anyway is

1870

01:10:47,030 --> 01:10:45,120

that the biggest crater that that we

1871

01:10:49,790 --> 01:10:47,040

have on record for the planet no the

1872

01:10:51,350 --> 01:10:49,800

biggest crater we have

1873

01:10:55,610 --> 01:10:51,360

I do not know the name of it I know that

1874

01:10:58,430 --> 01:10:55,620

there is one in Africa which is I think

1875

01:11:02,090 --> 01:10:58,440

the Caldera the impact crater is like a

1876

01:11:03,649 --> 01:11:02,100

hundred some miles across Jesus and like

1877

01:11:06,229 --> 01:11:03,659

but this this was also created like two

1878

01:11:08,030 --> 01:11:06,239

billion years ago so it's so old that

1879

01:11:09,890 --> 01:11:08,040

you you can't even really tell that that

1880

01:11:12,530 --> 01:11:09,900

it's that it's a crater because it's

1881

01:11:14,990 --> 01:11:12,540

been so weathered at this point and

1882

01:11:16,729 --> 01:11:15,000

what's what's even size though right so

1883

01:11:18,470 --> 01:11:16,739

that's big to us just because we're

1884

01:11:21,229 --> 01:11:18,480

measuring everything based off of our

1885

01:11:23,810 --> 01:11:21,239

calculation but relatively speaking

1886

01:11:25,729 --> 01:11:23,820

that's probably just not even a speck of

1887

01:11:29,530 --> 01:11:25,739

dust in spaces terms you know what I

1888

01:11:36,110 --> 01:11:33,070

it's what they call it space

1889

01:11:38,330 --> 01:11:36,120

because there's a lot of it

1890

01:11:40,030 --> 01:11:38,340

um and you're you're dealing with like

1891

01:11:43,189 --> 01:11:40,040

the the the

1892

01:11:45,290 --> 01:11:43,199

you know the galactic Lottery if

1893

01:11:47,870 --> 01:11:45,300

something actually hits that large and

1894

01:11:49,669 --> 01:11:47,880

back then the Rocks were a lot bigger

1895

01:11:51,890 --> 01:11:49,679

because there's a lot more of them and

1896

01:11:53,810 --> 01:11:51,900

obviously since then they've hit other

1897

01:11:54,530 --> 01:11:53,820

bodies in the solar system or they've

1898

01:11:56,709 --> 01:11:54,540

just

1899

01:11:59,090 --> 01:11:56,719

been flung out of the solar system

1900

01:12:00,770 --> 01:11:59,100

but you know we don't know because

1901

01:12:03,470 --> 01:12:00,780

there's still massive rocks that are out

1902

01:12:05,090 --> 01:12:03,480

there 200 kilometers 50 kilometers

1903

01:12:07,390 --> 01:12:05,100

and it's just it's a matter of time

1904

01:12:10,189 --> 01:12:07,400

until something decides to come our way

1905

01:12:12,770 --> 01:12:10,199

how how long it is it might not be in

1906

01:12:15,050 --> 01:12:12,780

our lifetime might be in 2046 we don't

1907

01:12:17,330 --> 01:12:15,060

know I was just watching one of those

1908

01:12:20,990 --> 01:12:17,340

science programs and they were talking

1909

01:12:23,810 --> 01:12:21,000

about the James Webb Telescope yeah that

1910

01:12:26,330 --> 01:12:23,820

it has some of the most for one profound

1911

01:12:31,130 --> 01:12:26,340

pictures I've ever seen in my life

1912

01:12:32,570 --> 01:12:31,140

and the the explanation of the vastness

1913

01:12:34,070 --> 01:12:32,580

of it when they when they do the

1914

01:12:37,130 --> 01:12:34,080

thumbnail and everything that thumbnail

1915

01:12:39,050 --> 01:12:37,140

there's 500 little dots are all the

1916

01:12:41,270 --> 01:12:39,060

universe is all within that little tiny

1917

01:12:43,370 --> 01:12:41,280

space in that view but

1918

01:12:46,970 --> 01:12:43,380

um it said that it captured these

1919

01:12:49,669 --> 01:12:46,980

galaxies so far back in time reaching

1920

01:12:51,530 --> 01:12:49,679

near dates of what they would you know

1921

01:12:54,470 --> 01:12:51,540

the big old big bang thing

1922

01:12:56,090 --> 01:12:54,480

but now it's creating conversations I

1923

01:12:57,350 --> 01:12:56,100

guess is the best way and this be

1924

01:12:58,370 --> 01:12:57,360

something you probably understand a lot

1925

01:13:00,350 --> 01:12:58,380

more than me because I don't know a lot

1926

01:13:02,570 --> 01:13:00,360

about this stuff but they're saying

1927

01:13:05,090 --> 01:13:02,580

because of the vastness of the size of

1928

01:13:07,490 --> 01:13:05,100

these universes so far back in time but

1929

01:13:10,310 --> 01:13:07,500

you know what I mean that it's making

1930

01:13:12,530 --> 01:13:10,320

them question some of their theories in

1931

01:13:14,090 --> 01:13:12,540

regards to when certain things happen in

1932

01:13:15,229 --> 01:13:14,100

the history of this universe well and

1933

01:13:16,870 --> 01:13:15,239

that's kind of one of the interesting

1934

01:13:20,570 --> 01:13:16,880

things is I I remember

1935

01:13:22,870 --> 01:13:20,580

because I I yeah like I I not that I

1936

01:13:25,910 --> 01:13:22,880

know enough but I do listen to a few

1937

01:13:29,390 --> 01:13:25,920

podcasts out there uh John Michael

1938

01:13:32,149 --> 01:13:29,400

Gautier you know respect brother

1939

01:13:33,530 --> 01:13:32,159

um it one of the only thing that I've

1940

01:13:35,930 --> 01:13:33,540

been able to find out about it or at

1941

01:13:37,250 --> 01:13:35,940

least heard about it is like they're so

1942

01:13:39,590 --> 01:13:37,260

large back then and like they're looking

1943

01:13:42,110 --> 01:13:39,600

back so far it's like how is it that

1944

01:13:43,490 --> 01:13:42,120

these Galaxy like one of the galaxies

1945

01:13:47,270 --> 01:13:43,500

that they found

1946

01:13:50,149 --> 01:13:47,280

was so large that it's essentially the

1947

01:13:51,950 --> 01:13:50,159

size of our entire local group from from

1948

01:13:54,350 --> 01:13:51,960

you know like Andromeda like think

1949

01:13:55,610 --> 01:13:54,360

Andromeda to like the furthest point of

1950

01:13:57,470 --> 01:13:55,620

Andromeda to the farthest point of the

1951

01:14:01,430 --> 01:13:57,480

Milky Way in the exact opposite that's

1952

01:14:02,990 --> 01:14:01,440

how big it is and like you like and

1953

01:14:05,149 --> 01:14:03,000

Andromeda is going to crash through the

1954

01:14:07,070 --> 01:14:05,159

Milky Way and you know what it's like

1955

01:14:08,450 --> 01:14:07,080

500 million years a billion years and

1956

01:14:11,750 --> 01:14:08,460

it's inching ever closer and that's just

1957

01:14:16,070 --> 01:14:11,760

a Galaxy that large wow with a super

1958

01:14:19,130 --> 01:14:16,080

massive black hole that is so massive

1959

01:14:21,169 --> 01:14:19,140

that it like just the black hole itself

1960

01:14:22,970 --> 01:14:21,179

contains enough mass that it basically

1961

01:14:25,669 --> 01:14:22,980

would equal the Milky Way

1962

01:14:27,709 --> 01:14:25,679

like that's like I'm that's probably off

1963

01:14:29,390 --> 01:14:27,719

but that's basically the kind of skills

1964

01:14:31,370 --> 01:14:29,400

we're talking about here and the

1965

01:14:34,850 --> 01:14:31,380

questions they keep asking is why is it

1966

01:14:37,430 --> 01:14:34,860

that we do not find them within our area

1967

01:14:38,990 --> 01:14:37,440

if space is supposed to be uniform

1968

01:14:41,350 --> 01:14:39,000

because that you know on the largest

1969

01:14:44,030 --> 01:14:41,360

scale space is supposed to basically be

1970

01:14:45,350 --> 01:14:44,040

the same everywhere if you get too large

1971

01:14:48,470 --> 01:14:45,360

enough of a scale but it's like we're

1972

01:14:50,270 --> 01:14:48,480

only finding this these galaxies at the

1973

01:14:51,830 --> 01:14:50,280

earliest points in time

1974

01:14:54,530 --> 01:14:51,840

and we're not finding them at this point

1975

01:14:56,030 --> 01:14:54,540

it's like why is that like what what is

1976

01:14:58,130 --> 01:14:56,040

and that that's like to me that actually

1977

01:15:00,050 --> 01:14:58,140

could be the opposite right you think it

1978

01:15:02,930 --> 01:15:00,060

would be the opposite yeah right

1979

01:15:04,970 --> 01:15:02,940

like the baby universes would be

1980

01:15:07,010 --> 01:15:04,980

ah man I don't know brother see again

1981

01:15:08,930 --> 01:15:07,020

this when Ryan was trying to explain it

1982

01:15:13,490 --> 01:15:08,940

to me that these universes are in the

1983

01:15:15,770 --> 01:15:13,500

past I'm like okay and then not to sound

1984

01:15:18,709 --> 01:15:15,780

dumb because I get light speed and all

1985

01:15:20,689 --> 01:15:18,719

that I get all that

1986

01:15:22,130 --> 01:15:20,699

but it's still kind of a trip to think

1987

01:15:23,390 --> 01:15:22,140

about because I have a mess around like

1988

01:15:25,430 --> 01:15:23,400

you know so when you fly to Australia

1989

01:15:28,010 --> 01:15:25,440

are you traveling in time

1990

01:15:30,649 --> 01:15:28,020

because you're moving with the Earth

1991

01:15:32,750 --> 01:15:30,659

Kinda Yeah well you're you're out of

1992

01:15:36,290 --> 01:15:32,760

sync a little bit like

1993

01:15:38,990 --> 01:15:36,300

thank you at 11 o'clock am but you land

1994

01:15:40,250 --> 01:15:39,000

at 11 o'clock AM you know it's mostly

1995

01:15:42,649 --> 01:15:40,260

because you're moving at a certain speed

1996

01:15:44,630 --> 01:15:42,659

you know like a theory of relativity

1997

01:15:46,310 --> 01:15:44,640

you're moving at a relativistic speed to

1998

01:15:47,510 --> 01:15:46,320

everything else so like yeah there is a

1999

01:15:49,910 --> 01:15:47,520

slight delay in time but we're talking

2000

01:15:52,310 --> 01:15:49,920

at fractions of us of a you know

2001
01:15:54,229 --> 01:15:52,320
fractions of of a unit of time that are

2002
01:15:55,790 --> 01:15:54,239
so small it's not not that big of a

2003
01:15:57,709 --> 01:15:55,800
difference it's more if you're up in

2004
01:16:00,709 --> 01:15:57,719
orbit it's more if you're traveling at

2005
01:16:01,490 --> 01:16:00,719
light speed obviously

2006
01:16:03,590 --> 01:16:01,500
um

2007
01:16:06,229 --> 01:16:03,600
but it's one of the things we don't like

2008
01:16:07,610 --> 01:16:06,239
think about it always pisses me off

2009
01:16:08,870 --> 01:16:07,620
and I'm gonna say I can actually say

2010
01:16:10,370 --> 01:16:08,880
that because we're past like 30 seconds

2011
01:16:11,930 --> 01:16:10,380
if you swear in the first 30 seconds to

2012
01:16:14,030 --> 01:16:11,940
demonetize you I think now or they they

2013
01:16:16,130 --> 01:16:14,040

may have reversed that but it pisses me

2014

01:16:18,709 --> 01:16:16,140

off when you know you get all these

2015

01:16:21,709 --> 01:16:18,719

science podcasts for like

2016

01:16:23,870 --> 01:16:21,719

where are the aliens man you know we've

2017

01:16:26,630 --> 01:16:23,880

looked everywhere and we don't see the

2018

01:16:30,169 --> 01:16:26,640

aliens and not one of these

2019

01:16:34,130 --> 01:16:30,179

shows not one of these uh like not one

2020

01:16:35,169 --> 01:16:34,140

of these videos is ever saying well you

2021

01:16:37,130 --> 01:16:35,179

know

2022

01:16:39,229 --> 01:16:37,140

relativistically

2023

01:16:40,850 --> 01:16:39,239

we're looking at something at the other

2024

01:16:42,290 --> 01:16:40,860

side of the Galaxy which is 10 000 light

2025

01:16:43,990 --> 01:16:42,300

years away we're not finding anything

2026

01:16:46,550 --> 01:16:44,000

well

2027

01:16:49,310 --> 01:16:46,560

150 years ago we were still using horses

2028

01:16:53,090 --> 01:16:49,320

and carriage you know we we went to the

2029

01:16:54,830 --> 01:16:53,100

moon we went from the first flight to uh

2030

01:16:57,649 --> 01:16:54,840

you know Kitty Hawk to landing on the

2031

01:17:00,169 --> 01:16:57,659

moon within the the same 30 or 40 years

2032

01:17:02,090 --> 01:17:00,179

and then we had two world wars you know

2033

01:17:04,310 --> 01:17:02,100

in that span of time

2034

01:17:06,709 --> 01:17:04,320

like we went from we really made a mess

2035

01:17:09,530 --> 01:17:06,719

with technology didn't we well to a

2036

01:17:11,630 --> 01:17:09,540

certain extent yeah but it's it's at

2037

01:17:14,330 --> 01:17:11,640

least we will look at our our

2038

01:17:15,890 --> 01:17:14,340

civilization went like for thousands and

2039

01:17:18,229 --> 01:17:15,900

thousands of years of very small

2040

01:17:19,669 --> 01:17:18,239

incremental change 12th century rapid

2041

01:17:23,630 --> 01:17:19,679

change we're now at the point where

2042

01:17:27,350 --> 01:17:23,640

we've got it you know uh AI language

2043

01:17:31,010 --> 01:17:27,360

models that can create content and poems

2044

01:17:32,149 --> 01:17:31,020

and and and you know bios uh you know

2045

01:17:33,530 --> 01:17:32,159

with hundreds and hundreds of Words

2046

01:17:35,689 --> 01:17:33,540

which would take

2047

01:17:36,950 --> 01:17:35,699

at least about 20 minutes to an hour for

2048

01:17:38,630 --> 01:17:36,960

an average person to be able to do it

2049

01:17:39,649 --> 01:17:38,640

you know like non-stop perfect then you

2050

01:17:41,630 --> 01:17:39,659

got to edit and all this stuff and it

2051

01:17:43,729 --> 01:17:41,640

doesn't relatively perfectly very

2052

01:17:47,570 --> 01:17:43,739

quickly we've gone to that point within

2053

01:17:49,790 --> 01:17:47,580

150 years to no electricity uh you know

2054

01:17:53,450 --> 01:17:49,800

still using fire for warmth getting

2055

01:17:54,890 --> 01:17:53,460

around on horses you know of the only

2056

01:17:56,990 --> 01:17:54,900

communication at least 150 years ago

2057

01:17:59,149 --> 01:17:57,000

would have been telegram but like that's

2058

01:18:01,370 --> 01:17:59,159

that's the level of advancement that

2059

01:18:03,229 --> 01:18:01,380

we've gone and when I expect about where

2060

01:18:05,810 --> 01:18:03,239

are the aliens and it's like where do

2061

01:18:07,610 --> 01:18:05,820

you think they are 10

2062

01:18:09,950 --> 01:18:07,620

000 years ago when we've gone that

2063

01:18:11,570 --> 01:18:09,960

distance in 150 and we're trying to say

2064

01:18:13,610 --> 01:18:11,580

like well you know within our local

2065

01:18:16,250 --> 01:18:13,620

group like 100 years we're not seeing

2066

01:18:18,350 --> 01:18:16,260

anything do we even know how they're

2067

01:18:20,450 --> 01:18:18,360

communicating are they using you know

2068

01:18:21,590 --> 01:18:20,460

something Beyond just radio signals that

2069

01:18:23,090 --> 01:18:21,600

we're listening for to be able to

2070

01:18:25,610 --> 01:18:23,100

communicate is it laser are we talking

2071

01:18:26,930 --> 01:18:25,620

some type of you know Quantum Computing

2072

01:18:29,510 --> 01:18:26,940

technology that we have not discovered

2073

01:18:31,310 --> 01:18:29,520

or gotten to yet and how many

2074

01:18:33,649 --> 01:18:31,320

civilizations

2075

01:18:37,850 --> 01:18:33,659

like even you know we don't even know

2076

01:18:39,770 --> 01:18:37,860

past 10 000 years in our own time right

2077

01:18:41,149 --> 01:18:39,780

like I was like oh man is was there an

2078

01:18:42,709 --> 01:18:41,159

ancient civilization like you asked me

2079

01:18:44,570 --> 01:18:42,719

would you believe in Atlantis I'm like I

2080

01:18:46,790 --> 01:18:44,580

don't know I wasn't around that long but

2081

01:18:49,970 --> 01:18:46,800

we you had like the Babylonians you had

2082

01:18:51,530 --> 01:18:49,980

the uh like several Chinese uh Empires

2083

01:18:53,030 --> 01:18:51,540

rise and fall you had the Mongolians you

2084

01:18:54,649 --> 01:18:53,040

had you know the the Romans you had the

2085

01:18:56,689 --> 01:18:54,659

mirror of Indians you had like the Holy

2086

01:18:59,930 --> 01:18:56,699

Roman Empire you had you know like the

2087

01:19:02,689 --> 01:18:59,940

the Franks the the Ottoman Empire you

2088

01:19:04,370 --> 01:19:02,699

know and however many other uh

2089

01:19:06,350 --> 01:19:04,380

civilizations or societies that have

2090

01:19:08,990 --> 01:19:06,360

that we don't know of or that we only

2091

01:19:11,510 --> 01:19:09,000

have like small remnants of

2092

01:19:12,950 --> 01:19:11,520

um and that happened within the last you

2093

01:19:15,350 --> 01:19:12,960

know three to four or five thousand

2094

01:19:17,990 --> 01:19:15,360

years from like let's say Babylon to now

2095

01:19:20,330 --> 01:19:18,000

and we've had these Rises and Falls

2096

01:19:22,070 --> 01:19:20,340

within society and we've only gone to

2097

01:19:24,050 --> 01:19:22,080

the point now where we have

2098

01:19:25,970 --> 01:19:24,060

advanced technology where I you know

2099

01:19:28,070 --> 01:19:25,980

you're you're in Dallas and I'm in

2100

01:19:30,050 --> 01:19:28,080

Ottawa and we're like three four

2101

01:19:32,510 --> 01:19:30,060

thousand kilometers you know miles apart

2102

01:19:34,010 --> 01:19:32,520

I'll use from American viewers and we're

2103

01:19:36,530 --> 01:19:34,020

talking basically instantaneously

2104

01:19:38,270 --> 01:19:36,540

whereas before like even with telegrams

2105

01:19:40,310 --> 01:19:38,280

you got to go to a guy give him a piece

2106

01:19:42,530 --> 01:19:40,320

of paper he's gonna you know type in the

2107

01:19:44,209 --> 01:19:42,540

machine someone's gotta listen write it

2108

01:19:45,590 --> 01:19:44,219

down and then put it on a horse and get

2109

01:19:48,649 --> 01:19:45,600

it out there but we're doing it

2110

01:19:50,870 --> 01:19:48,659

instantaneously how is it we know that

2111

01:19:52,610 --> 01:19:50,880

some Planet out there has had the exact

2112

01:19:53,990 --> 01:19:52,620

same thing happen but it's happened over

2113

01:19:55,850 --> 01:19:54,000

and over and over again within that 10

2114

01:19:58,610 --> 01:19:55,860

or 15 000 years we're just not listening

2115

01:20:00,350 --> 01:19:58,620

or seeing it in a in a place and even if

2116

01:20:02,570 --> 01:20:00,360

they have that information or that

2117

01:20:04,430 --> 01:20:02,580

technology now if they're at that level

2118

01:20:06,110 --> 01:20:04,440

now that they can talk to us

2119

01:20:08,390 --> 01:20:06,120

it's going to be another 10 000 years

2120

01:20:10,790 --> 01:20:08,400

for that information to get to us and

2121

01:20:12,649 --> 01:20:10,800

nobody mentions this and they're like

2122

01:20:16,130 --> 01:20:12,659

where are the aliens

2123

01:20:17,570 --> 01:20:16,140

well damn Define them because I'll be

2124

01:20:20,750 --> 01:20:17,580

dead by the time that stuff gets here

2125

01:20:22,070 --> 01:20:20,760

but why do I care you know everybody

2126
01:20:23,450 --> 01:20:22,080
wants to meet your results they don't

2127
01:20:24,790 --> 01:20:23,460
want to wait for [h__h] to travel 10 000

2128
01:20:27,470 --> 01:20:24,800
miles you know

2129
01:20:28,970 --> 01:20:27,480
whatever you just said you figure out

2130
01:20:31,310 --> 01:20:28,980
you find somebody to upload our

2131
01:20:32,810 --> 01:20:31,320
Consciousness into a computer and then

2132
01:20:34,910 --> 01:20:32,820
we just like stick around the internet

2133
01:20:37,189 --> 01:20:34,920
watching cat videos you know for the

2134
01:20:39,709 --> 01:20:37,199
next 10 000 years there's not much on

2135
01:20:41,510 --> 01:20:39,719
there look let me ask you something man

2136
01:20:43,729 --> 01:20:41,520
speaking of that

2137
01:20:45,709 --> 01:20:43,739
we had this discussion a while back when

2138
01:20:48,470 --> 01:20:45,719

when we're starting to talk about the

2139

01:20:51,350 --> 01:20:48,480

downloading of consciousness

2140

01:20:53,450 --> 01:20:51,360

um I'm talking at a soul level now let's

2141

01:20:55,370 --> 01:20:53,460

say somebody died and we had technology

2142

01:20:57,110 --> 01:20:55,380

to somehow bring that person back

2143

01:21:00,169 --> 01:20:57,120

whether it's back in their own body or

2144

01:21:01,610 --> 01:21:00,179

or or transfer their Consciousness into

2145

01:21:03,950 --> 01:21:01,620

something else whether it be a computer

2146

01:21:05,510 --> 01:21:03,960

or another physical living breathing

2147

01:21:08,209 --> 01:21:05,520

thing

2148

01:21:09,950 --> 01:21:08,219

does that individual still have it if

2149

01:21:12,590 --> 01:21:09,960

you believe

2150

01:21:14,510 --> 01:21:12,600

um that we have souls

2151

01:21:16,510 --> 01:21:14,520

does that Soul transfer with the

2152

01:21:18,649 --> 01:21:16,520

technology or once your original

2153

01:21:20,270 --> 01:21:18,659

existence is gone

2154

01:21:22,550 --> 01:21:20,280

does your soul move on and now you're

2155

01:21:24,470 --> 01:21:22,560

just kind of a lot of memory well that's

2156

01:21:27,110 --> 01:21:24,480

getting a very theological style of

2157

01:21:29,990 --> 01:21:27,120

discussion yeah absolutely now I'm my

2158

01:21:32,330 --> 01:21:30,000

spirituality is pretty complex

2159

01:21:36,110 --> 01:21:32,340

um you know like I can believe in

2160

01:21:38,090 --> 01:21:36,120

organized religion as a moral code that

2161

01:21:39,530 --> 01:21:38,100

could be used by a less Advanced you

2162

01:21:42,169 --> 01:21:39,540

know logical thinking civilization

2163

01:21:44,510 --> 01:21:42,179

that's just trying to get by and try and

2164

01:21:46,310 --> 01:21:44,520

create some order to try and live with

2165

01:21:48,050 --> 01:21:46,320

someone of a better life or at least you

2166

01:21:50,270 --> 01:21:48,060

know a life that's more cohesive to

2167

01:21:51,350 --> 01:21:50,280

making sure that one Village isn't

2168

01:21:53,750 --> 01:21:51,360

constantly burning the other Village

2169

01:21:56,390 --> 01:21:53,760

down because you know you can't you

2170

01:21:58,030 --> 01:21:56,400

can't really live that way you can it's

2171

01:22:01,550 --> 01:21:58,040

just not fun

2172

01:22:03,470 --> 01:22:01,560

so like I would say like the Bible way

2173

01:22:05,270 --> 01:22:03,480

of saying a soul maybe a lot more

2174

01:22:06,470 --> 01:22:05,280

complex than that

2175

01:22:08,270 --> 01:22:06,480

um but you're also like looking into

2176

01:22:10,910 --> 01:22:08,280

philosophical discussions like the the

2177

01:22:13,130 --> 01:22:10,920

ship of uh of Theseus at least I think

2178

01:22:15,290 --> 01:22:13,140

it's a ship of Theseus could be wrong

2179

01:22:17,450 --> 01:22:15,300

some somebody out there can correct me

2180

01:22:19,910 --> 01:22:17,460

um where it's like if you replace if

2181

01:22:21,830 --> 01:22:19,920

you've got a boat and you're constantly

2182

01:22:23,990 --> 01:22:21,840

replacing parts of that boat

2183

01:22:26,390 --> 01:22:24,000

once you place all the parts and even if

2184

01:22:28,189 --> 01:22:26,400

the boat looks the same as the same boat

2185

01:22:31,490 --> 01:22:28,199

you know

2186

01:22:33,530 --> 01:22:31,500

um I don't know like that's that's uh

2187

01:22:35,330 --> 01:22:33,540

yeah that's a complex question because

2188

01:22:36,470 --> 01:22:35,340

even even if you upload somebody's

2189

01:22:38,630 --> 01:22:36,480

Consciousness to let's say a computer

2190

01:22:40,430 --> 01:22:38,640

and then download it to a body are you

2191

01:22:43,010 --> 01:22:40,440

able to or like do we don't even know

2192

01:22:44,570 --> 01:22:43,020

what Consciousness is is it is it

2193

01:22:46,910 --> 01:22:44,580

something that's that goes beyond just

2194

01:22:49,070 --> 01:22:46,920

electronic impulses in the brain or are

2195

01:22:50,570 --> 01:22:49,080

we talking about you know something on

2196

01:22:53,870 --> 01:22:50,580

like instead of multi-dimensional level

2197

01:22:55,970 --> 01:22:53,880

are we talking about like a um you know

2198

01:23:06,669 --> 01:22:55,980

some type of quantum entanglement or or

2199

01:23:11,270 --> 01:23:09,709

but it's a fascinating one but if like

2200

01:23:12,950 --> 01:23:11,280

well how's the thing like if if you

2201

01:23:14,270 --> 01:23:12,960

downloaded your brain would you be

2202

01:23:15,709 --> 01:23:14,280

worried about if your remote like it

2203

01:23:17,149 --> 01:23:15,719

would you would you worry about if your

2204

01:23:20,270 --> 01:23:17,159

emotions would get transferred or not

2205

01:23:21,590 --> 01:23:20,280

you can't download My Brand bro well man

2206

01:23:24,590 --> 01:23:21,600

maybe I want to it's a very beautiful

2207

01:23:26,090 --> 01:23:24,600

thing you know no just you say it just

2208

01:23:28,070 --> 01:23:26,100

saying you know you got to get that mind

2209

01:23:29,870 --> 01:23:28,080

out there but like that's that's

2210

01:23:33,169 --> 01:23:29,880

something like do you ever think about

2211

01:23:35,570 --> 01:23:33,179

that like if you you know

2212

01:23:37,610 --> 01:23:35,580

what how would you transfer like you can

2213

01:23:39,530 --> 01:23:37,620

transfer somebody's memories just like

2214

01:23:41,330 --> 01:23:39,540

we can do with a computer but like can

2215

01:23:43,370 --> 01:23:41,340

you transfer somebody's emotions you

2216

01:23:48,709 --> 01:23:43,380

transfer somebody's feelings somebody's

2217

01:23:51,709 --> 01:23:50,090

um

2218

01:23:53,390 --> 01:23:51,719

that's it bro

2219

01:23:57,290 --> 01:23:53,400

but I think what makes our personalities

2220

01:24:00,350 --> 01:23:58,970

yes

2221

01:24:05,270 --> 01:24:00,360

but

2222

01:24:07,970 --> 01:24:05,280

it's is it the emotions the emotional

2223

01:24:11,390 --> 01:24:07,980

reaction of the experience

2224

01:24:12,470 --> 01:24:11,400

that from the memories is in in those

2225

01:24:14,750 --> 01:24:12,480

like

2226

01:24:17,750 --> 01:24:14,760

apply it the best way to put it is

2227

01:24:20,630 --> 01:24:17,760

the experience is just the the moment

2228

01:24:22,970 --> 01:24:20,640

that you that you're in it's the input

2229

01:24:24,169 --> 01:24:22,980

the output is your reaction to that

2230

01:24:26,270 --> 01:24:24,179

experience

2231

01:24:27,709 --> 01:24:26,280

and it's not just a one for one you know

2232

01:24:30,350 --> 01:24:27,719

you turn the light you turn the switch

2233

01:24:31,970 --> 01:24:30,360

the light goes on but what is the light

2234

01:24:34,970 --> 01:24:31,980

the lights warmth the light is energy

2235

01:24:38,450 --> 01:24:34,980

it's it's life you know that that's the

2236

01:24:40,430 --> 01:24:38,460

emotional uh equivalent to it but how do

2237

01:24:43,430 --> 01:24:40,440

you transfer that emotion

2238

01:24:44,750 --> 01:24:43,440

how do you even even Define what that

2239

01:24:48,830 --> 01:24:44,760

emotion is how would you define that

2240

01:24:51,530 --> 01:24:48,840

emotion I don't know I I don't I I you

2241

01:24:53,209 --> 01:24:51,540

know because because here here I heard

2242

01:24:55,010 --> 01:24:53,219

this one guy say one time he says that

2243

01:24:59,090 --> 01:24:55,020

every situation that we experience in

2244

01:25:01,310 --> 01:24:59,100

this planet in the existence of whatever

2245

01:25:04,610 --> 01:25:01,320

everything

2246

01:25:06,950 --> 01:25:04,620

no matter even how tragic it is starts

2247

01:25:09,590 --> 01:25:06,960

out at a neutral level

2248

01:25:10,669 --> 01:25:09,600

and a reaction is based off of

2249

01:25:13,669 --> 01:25:10,679

perception

2250

01:25:15,830 --> 01:25:13,679

and so something bad happens automatic

2251

01:25:19,070 --> 01:25:15,840

that'll manifest anger because we look

2252

01:25:20,870 --> 01:25:19,080

at it we identify it and to us that's a

2253

01:25:23,330 --> 01:25:20,880

bad thing that just happened so we react

2254

01:25:24,649 --> 01:25:23,340

to it and that and people have a

2255

01:25:26,990 --> 01:25:24,659

different reaction level of different

2256

01:25:30,649 --> 01:25:27,000

levels of of

2257

01:25:34,669 --> 01:25:32,570

where the hell am I going with this bro

2258

01:25:38,090 --> 01:25:34,679

well what's anger

2259

01:25:40,070 --> 01:25:38,100

right so the emotion part so when you

2260

01:25:41,689 --> 01:25:40,080

when I I was just thinking about that

2261

01:25:44,510 --> 01:25:41,699

guy making the reference that every

2262

01:25:47,090 --> 01:25:44,520

situation is neutral until you see it

2263

01:25:49,189 --> 01:25:47,100

and then you off of all your life

2264

01:25:51,770 --> 01:25:49,199

experiences you base a perception off of

2265

01:25:54,470 --> 01:25:51,780

how to react off of that

2266

01:25:57,050 --> 01:25:54,480

but is that real

2267

01:25:59,149 --> 01:25:57,060

Is that real compared to the experiences

2268

01:26:02,530 --> 01:25:59,159

that created the emotion the experience

2269

01:26:05,450 --> 01:26:02,540

was real but the remote the the the the

2270

01:26:07,250 --> 01:26:05,460

emotion is something that was just

2271

01:26:10,010 --> 01:26:07,260

downloaded into your Consciousness

2272

01:26:12,350 --> 01:26:10,020

because that's how you chose to react to

2273

01:26:14,209 --> 01:26:12,360

that situation that was real

2274

01:26:16,010 --> 01:26:14,219

and that reaction is going to be based

2275

01:26:18,770 --> 01:26:16,020

off of past experiences and perception

2276

01:26:20,090 --> 01:26:18,780

and 100 and it's okay in insecure okay

2277

01:26:23,270 --> 01:26:20,100

well if you're building your personality

2278

01:26:26,090 --> 01:26:23,280

up your personality is set from

2279

01:26:28,430 --> 01:26:26,100

like I think it's it's like two or three

2280

01:26:30,890 --> 01:26:28,440

you're like your basic personality is

2281

01:26:32,810 --> 01:26:30,900

set based on your experiences from when

2282

01:26:34,790 --> 01:26:32,820

you're a baby it's like how you know how

2283

01:26:36,590 --> 01:26:34,800

were you nurtured were you held were you

2284

01:26:37,669 --> 01:26:36,600

you know were you loved were you cared

2285

01:26:39,770 --> 01:26:37,679

for that kind of thing and that will

2286

01:26:41,990 --> 01:26:39,780

shape your perception and also it's like

2287

01:26:46,010 --> 01:26:42,000

what do you what is it You observe you

2288

01:26:47,870 --> 01:26:46,020

know it's I'm I'm kind of a smart ass my

2289

01:26:50,990 --> 01:26:47,880

kids are to have turned into smart asses

2290

01:26:52,669 --> 01:26:51,000

you know like my two-year-old will do

2291

01:26:55,129 --> 01:26:52,679

the whole like I'll sit there and she'll

2292

01:26:56,930 --> 01:26:55,139

feed me Cheerios and every now and again

2293

01:26:58,610 --> 01:26:56,940

she'll let go you know she'll like put

2294

01:27:00,050 --> 01:26:58,620

The Chew in and just put it like you

2295

01:27:01,850 --> 01:27:00,060

know put the Cherry wind and then she'll

2296

01:27:03,290 --> 01:27:01,860

let go uh-huh you're chewing that's

2297

01:27:06,610 --> 01:27:03,300

great then she'll pick up another one

2298

01:27:11,750 --> 01:27:08,810

she'll just give me this like this this

2299

01:27:15,229 --> 01:27:11,760

[h__\h] eating grin I'm like oh my goodness

2300

01:27:19,370 --> 01:27:15,239

like and I know exactly where she got

2301

01:27:22,430 --> 01:27:20,930

and it's like the only way to be able to

2302

01:27:24,590 --> 01:27:22,440

like and that's gonna shape the

2303

01:27:25,250 --> 01:27:24,600

personality as far as

2304

01:27:28,610 --> 01:27:25,260

um

2305

01:27:31,070 --> 01:27:28,620

and also like how is it you uh if

2306

01:27:32,810 --> 01:27:31,080

somebody cried how were they how was the

2307

01:27:34,189 --> 01:27:32,820

reaction to that crying were they you

2308

01:27:36,890 --> 01:27:34,199

know constantly nurtured and there there

2309

01:27:38,510 --> 01:27:36,900

or was it a little bit of okay well

2310

01:27:39,950 --> 01:27:38,520

you're crying because you know you just

2311

01:27:41,510 --> 01:27:39,960

want attention like you're just doing it

2312

01:27:43,490 --> 01:27:41,520

because you want something and not

2313

01:27:44,689 --> 01:27:43,500

because your name and it's you know

2314

01:27:46,729 --> 01:27:44,699

there's a certain amount of selfishness

2315

01:27:49,790 --> 01:27:46,739

like you know like kids throwing a

2316

01:27:52,610 --> 01:27:49,800

tantrum you don't reinforce the negative

2317

01:27:56,330 --> 01:27:52,620

behavior kind of thing uh and it's it's

2318

01:27:59,990 --> 01:27:56,340

like those initial

2319

01:28:02,570 --> 01:28:00,000

um setups for the personality are going

2320

01:28:04,430 --> 01:28:02,580

to carry forward later on in life so

2321

01:28:06,169 --> 01:28:04,440

that when somebody gets a certain input

2322

01:28:08,270 --> 01:28:06,179

they're going to have that negative

2323

01:28:09,950 --> 01:28:08,280

reaction which is then shaped by all the

2324

01:28:12,169 --> 01:28:09,960

other experiences but it's all still

2325

01:28:14,510 --> 01:28:12,179

based on that initial experience

2326

01:28:16,310 --> 01:28:14,520

or that initial several you know sets of

2327

01:28:17,810 --> 01:28:16,320

experiences while the brain is still

2328

01:28:21,229 --> 01:28:17,820

developing before it's hard coded in

2329

01:28:23,629 --> 01:28:21,239

right so but it's like okay well

2330

01:28:25,550 --> 01:28:23,639

how is it hard coded in what does it

2331

01:28:28,550 --> 01:28:25,560

hurt like what is the initial program is

2332

01:28:30,530 --> 01:28:28,560

it a program is it something else is it

2333

01:28:32,689 --> 01:28:30,540

a you know is it biological where it's

2334

01:28:35,090 --> 01:28:32,699

like okay you know a certain amount of

2335

01:28:38,570 --> 01:28:35,100

hormone is released in a certain mixture

2336

01:28:40,610 --> 01:28:38,580

that when something happens then it gets

2337

01:28:42,350 --> 01:28:40,620

released and that causes the the brain

2338

01:28:44,570 --> 01:28:42,360

to react a certain way and is that is

2339

01:28:46,430 --> 01:28:44,580

that what emotion is we didn't like we

2340

01:28:48,290 --> 01:28:46,440

don't know like these are things that

2341

01:28:50,390 --> 01:28:48,300

are fundamentally still being discussed

2342

01:28:52,550 --> 01:28:50,400

with people who are a lot smarter and

2343

01:28:54,410 --> 01:28:52,560

have a lot more phds and who have piled

2344

01:28:56,450 --> 01:28:54,420

higher and deeper than whatever I could

2345

01:28:57,950 --> 01:28:56,460

have at any point in time and

2346

01:28:59,629 --> 01:28:57,960

philosophers have been talking about for

2347

01:29:01,790 --> 01:28:59,639

thousands of years

2348

01:29:03,110 --> 01:29:01,800

but it's like is it simple like what do

2349

01:29:04,910 --> 01:29:03,120

you think man

2350

01:29:06,709 --> 01:29:04,920

you know the way you explained it you

2351
01:29:10,129 --> 01:29:06,719
were explaining it just a couple minutes

2352
01:29:12,410 --> 01:29:10,139
ago and and the word individualism came

2353
01:29:14,330 --> 01:29:12,420
into mind because we're talking about a

2354
01:29:16,129 --> 01:29:14,340
basket of experiences which develops

2355
01:29:18,350 --> 01:29:16,139
character

2356
01:29:20,870 --> 01:29:18,360
um and and based off the development

2357
01:29:21,950 --> 01:29:20,880
from those experiences gives you a

2358
01:29:24,830 --> 01:29:21,960
perception

2359
01:29:27,890 --> 01:29:24,840
of a situation you explain it very

2360
01:29:29,570 --> 01:29:27,900
logically you understand from a very

2361
01:29:31,310 --> 01:29:29,580
intelligent level the importance of

2362
01:29:32,689 --> 01:29:31,320
parenting at a very young age I watched

2363
01:29:34,370 --> 01:29:32,699

an experiment one time where they did

2364

01:29:36,590 --> 01:29:34,380

this this little thing with white mouse

2365

01:29:38,209 --> 01:29:36,600

and a two-year-old child and in the

2366

01:29:40,910 --> 01:29:38,219

first couple days the kid play with it

2367

01:29:42,290 --> 01:29:40,920

it didn't know to be afraid of this cute

2368

01:29:43,790 --> 01:29:42,300

little white mouse it didn't know it

2369

01:29:45,950 --> 01:29:43,800

because it wasn't taught to be afraid of

2370

01:29:47,810 --> 01:29:45,960

it so it was totally okay with this

2371

01:29:49,910 --> 01:29:47,820

mouse crawling on just like and then

2372

01:29:52,669 --> 01:29:49,920

after two days every time that Mouse

2373

01:29:54,290 --> 01:29:52,679

touched his child they hit a pan with

2374

01:29:56,689 --> 01:29:54,300

another panic and scared the living

2375

01:29:58,310 --> 01:29:56,699

bejesus out of the kit so then it got to

2376

01:30:00,530 --> 01:29:58,320

a point to where the kid identified that

2377

01:30:03,350 --> 01:30:00,540

every time that Mouse touched it it was

2378

01:30:05,510 --> 01:30:03,360

going to be a an experience of fear and

2379

01:30:08,149 --> 01:30:05,520

then that person that that baby because

2380

01:30:10,970 --> 01:30:08,159

this was done in like the 40s went their

2381

01:30:13,010 --> 01:30:10,980

entire life hating tiny white stuffed

2382

01:30:15,530 --> 01:30:13,020

animals so there was there was a

2383

01:30:17,510 --> 01:30:15,540

traumatic download somewhere into the

2384

01:30:20,090 --> 01:30:17,520

brain from the emotional experience like

2385

01:30:22,669 --> 01:30:20,100

in PTSD that was at a subconscious level

2386

01:30:24,290 --> 01:30:22,679

because that if that person didn't know

2387

01:30:25,669 --> 01:30:24,300

that they were studied they would have

2388

01:30:26,930 --> 01:30:25,679

went their whole life not liking

2389

01:30:29,149 --> 01:30:26,940

something and not really understanding

2390

01:30:31,850 --> 01:30:29,159

why they didn't like it

2391

01:30:34,850 --> 01:30:31,860

um so I I wish everybody understood the

2392

01:30:37,550 --> 01:30:34,860

importance of the downloads of character

2393

01:30:40,669 --> 01:30:37,560

with with children so young as you

2394

01:30:42,350 --> 01:30:40,679

explained it because they don't they

2395

01:30:44,330 --> 01:30:42,360

think that they become the teacher when

2396

01:30:45,530 --> 01:30:44,340

the child becomes a teenager not

2397

01:30:46,910 --> 01:30:45,540

understanding the importance of

2398

01:30:51,530 --> 01:30:46,920

development a character at such a young

2399

01:30:55,070 --> 01:30:53,629

did you just sneeze I don't know that

2400

01:30:57,950 --> 01:30:55,080

was me coughing I'm still still getting

2401
01:30:59,870 --> 01:30:57,960
over you know the bug that I had last

2402
01:31:01,790 --> 01:30:59,880
week was just

2403
01:31:04,370 --> 01:31:01,800
it was not fun on the show well it was

2404
01:31:06,950 --> 01:31:04,380
fun but you know being sick I'm not good

2405
01:31:08,270 --> 01:31:06,960
at it it sucks like this thing's been

2406
01:31:11,110 --> 01:31:08,280
going around

2407
01:31:13,550 --> 01:31:11,120
um you know bro

2408
01:31:17,149 --> 01:31:13,560
I sneezed yesterday and I went and took

2409
01:31:20,750 --> 01:31:18,590
well that's that's that that's the 50

2410
01:31:22,550 --> 01:31:20,760
year old you know the 50s creeping up on

2411
01:31:23,810 --> 01:31:22,560
you yeah man if you get up it's like you

2412
01:31:26,510 --> 01:31:23,820
put your shoes on you're like I better

2413
01:31:28,910 --> 01:31:26,520

go take a nap you know but naps are the

2414

01:31:31,250 --> 01:31:28,920

best yeah I'm sorry dude I'm telling you

2415

01:31:32,990 --> 01:31:31,260

I'm telling you like the 20 minute power

2416

01:31:35,649 --> 01:31:33,000

nap I'm telling you actually better

2417

01:31:38,330 --> 01:31:35,659

there than I do all night

2418

01:31:40,610 --> 01:31:38,340

did you do the the power nap where you

2419

01:31:42,110 --> 01:31:40,620

uh um like you chug a like a cup of

2420

01:31:44,090 --> 01:31:42,120

coffee and you go take a you know half

2421

01:31:45,350 --> 01:31:44,100

an hour nap or 20 minute nap and you'll

2422

01:31:47,450 --> 01:31:45,360

wake up and you're like you're good to

2423

01:31:49,189 --> 01:31:47,460

go that's like an ADHD thing if you

2424

01:31:52,790 --> 01:31:49,199

could drink coffee to take a nap

2425

01:31:55,010 --> 01:31:52,800

no it's you well yes you can like I can

2426

01:31:56,390 --> 01:31:55,020

totally I can't I did the same thing oh

2427

01:31:57,590 --> 01:31:56,400

yeah you know I was like oh I'd like oh

2428

01:31:58,610 --> 01:31:57,600

I'm gonna have a black coffee before you

2429

01:32:00,530 --> 01:31:58,620

go to bed and everyone thought he was

2430

01:32:02,930 --> 01:32:00,540

crazy I'm sitting here like you know the

2431

01:32:04,570 --> 01:32:02,940

same age now that he did back then I'm

2432

01:32:07,729 --> 01:32:04,580

like this makes a lot of sense

2433

01:32:09,530 --> 01:32:07,739

bro I had a cup right before I came on I

2434

01:32:11,209 --> 01:32:09,540

had a cup of Dunkin Donuts baby that's

2435

01:32:14,450 --> 01:32:11,219

what I'm talking about that's the

2436

01:32:17,450 --> 01:32:14,460

American timmys America runs on Duggan's

2437

01:32:19,669 --> 01:32:17,460

right kind of does I think I know it's

2438

01:32:20,930 --> 01:32:19,679

good you know but I I'm not picky when

2439

01:32:22,070 --> 01:32:20,940

it comes to coffee as long as it's

2440

01:32:23,870 --> 01:32:22,080

drinkable I'm drinking it there's

2441

01:32:26,149 --> 01:32:23,880

caffeine in it it's it's I'm gonna drink

2442

01:32:28,669 --> 01:32:26,159

it I I'll at work sometimes they have

2443

01:32:30,530 --> 01:32:28,679

these coffee pots that are so aged you

2444

01:32:32,030 --> 01:32:30,540

know they're aged so they're not the

2445

01:32:33,950 --> 01:32:32,040

original color

2446

01:32:35,330 --> 01:32:33,960

um they used to be clear glass and now

2447

01:32:37,490 --> 01:32:35,340

they're a different form of Darkness

2448

01:32:39,830 --> 01:32:37,500

like a bad storm coming in town or

2449

01:32:41,750 --> 01:32:39,840

something and and sometimes you got to

2450

01:32:44,330 --> 01:32:41,760

chew that coffee because they make it so

2451

01:32:46,729 --> 01:32:44,340

strong but you know when times are

2452

01:32:50,209 --> 01:32:46,739

desperate you do what you got to do you

2453

01:32:52,430 --> 01:32:50,219

know okay okay like you probably you

2454

01:32:54,229 --> 01:32:52,440

know like your parents were were

2455

01:32:57,050 --> 01:32:54,239

American Born right like you're probably

2456

01:32:59,930 --> 01:32:57,060

third or fourth generation no no my mom

2457

01:33:01,490 --> 01:32:59,940

was Germany born and um and my dad was

2458

01:33:05,450 --> 01:33:01,500

America first generation American Born

2459

01:33:07,430 --> 01:33:05,460

okay so he may not like he may remember

2460

01:33:10,490 --> 01:33:07,440

his parents drinking you know like

2461

01:33:12,050 --> 01:33:10,500

drinking caught like actual coffee uh

2462

01:33:14,870 --> 01:33:12,060

like my parent like my mom still does

2463

01:33:16,490 --> 01:33:14,880

like before like before I left her place

2464

01:33:18,229 --> 01:33:16,500

she's like do you want a coffee like yes

2465

01:33:20,209 --> 01:33:18,239

Mom I was like I'll have a coffee and

2466

01:33:22,129 --> 01:33:20,219

you don't remember it on the stove oh

2467

01:33:23,450 --> 01:33:22,139

yeah like you know well no it was it was

2468

01:33:25,729 --> 01:33:23,460

it was Bodum coffee so it was like more

2469

01:33:27,950 --> 01:33:25,739

French Press but you know sometimes like

2470

01:33:29,450 --> 01:33:27,960

if I'm having like a you know like if

2471

01:33:31,550 --> 01:33:29,460

it's a real looking a real tough day and

2472

01:33:35,030 --> 01:33:31,560

I need that that grind like Mom that's

2473

01:33:38,209 --> 01:33:35,040

it dude you know break out the Pod it's

2474

01:33:41,930 --> 01:33:38,219

like she will make this this like this

2475

01:33:44,750 --> 01:33:41,940

bronze pot old school Balkan style

2476

01:33:48,050 --> 01:33:44,760

Turkish coffee that you want you want to

2477

01:33:49,490 --> 01:33:48,060

talk about chewing coffee oh man like

2478

01:33:51,950 --> 01:33:49,500

it's you have to drink it in a small

2479

01:33:54,649 --> 01:33:51,960

little cup so is it kind of like a

2480

01:33:56,030 --> 01:33:54,659

espresso

2481

01:33:57,890 --> 01:33:56,040

um is that what they call them those

2482

01:33:59,810 --> 01:33:57,900

little coffee cuppy thingies it's it

2483

01:34:01,370 --> 01:33:59,820

basically it's it's an espresso cup like

2484

01:34:03,830 --> 01:34:01,380

yeah like that's what that's what

2485

01:34:05,750 --> 01:34:03,840

European coffee like you know americanos

2486

01:34:07,669 --> 01:34:05,760

watered down but like the like coffee

2487

01:34:09,110 --> 01:34:07,679

coffees in that type of cup but this is

2488

01:34:12,290 --> 01:34:09,120

this is like old school Turkish coffee

2489

01:34:15,410 --> 01:34:12,300

like we're talking you know like strong

2490

01:34:16,850 --> 01:34:15,420

right right you drink it and if you have

2491

01:34:18,410 --> 01:34:16,860

too much of it like you just feel your

2492

01:34:20,330 --> 01:34:18,420

heart like

2493

01:34:23,629 --> 01:34:20,340

you know it's it's like putting putting

2494

01:34:25,430 --> 01:34:23,639

in the the nitrous in an engine if you

2495

01:34:26,990 --> 01:34:25,440

you feel it you have two of them you

2496

01:34:29,090 --> 01:34:27,000

need that nature so brother sometimes we

2497

01:34:31,970 --> 01:34:29,100

need that nitrous well you're supposed

2498

01:34:34,370 --> 01:34:31,980

to sip it and drink it slowly oh you

2499

01:34:36,050 --> 01:34:34,380

don't shoot it well we're busy you know

2500

01:34:38,030 --> 01:34:36,060

we got things to do that's a good that's

2501

01:34:39,290 --> 01:34:38,040

that's a that's a good way to uh you

2502

01:34:41,110 --> 01:34:39,300

know to to

2503

01:34:44,530 --> 01:34:41,120

get palpitations

2504

01:34:48,530 --> 01:34:44,540

from my experience Mr Chris

2505

01:34:50,510 --> 01:34:48,540

sometimes sometimes if I'm studying or

2506

01:34:52,669 --> 01:34:50,520

if I need to get home and it's late at

2507

01:34:54,410 --> 01:34:52,679

night yeah it's like okay like Turkish

2508

01:34:56,209 --> 01:34:54,420

coffee I'm good to go it'll get me there

2509

01:34:59,330 --> 01:34:56,219

you know for like you wait 20 minutes

2510

01:35:00,590 --> 01:34:59,340

you're good to go get home you crash oh

2511

01:35:03,590 --> 01:35:00,600

yeah you're fine because like the the

2512

01:35:05,570 --> 01:35:03,600

caffeine's gone yeah but I'll I will get

2513

01:35:07,910 --> 01:35:05,580

my I'll get the recipe you have to like

2514

01:35:11,570 --> 01:35:07,920

go get like a copper pot it's it looks

2515

01:35:14,090 --> 01:35:11,580

like a basically it's like a

2516

01:35:16,129 --> 01:35:14,100

feels like a cone but it you know it's

2517

01:35:17,990 --> 01:35:16,139

like a cone and then it goes to just

2518

01:35:18,970 --> 01:35:18,000

like a

2519

01:35:25,070 --> 01:35:18,980

like

2520

01:35:26,810 --> 01:35:25,080

just you put the water you put the

2521

01:35:28,550 --> 01:35:26,820

coffee in you gotta get it from a

2522

01:35:30,410 --> 01:35:28,560

specialty store probably in in Dallas

2523

01:35:31,790 --> 01:35:30,420

but like the stuff it'll get you going

2524

01:35:32,570 --> 01:35:31,800

man like you you think you're chewing

2525

01:35:33,590 --> 01:35:32,580

coffee

2526

01:35:34,790 --> 01:35:33,600

dude

2527

01:35:38,510 --> 01:35:34,800

no

2528

01:35:41,510 --> 01:35:38,520

the the old school Eastern Europe here

2529

01:35:43,129 --> 01:35:41,520

both sorry sorry Mom Balkan style like

2530

01:35:44,629 --> 01:35:43,139

coffee grind reading where you can like

2531

01:35:47,090 --> 01:35:44,639

read you know my mom can read fortunes

2532

01:35:49,910 --> 01:35:47,100

which oh oh yeah I don't know but it's

2533

01:35:51,350 --> 01:35:49,920

it's uh it's crazy shoe she'll never I

2534

01:35:53,750 --> 01:35:51,360

told her like never read mine she won't

2535

01:35:58,430 --> 01:35:53,760

read family but like friends she'll do

2536

01:36:03,950 --> 01:36:00,890

now I always I always joke with her like

2537

01:36:05,090 --> 01:36:03,960

is it actually telling the future or is

2538

01:36:06,350 --> 01:36:05,100

it because you have enough life

2539

01:36:07,669 --> 01:36:06,360

experience that you can tell and your

2540

01:36:10,610 --> 01:36:07,679

friends are dealing with a situation

2541

01:36:13,129 --> 01:36:10,620

that the coffee then gives you the

2542

01:36:14,810 --> 01:36:13,139

opportunity to be honest with them and

2543

01:36:17,149 --> 01:36:14,820

tell them that they're effing up somehow

2544

01:36:20,090 --> 01:36:17,159

and you could just

2545

01:36:25,189 --> 01:36:21,790

what you just said

2546

01:36:27,229 --> 01:36:25,199

that's that's some legit stuff bro about

2547

01:36:28,610 --> 01:36:27,239

people you know it I don't even know if

2548

01:36:30,169 --> 01:36:28,620

it's empathy I think a lot of these

2549

01:36:32,270 --> 01:36:30,179

people are Mentalist even I'm not

2550

01:36:34,250 --> 01:36:32,280

referring to your mom but the the

2551

01:36:36,770 --> 01:36:34,260

ability to be able

2552

01:36:38,810 --> 01:36:36,780

to evaluate somebody's physical being

2553

01:36:40,610 --> 01:36:38,820

and to be able to give them a reading

2554

01:36:44,090 --> 01:36:40,620

like that but it would

2555

01:36:47,030 --> 01:36:44,100

you must still do it uh I she does yeah

2556

01:36:48,290 --> 01:36:47,040

like I haven't been around when she has

2557

01:36:49,729 --> 01:36:48,300

um like obviously with everything that's

2558

01:36:52,490 --> 01:36:49,739

happened over the last like six months

2559

01:36:55,010 --> 01:36:52,500

it's probably been a little you know a

2560

01:36:56,870 --> 01:36:55,020

little bit less of wanting to deal with

2561

01:36:58,490 --> 01:36:56,880

that kind of thing right

2562

01:36:59,510 --> 01:36:58,500

um but like yeah she used to do all the

2563

01:37:00,890 --> 01:36:59,520

time like you know her friends would

2564

01:37:02,330 --> 01:37:00,900

come over they'd have coffee and then

2565

01:37:06,050 --> 01:37:02,340

she'd read their you know read the

2566

01:37:08,149 --> 01:37:06,060

coffee grinds that's pretty cool man

2567

01:37:10,490 --> 01:37:08,159

that's pretty cool that's it's you know

2568

01:37:12,530 --> 01:37:10,500

that old school

2569

01:37:14,570 --> 01:37:12,540

I'm not gonna say it's like the you're

2570

01:37:17,990 --> 01:37:14,580

you're going for the land of of the Roma

2571

01:37:21,290 --> 01:37:18,000

you know it's it's that kind of old

2572

01:37:23,689 --> 01:37:21,300

school like hardcore Catholic but also

2573

01:37:26,450 --> 01:37:23,699

like Old World mysticism at the same

2574

01:37:27,830 --> 01:37:26,460

time it's a weird mixture culture well

2575

01:37:29,390 --> 01:37:27,840

you know think about it though I mean

2576
01:37:31,910 --> 01:37:29,400
with dogs because that's this is a whole

2577
01:37:34,729 --> 01:37:31,920
other four hours but I you just look at

2578
01:37:36,590 --> 01:37:34,739
the the process of that of of spiritual

2579
01:37:38,629 --> 01:37:36,600
beliefs throughout time and how some

2580
01:37:40,910 --> 01:37:38,639
kind of intermingling mix and this got

2581
01:37:43,310 --> 01:37:40,920
Incorporated over here and

2582
01:37:45,110 --> 01:37:43,320
um I know a lady from South America a

2583
01:37:47,090 --> 01:37:45,120
super strong Christian lady but she's

2584
01:37:49,610 --> 01:37:47,100
all into the voodoo stuff and and the

2585
01:37:51,470 --> 01:37:49,620
magic she's not into it she's afraid

2586
01:37:53,629 --> 01:37:51,480
deathly of it because it's very real to

2587
01:37:55,490 --> 01:37:53,639
their cultured on there

2588
01:37:58,189 --> 01:37:55,500

um but yet there's still very devout

2589

01:38:00,590 --> 01:37:58,199

Christians you know or Catholics

2590

01:38:02,209 --> 01:38:00,600

um it's interesting it's interesting you

2591

01:38:04,310 --> 01:38:02,219

know but hey I just look at it they're

2592

01:38:06,350 --> 01:38:04,320

good people I love them for that I don't

2593

01:38:09,950 --> 01:38:06,360

even care well you look at like even

2594

01:38:12,410 --> 01:38:09,960

knock wood you know I'll still say like

2595

01:38:15,770 --> 01:38:12,420

so like you'll say something like oh you

2596

01:38:17,629 --> 01:38:15,780

know if once we uh get here and if this

2597

01:38:19,129 --> 01:38:17,639

doesn't happen and you knock wood and

2598

01:38:21,050 --> 01:38:19,139

even though it's like okay you're

2599

01:38:23,689 --> 01:38:21,060

knocking wood to basically tell the fire

2600

01:38:25,970 --> 01:38:23,699

fairies to you know knock it off

2601

01:38:29,209 --> 01:38:25,980

essentially or just like calm down

2602

01:38:30,290 --> 01:38:29,219

even though I know it's a complete

2603

01:38:31,970 --> 01:38:30,300

superstition

2604

01:38:33,890 --> 01:38:31,980

you still do it it's like baseball

2605

01:38:35,750 --> 01:38:33,900

players when they're uh you know they'll

2606

01:38:39,290 --> 01:38:35,760

they'll have like the the pregame or

2607

01:38:40,970 --> 01:38:39,300

post-game ritual like uh was it was it

2608

01:38:42,470 --> 01:38:40,980

majorly baseball where it's like they're

2609

01:38:44,629 --> 01:38:42,480

they go in and they touch the post after

2610

01:38:46,729 --> 01:38:44,639

a loss it's like well why is it you know

2611

01:38:50,030 --> 01:38:46,739

touch the poll before the game

2612

01:38:52,790 --> 01:38:50,040

and then you win well it's an actual

2613

01:38:55,189 --> 01:38:52,800

like it was a like a post in really yeah

2614

01:38:56,810 --> 01:38:55,199

I know that can like be turned into any

2615

01:38:58,610 --> 01:38:56,820

type of innuendo but it's like you know

2616

01:39:00,169 --> 01:38:58,620

like you you touch a certain spot on on

2617

01:39:04,390 --> 01:39:00,179

the floor like you know baseball players

2618

01:39:07,850 --> 01:39:04,400

are insane well you know this you know

2619

01:39:09,950 --> 01:39:07,860

like you're you're living in the

2620

01:39:12,290 --> 01:39:09,960

Southern United States it's baseball and

2621

01:39:14,510 --> 01:39:12,300

football and life there soccer dude it's

2622

01:39:16,189 --> 01:39:14,520

crazy down here it's everywhere

2623

01:39:19,370 --> 01:39:16,199

soccer

2624

01:39:21,590 --> 01:39:19,380

it's it it's good exercise it's

2625

01:39:23,570 --> 01:39:21,600

inexpensive to get your kids into yes

2626

01:39:24,950 --> 01:39:23,580

that's it you know like the processes

2627

01:39:27,830 --> 01:39:24,960

are all after school you don't have to

2628

01:39:30,610 --> 01:39:27,840

worry about like 6 a.m or 5 a.m and then

2629

01:39:32,930 --> 01:39:30,620

you you grew up in uh in West Wisconsin

2630

01:39:35,270 --> 01:39:32,940

I was born in Minnesota but I grew up in

2631

01:39:37,310 --> 01:39:35,280

Syracuse New York okay so well that's

2632

01:39:38,990 --> 01:39:37,320

not too far from where I live it's a

2633

01:39:40,850 --> 01:39:39,000

good four hour drive so like but like

2634

01:39:42,890 --> 01:39:40,860

yeah like Minnesota it's the same thing

2635

01:39:45,350 --> 01:39:42,900

up here like you know you you grew up

2636

01:39:48,350 --> 01:39:45,360

probably or at least hockey bro hockey

2637

01:39:49,689 --> 01:39:48,360

or am practices oh my God you know and

2638

01:39:53,209 --> 01:39:49,699

that was a goalie

2639

01:39:54,950 --> 01:39:53,219

oh geez yeah bro oh my god I've been

2640

01:39:56,689 --> 01:39:54,960

there been there never never

2641

01:40:00,229 --> 01:39:56,699

professional like never never you know

2642

01:40:02,330 --> 01:40:00,239

never Peewee league but like like you

2643

01:40:04,310 --> 01:40:02,340

know my wife's my wife is like yeah I'm

2644

01:40:06,709 --> 01:40:04,320

like oh my you know my my friend she's

2645

01:40:08,209 --> 01:40:06,719

you know she's busy and I don't know how

2646

01:40:10,129 --> 01:40:08,219

she does it she's got like you know

2647

01:40:12,110 --> 01:40:10,139

taking care of her three kids or two

2648

01:40:13,970 --> 01:40:12,120

kids or it's like she does all this

2649

01:40:16,490 --> 01:40:13,980

stuff and she's still you know still

2650

01:40:18,590 --> 01:40:16,500

gets up but it's like 6 a.m or 5 a.m on

2651
01:40:21,110 --> 01:40:18,600
a you know a Saturday Sunday to drive

2652
01:40:23,530 --> 01:40:21,120
her kids to hockey and you know like my

2653
01:40:25,250 --> 01:40:23,540
my uh same thing with like my my

2654
01:40:27,470 --> 01:40:25,260
brother-in-law and sister-in-law my

2655
01:40:29,570 --> 01:40:27,480
wife's uh my wife's family you know

2656
01:40:31,250 --> 01:40:29,580
their their kids were were hockey fan

2657
01:40:37,610 --> 01:40:31,260
like I

2658
01:40:39,649 --> 01:40:37,620
you don't be so I mean because a lot of

2659
01:40:41,750 --> 01:40:39,659
these very strong hockey families around

2660
01:40:45,229 --> 01:40:41,760
those traveling Lakes so it's year-round

2661
01:40:46,790 --> 01:40:45,239
bro jeez yeah and it's expensive I I

2662
01:40:50,450 --> 01:40:46,800
didn't realize why my dad works so much

2663
01:40:53,570 --> 01:40:52,070

yeah well because you know that stuff's

2664

01:40:55,490 --> 01:40:53,580

expensive brother I got a big interview

2665

01:41:00,709 --> 01:40:55,500

in the morning

2666

01:41:05,629 --> 01:41:03,410

what what time oh sir are we getting

2667

01:41:08,149 --> 01:41:05,639

close to that time are we I am uh

2668

01:41:09,590 --> 01:41:08,159

interviewing Kenny Gantt oh that's right

2669

01:41:11,330 --> 01:41:09,600

no you I thought you said in the morning

2670

01:41:13,729 --> 01:41:11,340

interview no yeah yeah no I interview

2671

01:41:17,270 --> 01:41:13,739

him we we record tomorrow and then we

2672

01:41:20,390 --> 01:41:17,280

publish it on Saturday no so yeah so uh

2673

01:41:21,110 --> 01:41:20,400

he is a two-time Super Bowl champion

2674

01:41:24,770 --> 01:41:21,120

um

2675

01:41:26,270 --> 01:41:24,780

but it's it's not about the athleticism

2676
01:41:28,790 --> 01:41:26,280
while we're having these professional

2677
01:41:30,410 --> 01:41:28,800
athletes on it's you hear these stories

2678
01:41:32,629 --> 01:41:30,420
what they go through after we're just

2679
01:41:35,510 --> 01:41:32,639
talking about hockey these guys since

2680
01:41:37,490 --> 01:41:35,520
second grade their whole life has been

2681
01:41:39,709 --> 01:41:37,500
training and football and camps and

2682
01:41:41,750 --> 01:41:39,719
games and then they go all the way up

2683
01:41:43,430 --> 01:41:41,760
into the professional career now this

2684
01:41:46,729 --> 01:41:43,440
you know Kenny he was he played until he

2685
01:41:49,129 --> 01:41:46,739
was like 34. uh Pro Bowl uh five years

2686
01:41:51,169 --> 01:41:49,139
in a row so it was a major part of his

2687
01:41:53,870 --> 01:41:51,179
life all the way until one day he

2688
01:41:56,270 --> 01:41:53,880

retires and what he did since second

2689

01:41:57,229 --> 01:41:56,280

grade up until the day he retired it was

2690

01:41:59,090 --> 01:41:57,239

done

2691

01:42:00,410 --> 01:41:59,100

and a lot of these guys don't know how

2692

01:42:03,350 --> 01:42:00,420

to re-establish their feet in the ground

2693

01:42:04,729 --> 01:42:03,360

because they're used to being told where

2694

01:42:06,370 --> 01:42:04,739

they need to be next where's the next

2695

01:42:09,070 --> 01:42:06,380

Camp where's the next training session

2696

01:42:11,450 --> 01:42:09,080

and all that is gone

2697

01:42:13,250 --> 01:42:11,460

when's the next training session when's

2698

01:42:15,709 --> 01:42:13,260

the next like when's the next practice

2699

01:42:17,870 --> 01:42:15,719

you know it's your social life it's your

2700

01:42:19,550 --> 01:42:17,880

your entire lifestyle you know your your

2701
01:42:20,570 --> 01:42:19,560
schedule is completely upended it's like

2702
01:42:23,689 --> 01:42:20,580
with anybody

2703
01:42:25,669 --> 01:42:23,699
you know like if like when my dad

2704
01:42:28,250 --> 01:42:25,679
retired he basically drove you know and

2705
01:42:30,050 --> 01:42:28,260
drove himself crazy probably the same

2706
01:42:31,370 --> 01:42:30,060
thing with your dad it's like you know

2707
01:42:33,770 --> 01:42:31,380
what what do you do you've been doing

2708
01:42:35,450 --> 01:42:33,780
the exact same thing for 40 years or for

2709
01:42:38,709 --> 01:42:35,460
50 years or for years or however long

2710
01:42:42,169 --> 01:42:38,719
how is it how was it you would just

2711
01:42:44,629 --> 01:42:42,179
uh like even for like I I kind of

2712
01:42:45,709 --> 01:42:44,639
attributed to and obviously it's not the

2713
01:42:47,030 --> 01:42:45,719

same but like I tribute to the same

2714

01:42:48,050 --> 01:42:47,040

thing with with like people who've been

2715

01:42:49,669 --> 01:42:48,060

in the military

2716

01:42:50,810 --> 01:42:49,679

you know if they've seen action or if

2717

01:42:52,970 --> 01:42:50,820

they've seen

2718

01:42:54,590 --> 01:42:52,980

um uh you know like any type of combat

2719

01:42:56,149 --> 01:42:54,600

or if they've been in very stressful

2720

01:42:57,470 --> 01:42:56,159

situations for an extended period of

2721

01:43:00,229 --> 01:42:57,480

time

2722

01:43:02,169 --> 01:43:00,239

um there's a certain

2723

01:43:04,430 --> 01:43:02,179

like the routine

2724

01:43:06,649 --> 01:43:04,440

not really like break like it doesn't

2725

01:43:09,050 --> 01:43:06,659

break you down but you get so ingrained

2726

01:43:10,310 --> 01:43:09,060

within that that motive every single day

2727

01:43:14,450 --> 01:43:10,320

where it's like okay you've got to

2728

01:43:18,310 --> 01:43:14,460

re-establish these hard-wired uh

2729

01:43:23,390 --> 01:43:21,890

that become institutionalized

2730

01:43:25,370 --> 01:43:23,400

I think that's the best way to reference

2731

01:43:28,310 --> 01:43:25,380

it you know so you have somebody who at

2732

01:43:31,850 --> 01:43:28,320

15 years in prison they're so used to be

2733

01:43:33,590 --> 01:43:31,860

corralled unheard and heard it

2734

01:43:34,850 --> 01:43:33,600

um there used to be until one time to go

2735

01:43:36,590 --> 01:43:34,860

to sleep what time they have to eat

2736

01:43:37,729 --> 01:43:36,600

dinner and what time they had to drop

2737

01:43:40,570 --> 01:43:37,739

laundry off

2738

01:43:43,129 --> 01:43:40,580

one of the main reasons a lot of people

2739

01:43:45,290 --> 01:43:43,139

they are repeat offenders is because

2740

01:43:47,209 --> 01:43:45,300

they don't know how to change the way

2741

01:43:48,950 --> 01:43:47,219

they lived their life for 15 years they

2742

01:43:50,629 --> 01:43:48,960

don't know how to make the change

2743

01:43:52,250 --> 01:43:50,639

one guy you got to get in the show if

2744

01:43:55,970 --> 01:43:52,260

you've ever watched uh watch this

2745

01:43:57,169 --> 01:43:55,980

channel Larry Lawton yeah yeah so like

2746

01:43:58,910 --> 01:43:57,179

you you got to interview this guy

2747

01:44:01,129 --> 01:43:58,920

because like just in terms of the work

2748

01:44:03,669 --> 01:44:01,139

he does in the community now

2749

01:44:05,990 --> 01:44:03,679

um I think he's like he's you know

2750

01:44:09,169 --> 01:44:06,000

America's most

2751
01:44:12,770 --> 01:44:09,179
successful jewel thief to you know being

2752
01:44:16,430 --> 01:44:12,780
uh um uh I think like the work that he's

2753
01:44:19,129 --> 01:44:16,440
done he was given an honorary

2754
01:44:21,050 --> 01:44:19,139
um like I think he's an honorary share

2755
01:44:23,090 --> 01:44:21,060
for Deputy but basically he's was made

2756
01:44:25,189 --> 01:44:23,100
an honorary police officer for his his

2757
01:44:28,430 --> 01:44:25,199
work on making sure kids don't go down

2758
01:44:29,990 --> 01:44:28,440
the same path wow um and like his entire

2759
01:44:32,390 --> 01:44:30,000
YouTube channel like I got into him when

2760
01:44:34,189 --> 01:44:32,400
he first started his channel up and you

2761
01:44:36,290 --> 01:44:34,199
know he would talk about you know what

2762
01:44:38,030 --> 01:44:36,300
it was like going to like going to jail

2763
01:44:40,490 --> 01:44:38,040

what it was like being in jail what what

2764

01:44:43,010 --> 01:44:40,500

the routines were like in you know uh

2765

01:44:46,550 --> 01:44:43,020

you know getting out you know what what

2766

01:44:48,950 --> 01:44:46,560

kept Him going from like one prison to

2767

01:44:50,750 --> 01:44:48,960

another right and like I've heard a

2768

01:44:52,250 --> 01:44:50,760

couple of of and like his stories are

2769

01:44:53,750 --> 01:44:52,260

just fantastic as they're down to earth

2770

01:44:56,510 --> 01:44:53,760

even teachers had to like do like prison

2771

01:44:58,790 --> 01:44:56,520

cooking which is great like yeah that

2772

01:45:00,410 --> 01:44:58,800

that's you know that you're you're

2773

01:45:01,910 --> 01:45:00,420

dealing against being able to tell the

2774

01:45:03,950 --> 01:45:01,920

story and obviously he's making a living

2775

01:45:07,790 --> 01:45:03,960

off of it and you know God bless him for

2776

01:45:10,070 --> 01:45:07,800

that because everyone got eat right

2777

01:45:11,990 --> 01:45:10,080

um and there's also you know like it's

2778

01:45:14,030 --> 01:45:12,000

teaching lessons but it's also what I

2779

01:45:16,970 --> 01:45:14,040

get from that is the amount of trauma

2780

01:45:18,890 --> 01:45:16,980

that people get in those situations and

2781

01:45:20,570 --> 01:45:18,900

it's not just the like it's the routine

2782

01:45:22,189 --> 01:45:20,580

but it's it's the repeated you know it's

2783

01:45:24,109 --> 01:45:22,199

the conditioning it's it's the

2784

01:45:26,390 --> 01:45:24,119

environment that you're in complete

2785

01:45:28,910 --> 01:45:26,400

absolutely brother absolutely and It's

2786

01:45:30,649 --> 01:45:28,920

haunting it's a haunting thing and but

2787

01:45:34,310 --> 01:45:30,659

you learn a lot about the human psyche

2788

01:45:36,169 --> 01:45:34,320

when um when you see it from that angle

2789

01:45:38,629 --> 01:45:36,179

and that's why I don't want to be a

2790

01:45:40,790 --> 01:45:38,639

creature to have it that's why I I I'm

2791

01:45:43,850 --> 01:45:40,800

actually brother there's a lot of times

2792

01:45:45,410 --> 01:45:43,860

maybe even within the last year that a

2793

01:45:49,129 --> 01:45:45,420

lot of parts of me feel disconnected

2794

01:45:50,990 --> 01:45:49,139

with Society it just feels like I don't

2795

01:45:53,750 --> 01:45:51,000

want to be part of it anymore and that's

2796

01:45:55,550 --> 01:45:53,760

not a dark negative thing I just it's a

2797

01:45:56,930 --> 01:45:55,560

different Matrix and I want my Matrix

2798

01:45:58,550 --> 01:45:56,940

over here I don't want to be part of

2799

01:46:00,350 --> 01:45:58,560

that mess you know it's too messy and

2800

01:46:02,090 --> 01:46:00,360

gross now you know it's just like when

2801
01:46:03,830 --> 01:46:02,100
you start growing and maturing it's just

2802
01:46:05,750 --> 01:46:03,840
like you don't want insanity you want

2803
01:46:07,970 --> 01:46:05,760
Serenity and that's what I want I want

2804
01:46:09,250 --> 01:46:07,980
something you know some Serenity preach

2805
01:46:12,169 --> 01:46:09,260
preach

2806
01:46:15,709 --> 01:46:12,179
that's I know oh man I know exactly what

2807
01:46:17,810 --> 01:46:15,719
you're where you're coming from like

2808
01:46:19,490 --> 01:46:17,820
that that's yeah I know that that's

2809
01:46:22,310 --> 01:46:19,500
basically that that's been my attitude

2810
01:46:23,810 --> 01:46:22,320
you know and you cannot stop even and

2811
01:46:25,390 --> 01:46:23,820
you mentioned it perfectly at the

2812
01:46:28,669 --> 01:46:25,400
beginning of the program

2813
01:46:31,010 --> 01:46:28,679

is understanding the fact that you're

2814

01:46:33,229 --> 01:46:31,020

gonna have those days bro man you're

2815

01:46:35,810 --> 01:46:33,239

gonna feel broken I've had how I got

2816

01:46:38,750 --> 01:46:35,820

through the last six months of my life

2817

01:46:41,390 --> 01:46:38,760

man I don't know and still able to

2818

01:46:44,090 --> 01:46:41,400

accomplish things that we did I don't

2819

01:46:48,950 --> 01:46:44,100

know it's it's the will

2820

01:46:50,689 --> 01:46:48,960

of not wanting to fail or not wanting to

2821

01:46:52,790 --> 01:46:50,699

I don't know what it was brother I it's

2822

01:46:54,830 --> 01:46:52,800

just this will and drive we have not to

2823

01:46:55,850 --> 01:46:54,840

be like what we used to be I guess I

2824

01:46:58,430 --> 01:46:55,860

don't know

2825

01:46:59,750 --> 01:46:58,440

for me it's it's I'm not going to say

2826

01:47:01,010 --> 01:46:59,760

it's apathy

2827

01:47:03,890 --> 01:47:01,020

like it's not because it's not apathy

2828

01:47:06,410 --> 01:47:03,900

like I care I care great deal

2829

01:47:09,109 --> 01:47:06,420

um you know like if my kids are are hurt

2830

01:47:11,510 --> 01:47:09,119

or you know if my wife is having a bad

2831

01:47:14,149 --> 01:47:11,520

day and it's like you know or she's just

2832

01:47:15,590 --> 01:47:14,159

having a tough time of it because it's

2833

01:47:17,390 --> 01:47:15,600

like if you're adulting there's there's

2834

01:47:18,709 --> 01:47:17,400

struggles you know with anybody it's the

2835

01:47:20,149 --> 01:47:18,719

same thing with you same thing with your

2836

01:47:21,530 --> 01:47:20,159

wife same thing with anybody else who's

2837

01:47:23,510 --> 01:47:21,540

listening

2838

01:47:25,490 --> 01:47:23,520

um and you know I care deeply about that

2839

01:47:29,470 --> 01:47:25,500

but it's you know I look at

2840

01:47:34,430 --> 01:47:29,480

from you know dealing with

2841

01:47:39,709 --> 01:47:36,950

you know finally going to the hospital

2842

01:47:41,750 --> 01:47:39,719

major natural disaster which you know

2843

01:47:43,850 --> 01:47:41,760

which basically through knocked out of

2844

01:47:46,370 --> 01:47:43,860

power you're spending spending a month

2845

01:47:48,470 --> 01:47:46,380

nursing my dad back to health changing

2846

01:47:50,209 --> 01:47:48,480

jobs you know getting into that moment

2847

01:47:51,890 --> 01:47:50,219

thinking oh things are fine and then you

2848

01:47:54,169 --> 01:47:51,900

know dad passing then dealing with

2849

01:47:56,270 --> 01:47:54,179

everything after that dealing with you

2850

01:47:57,649 --> 01:47:56,280

know the the last year dealing with you

2851

01:47:59,810 --> 01:47:57,659

know the last two months of being

2852

01:48:01,490 --> 01:47:59,820

extremely busy at work and it's you know

2853

01:48:03,649 --> 01:48:01,500

like dealing with having to deal with

2854

01:48:06,410 --> 01:48:03,659

like my car breaking no but my Santa Fe

2855

01:48:08,149 --> 01:48:06,420

broke down because the engine it went on

2856

01:48:09,169 --> 01:48:08,159

it finally it was kind of funny when

2857

01:48:12,530 --> 01:48:09,179

that actually happened just as a

2858

01:48:13,850 --> 01:48:12,540

digression uh visited my father's grave

2859

01:48:16,070 --> 01:48:13,860

and you know was like sitting there and

2860

01:48:18,950 --> 01:48:16,080

had a word I'm like Dad

2861

01:48:20,390 --> 01:48:18,960

your car is still a piece of [h__h] and

2862

01:48:25,570 --> 01:48:20,400

I'm leaving

2863

01:48:30,410 --> 01:48:27,830

I'm like

2864

01:48:33,050 --> 01:48:30,420

really like

2865

01:48:34,310 --> 01:48:33,060

like okay because he loved that car and

2866

01:48:35,149 --> 01:48:34,320

he's like don't talk badly about my car

2867

01:48:37,450 --> 01:48:35,159

I'm like

2868

01:48:40,609 --> 01:48:37,460

okay Dad it's like um

2869

01:48:43,669 --> 01:48:40,619

yeah it's one of those like if

2870

01:48:45,590 --> 01:48:43,679

you know like I'm I'm a rational guy but

2871

01:48:46,850 --> 01:48:45,600

like there's yeah I I know when the

2872

01:48:48,350 --> 01:48:46,860

universe is talking kind of thing there

2873

01:48:49,609 --> 01:48:48,360

you go and it's like all of those you

2874

01:48:51,470 --> 01:48:49,619

know like all those things one after

2875

01:48:54,050 --> 01:48:51,480

another getting sick you know you know

2876
01:48:55,609 --> 01:48:54,060
covid blah blah blah and like

2877
01:48:58,250 --> 01:48:55,619
I hear some of my friends like you're

2878
01:49:00,890 --> 01:48:58,260
like you've been like every single

2879
01:49:03,830 --> 01:49:00,900
like like every single month some crazy

2880
01:49:04,970 --> 01:49:03,840
just that you have no power over then

2881
01:49:07,189 --> 01:49:04,980
you just have to deal with your throne

2882
01:49:10,310 --> 01:49:07,199
into it how is it you do it I'm like

2883
01:49:12,890 --> 01:49:10,320
at this point I have two options I can

2884
01:49:14,270 --> 01:49:12,900
either just say like yeah you know it's

2885
01:49:16,490 --> 01:49:14,280
just it's another thing throw it another

2886
01:49:17,990 --> 01:49:16,500
pile and just like not even keep going

2887
01:49:20,209 --> 01:49:18,000
forward just like we'll deal with the

2888
01:49:22,550 --> 01:49:20,219

situation as it comes and we'll find

2889

01:49:25,129 --> 01:49:22,560

focus on the solution or you can just

2890

01:49:26,930 --> 01:49:25,139

keep focusing on the negativity and and

2891

01:49:28,729 --> 01:49:26,940

the obstacle and saying oh I can't

2892

01:49:31,010 --> 01:49:28,739

overcome this instead of like all right

2893

01:49:32,390 --> 01:49:31,020

so this is like you know what is it I

2894

01:49:33,830 --> 01:49:32,400

need to be able to do to fix this what

2895

01:49:36,410 --> 01:49:33,840

is the

2896

01:49:38,149 --> 01:49:36,420

where is it I need to like what do I

2897

01:49:41,510 --> 01:49:38,159

need to do to take the next right step

2898

01:49:45,050 --> 01:49:41,520

next to be able to keep going forward

2899

01:49:47,149 --> 01:49:45,060

while not getting rid of it but handling

2900

01:49:49,910 --> 01:49:47,159

it so it's it's fixed or at least

2901

01:49:53,330 --> 01:49:49,920

managed uh and

2902

01:49:54,890 --> 01:49:53,340

you you you get into that you know like

2903

01:49:56,870 --> 01:49:54,900

you have to talk to talk about someone

2904

01:49:58,669 --> 01:49:56,880

professionally it's like hey man you

2905

01:50:00,290 --> 01:49:58,679

know I know a lot of people I know talk

2906

01:50:03,050 --> 01:50:00,300

to therapist in their you know therapist

2907

01:50:04,430 --> 01:50:03,060

is like what the like how are you like

2908

01:50:07,370 --> 01:50:04,440

you're still standing this is impressive

2909

01:50:09,229 --> 01:50:07,380

right you got to focus on the solution

2910

01:50:11,510 --> 01:50:09,239

you got it like you you the problems

2911

01:50:13,490 --> 01:50:11,520

suck yeah but eventually it's like man

2912

01:50:14,990 --> 01:50:13,500

life is going to be problems on a

2913

01:50:16,669 --> 01:50:15,000

constant basis some of them caused by

2914

01:50:18,950 --> 01:50:16,679

you some of them are caused by somebody

2915

01:50:20,930 --> 01:50:18,960

else some of them is just entropy of the

2916

01:50:22,729 --> 01:50:20,940

universe and you know it's that big rock

2917

01:50:25,010 --> 01:50:22,739

that's coming out of the sky and it's

2918

01:50:26,930 --> 01:50:25,020

gonna you know slam into the Yucatan

2919

01:50:28,970 --> 01:50:26,940

Peninsula and wipe out the dinosaurs

2920

01:50:30,770 --> 01:50:28,980

right you know and it's like you can

2921

01:50:32,930 --> 01:50:30,780

sink you can swim you can deal with it

2922

01:50:34,609 --> 01:50:32,940

you can run from it but it's inevitable

2923

01:50:36,830 --> 01:50:34,619

you might as well accept it and move on

2924

01:50:38,930 --> 01:50:36,840

or excuse to fix it move on well it kind

2925

01:50:40,850 --> 01:50:38,940

of gives me a drive to to work with the

2926

01:50:42,830 --> 01:50:40,860

philosophy that

2927

01:50:45,050 --> 01:50:42,840

that The Closer you get the greatness

2928

01:50:48,229 --> 01:50:45,060

the more the devil tries to stop you

2929

01:50:49,970 --> 01:50:48,239

most of our problems I'm Gonna Roll with

2930

01:50:51,470 --> 01:50:49,980

that because

2931

01:50:53,510 --> 01:50:51,480

um that means I'm getting pretty damn

2932

01:50:55,189 --> 01:50:53,520

close you know because he's working real

2933

01:50:56,689 --> 01:50:55,199

hard you know

2934

01:50:59,990 --> 01:50:56,699

it always seems to be trying to put a

2935

01:51:04,189 --> 01:51:02,450

well it's like is it

2936

01:51:05,510 --> 01:51:04,199

the thing is like it a lot of this is

2937

01:51:07,729 --> 01:51:05,520

just chance like you know if you're

2938

01:51:10,910 --> 01:51:07,739

talking like you know an actual devil if

2939

01:51:12,590 --> 01:51:10,920

you're talking metaphorical it a lot of

2940

01:51:15,470 --> 01:51:12,600

a lot of life is struggle like you know

2941

01:51:17,570 --> 01:51:15,480

pain is wisdom yeah pain is wisdom and

2942

01:51:19,310 --> 01:51:17,580

that's you know my first time I said

2943

01:51:22,129 --> 01:51:19,320

that my wife was like that's kind of

2944

01:51:24,530 --> 01:51:22,139

morbid I'm like no it's very basic you

2945

01:51:26,750 --> 01:51:24,540

know you when you were a kid my mom's

2946

01:51:28,310 --> 01:51:26,760

like don't touch the stove it's hot you

2947

01:51:30,649 --> 01:51:28,320

touch the stove you're like

2948

01:51:31,790 --> 01:51:30,659

but you learn not to touch that stove

2949

01:51:34,729 --> 01:51:31,800

yeah

2950

01:51:36,950 --> 01:51:34,739

um and from dealing with a lot of the

2951

01:51:38,930 --> 01:51:36,960

situations you tend like you don't get

2952

01:51:40,729 --> 01:51:38,940

desensitized to it but you get to a

2953

01:51:42,649 --> 01:51:40,739

point in time where

2954

01:51:50,090 --> 01:51:42,659

the

2955

01:51:52,310 --> 01:51:50,100

before I know how to deal with this I've

2956

01:51:54,050 --> 01:51:52,320

got I've developed the tools that can

2957

01:51:55,850 --> 01:51:54,060

handle the situation or fix the problem

2958

01:51:57,950 --> 01:51:55,860

a lot better you're like I got this

2959

01:51:59,390 --> 01:51:57,960

under control don't worry about this I

2960

01:52:00,890 --> 01:51:59,400

got this well it's like the first time

2961

01:52:02,570 --> 01:52:00,900

like okay what was your favorite game

2962

01:52:04,550 --> 01:52:02,580

when you were growing up but you played

2963

01:52:06,850 --> 01:52:04,560

Nintendo or were you a Sega guy oh

2964

01:52:09,290 --> 01:52:06,860

Nintendo guy okay

2965

01:52:10,750 --> 01:52:09,300

I played the Mario one that only had two

2966

01:52:13,370 --> 01:52:10,760

boards

2967

01:52:14,990 --> 01:52:13,380

that was Atari sorry I'm a little bit

2968

01:52:17,209 --> 01:52:15,000

you know I just stage myself a little

2969

01:52:18,890 --> 01:52:17,219

bit what was my game on Nintendo what

2970

01:52:20,689 --> 01:52:18,900

was the big popular game back there it

2971

01:52:22,370 --> 01:52:20,699

was the Super Mario Bros the Nintendo

2972

01:52:24,350 --> 01:52:22,380

just the advanced ones and learn all the

2973

01:52:25,550 --> 01:52:24,360

cheat codes and all that so are we

2974

01:52:26,930 --> 01:52:25,560

talking the one we had like the whistles

2975

01:52:28,970 --> 01:52:26,940

and like the twinkie Suitor we're

2976

01:52:30,890 --> 01:52:28,980

talking the original one with like three

2977

01:52:32,750 --> 01:52:30,900

colors you know red Mario with the

2978

01:52:36,290 --> 01:52:32,760

fireballs and that was it I've done that

2979

01:52:37,490 --> 01:52:36,300

one with the Atari okay so when when you

2980

01:52:40,010 --> 01:52:37,500

got to a level

2981

01:52:41,450 --> 01:52:40,020

you know like it would like the worst

2982

01:52:44,149 --> 01:52:41,460

the game that was the hardest for you to

2983

01:52:45,770 --> 01:52:44,159

beat how long did it take you oh shoot I

2984

01:52:47,030 --> 01:52:45,780

would stay up for days sometimes you

2985

01:52:48,709 --> 01:52:47,040

know

2986

01:52:50,750 --> 01:52:48,719

um but I definitely pull a couple

2987

01:52:52,609 --> 01:52:50,760

nighters you know just to get to level

2988

01:52:54,709 --> 01:52:52,619

nine on Super Mario Bros Nintendo or

2989

01:52:56,030 --> 01:52:54,719

with Super Mario Brothers and like once

2990

01:52:57,890 --> 01:52:56,040

you beat that game were you able to beat

2991

01:52:59,570 --> 01:52:57,900

it again a lot easier the next time easy

2992

01:53:01,250 --> 01:52:59,580

with my eyes closed probably in half the

2993

01:53:02,570 --> 01:53:01,260

time so it's the same thing for

2994

01:53:04,370 --> 01:53:02,580

everybody who's wondering I'm wearing

2995

01:53:06,350 --> 01:53:04,380

shorts because I'm not just like in my

2996

01:53:09,109 --> 01:53:06,360

no pants here but like yeah what bro

2997

01:53:11,450 --> 01:53:09,119

what what yeah man chicken legs you know

2998

01:53:14,270 --> 01:53:11,460

you can scare nothing

2999

01:53:18,530 --> 01:53:16,010

it's the same thing with life you know

3000

01:53:20,330 --> 01:53:18,540

you you you save the princess throw

3001

01:53:22,310 --> 01:53:20,340

Bowser into the into the pool you're

3002

01:53:24,649 --> 01:53:22,320

like all right this is cool you know I I

3003

01:53:25,609 --> 01:53:24,659

you know it's not that level nine is not

3004

01:53:27,590 --> 01:53:25,619

that hard

3005

01:53:30,169 --> 01:53:27,600

you know all the bullets they're flying

3006

01:53:32,090 --> 01:53:30,179

around and those fiery uh you know

3007

01:53:33,890 --> 01:53:32,100

turning traps it's like yeah I got this

3008

01:53:35,510 --> 01:53:33,900

you know that's life kind of the same

3009

01:53:37,850 --> 01:53:35,520

thing you do it once you can do it again

3010

01:53:42,590 --> 01:53:37,860

a little bit better yeah we just got to

3011

01:53:42,600 --> 01:53:46,070

oh my God

3012

01:53:50,209 --> 01:53:48,950

what how do you how do you deal with

3013

01:53:52,430 --> 01:53:50,219

with

3014

01:53:54,229 --> 01:53:52,440

just like you know a day-to-day like how

3015

01:53:56,090 --> 01:53:54,239

do you keep things simple just like just

3016

01:53:58,490 --> 01:53:56,100

in terms of like your pro like not

3017

01:54:00,709 --> 01:53:58,500

metaphorically I'm talking about getting

3018

01:54:01,970 --> 01:54:00,719

through your day right so I got a

3019

01:54:04,609 --> 01:54:01,980

philosophy

3020

01:54:07,970 --> 01:54:04,619

and I call it the these spiritual

3021

01:54:11,090 --> 01:54:07,980

monetary system okay it's a spiritual

3022

01:54:12,649 --> 01:54:11,100

monetary system my SMS

3023

01:54:14,570 --> 01:54:12,659

so I start out every day with 100

3024

01:54:17,149 --> 01:54:14,580

spiritual dollars

3025

01:54:18,410 --> 01:54:17,159

and as I progressed through the day and

3026

01:54:21,890 --> 01:54:18,420

I have different interactions with

3027

01:54:24,709 --> 01:54:21,900

different people I can invest some of my

3028

01:54:27,290 --> 01:54:24,719

spiritual money to that person and

3029

01:54:29,330 --> 01:54:27,300

depending on what their situation is but

3030

01:54:33,530 --> 01:54:29,340

my first question is is that is there an

3031

01:54:36,830 --> 01:54:33,540

Roi or am I going to just deplete part

3032

01:54:39,109 --> 01:54:36,840

of my 100 energy base and give you some

3033

01:54:41,930 --> 01:54:39,119

without a return meaning that it's a

3034

01:54:43,490 --> 01:54:41,940

negative situation for me so if I'm

3035

01:54:45,530 --> 01:54:43,500

gonna put out energy if I'm gonna give

3036

01:54:47,390 --> 01:54:45,540

some of my spiritual money away

3037

01:54:49,070 --> 01:54:47,400

it's always going to be an investment

3038

01:54:50,689 --> 01:54:49,080

and if there's not an Roi on my

3039

01:54:52,910 --> 01:54:50,699

investment I'm not going to acknowledge

3040

01:54:54,709 --> 01:54:52,920

it and I had to train myself and being a

3041

01:54:56,930 --> 01:54:54,719

management with managing the amount of

3042

01:54:59,090 --> 01:54:56,940

people I manage you have to train

3043

01:55:01,070 --> 01:54:59,100

yourself to think like that it's a

3044

01:55:02,149 --> 01:55:01,080

priority of investment in the mind how

3045

01:55:05,450 --> 01:55:02,159

much real estate are we going to give

3046

01:55:07,970 --> 01:55:05,460

that because what I've learned is that

3047

01:55:10,669 --> 01:55:07,980

overthinking is actually and can create

3048

01:55:13,910 --> 01:55:10,679

some major catastrophic issues actually

3049

01:55:15,830 --> 01:55:13,920

add on multiple issues on top of the

3050

01:55:17,570 --> 01:55:15,840

original core issue and then everything

3051
01:55:18,770 --> 01:55:17,580
is chaos because you're not just dealing

3052
01:55:20,149 --> 01:55:18,780
with the core issue anymore now you're

3053
01:55:22,970 --> 01:55:20,159
dealing with the surface issues from the

3054
01:55:24,050 --> 01:55:22,980
reaction of the overthinking

3055
01:55:27,290 --> 01:55:24,060
she's

3056
01:55:30,410 --> 01:55:27,300
I I was that's really cool like just

3057
01:55:34,189 --> 01:55:30,420
just from a your spirit spiritual

3058
01:55:35,870 --> 01:55:34,199
monetary system yeah the SMS the SMS and

3059
01:55:38,330 --> 01:55:35,880
like that like that's basically just

3060
01:55:40,490 --> 01:55:38,340
learning how to like prioritize and time

3061
01:55:42,530 --> 01:55:40,500
manage but yeah in a more of a

3062
01:55:44,750 --> 01:55:42,540
philosophical way I was talking more

3063
01:55:46,189 --> 01:55:44,760

from a do you make your lunch at night

3064

01:55:48,590 --> 01:55:46,199

or do you rush and make it in the

3065

01:55:49,910 --> 01:55:48,600

morning and then go to the washroom you

3066

01:55:51,290 --> 01:55:49,920

know that kind of process how do you get

3067

01:55:54,950 --> 01:55:51,300

through your day but that's still pretty

3068

01:55:57,410 --> 01:55:54,960

cool oh man bro I don't you know I I

3069

01:55:58,790 --> 01:55:57,420

don't plan any of when I do anything

3070

01:56:01,550 --> 01:55:58,800

you know what I'm saying because then I

3071

01:56:03,590 --> 01:56:01,560

don't get mad when I don't do it

3072

01:56:06,109 --> 01:56:03,600

and it's like oh okay well there you go

3073

01:56:08,030 --> 01:56:06,119

it's like yo

3074

01:56:10,250 --> 01:56:08,040

all right

3075

01:56:12,530 --> 01:56:10,260

say man up there I got this like deep

3076
01:56:14,570 --> 01:56:12,540
philosophical question like well like do

3077
01:56:16,490 --> 01:56:14,580
you put your shoes on before you put

3078
01:56:18,890 --> 01:56:16,500
your socks on or do you just like throw

3079
01:56:20,990 --> 01:56:18,900
the socks in the the truck and you go I

3080
01:56:22,550 --> 01:56:21,000
I never when I was when I was a Clubby

3081
01:56:25,609 --> 01:56:22,560
and I rode all the time on a motorcycle

3082
01:56:27,649 --> 01:56:25,619
I purposely I never got a motorcycle

3083
01:56:29,330 --> 01:56:27,659
because I wanted to have a beautiful

3084
01:56:30,950 --> 01:56:29,340
shiny motorcycle I got a motorcycle

3085
01:56:32,390 --> 01:56:30,960
because I enjoyed the spiritual

3086
01:56:33,470 --> 01:56:32,400
experience of riding the freedom of

3087
01:56:34,129 --> 01:56:33,480
riding

3088
01:56:36,590 --> 01:56:34,139

um

3089

01:56:38,810 --> 01:56:36,600

so I never cared for my bike I like a

3090

01:56:41,209 --> 01:56:38,820

lot of these Weekend Warriors would I my

3091

01:56:42,530 --> 01:56:41,219

bike was always dirty I have saddle bags

3092

01:56:43,910 --> 01:56:42,540

that were all dirty full of mud I would

3093

01:56:45,649 --> 01:56:43,920

always have a sleeping bag on my back

3094

01:56:46,910 --> 01:56:45,659

seat all curled up I just use it for a

3095

01:56:49,070 --> 01:56:46,920

backrest

3096

01:56:50,330 --> 01:56:49,080

and everybody always says dude why don't

3097

01:56:51,410 --> 01:56:50,340

you clean your bike I says because if I

3098

01:56:53,870 --> 01:56:51,420

clean my bike then I'm gonna always

3099

01:56:55,550 --> 01:56:53,880

worry about keeping it clean

3100

01:56:57,530 --> 01:56:55,560

I don't ride a bike to worry about

3101

01:56:59,390 --> 01:56:57,540

keeping it clean I ride a bike so I can

3102

01:57:01,310 --> 01:56:59,400

go out and Hammer it down and go feel

3103

01:57:03,350 --> 01:57:01,320

some wind in my face that's what I do it

3104

01:57:04,609 --> 01:57:03,360

for so I'm not going to worry about a

3105

01:57:06,770 --> 01:57:04,619

clean bike I'm gonna worry about a bike

3106

01:57:08,990 --> 01:57:06,780

I can ride

3107

01:57:10,669 --> 01:57:09,000

amen it's the same thing with me

3108

01:57:13,850 --> 01:57:10,679

although for me it's

3109

01:57:15,729 --> 01:57:13,860

like I love my car I try and keep the

3110

01:57:17,570 --> 01:57:15,739

inside as clean as possible just from

3111

01:57:19,490 --> 01:57:17,580

not having

3112

01:57:22,250 --> 01:57:19,500

you know crushed up cans of of like

3113

01:57:25,010 --> 01:57:22,260

Perrier or you know like a chip bag or

3114

01:57:27,709 --> 01:57:25,020

whatever but I'll always try and make

3115

01:57:29,450 --> 01:57:27,719

sure that my backup camera is clean

3116

01:57:30,410 --> 01:57:29,460

just at least just walk by just you know

3117

01:57:32,990 --> 01:57:30,420

take it off just so I know where I'm

3118

01:57:35,629 --> 01:57:33,000

going even if it's got the sensors but

3119

01:57:38,629 --> 01:57:35,639

you know if it's the windows are dirty

3120

01:57:40,370 --> 01:57:38,639

as long as I could see I'm okay but I'm

3121

01:57:41,750 --> 01:57:40,380

religious about making sure I can see at

3122

01:57:43,490 --> 01:57:41,760

the front window or the back window so

3123

01:57:47,689 --> 01:57:43,500

like I'll always especially like you you

3124

01:57:51,290 --> 01:57:47,699

know you you know the the snowy tree

3125

01:57:53,750 --> 01:57:51,300

spring late winter like a salt in the

3126

01:57:55,910 --> 01:57:53,760

road like those slush cars are in the

3127

01:57:57,770 --> 01:57:55,920

background it's annoying anybody in the

3128

01:58:00,109 --> 01:57:57,780

southern like if you're in a warm

3129

01:58:02,330 --> 01:58:00,119

climate you understand rain you'll

3130

01:58:05,030 --> 01:58:02,340

understand mud on on your car you will

3131

01:58:08,689 --> 01:58:05,040

never know the absolute frustration of

3132

01:58:11,089 --> 01:58:08,699

trying to drive at night when it's just

3133

01:58:13,370 --> 01:58:11,099

around uh I'd say maybe like 20 30

3134

01:58:14,050 --> 01:58:13,380

degrees outside and it was washing

3135

01:58:17,570 --> 01:58:14,060

machine

3136

01:58:19,310 --> 01:58:17,580

slush Splash exactly and they're like

3137

01:58:21,350 --> 01:58:19,320

you got a car or truck that's just

3138

01:58:22,790 --> 01:58:21,360

constantly spraying in front of you and

3139

01:58:24,609 --> 01:58:22,800

you're just like oh the windshield

3140

01:58:28,010 --> 01:58:24,619

wipers go this way and it's just streak

3141

01:58:31,010 --> 01:58:28,020

it smears it it don't take it off oh you

3142

01:58:32,930 --> 01:58:31,020

we we have like up here in Ottawa it's

3143

01:58:35,990 --> 01:58:32,940

bad up here in Ottawa

3144

01:58:39,169 --> 01:58:36,000

every single gas station will have

3145

01:58:41,149 --> 01:58:39,179

windshield fluid like dozens and dozens

3146

01:58:43,550 --> 01:58:41,159

outside of it it has a two-for-one

3147

01:58:45,830 --> 01:58:43,560

special like 15 bucks we actually had a

3148

01:58:48,470 --> 01:58:45,840

run on it this year with supply chain

3149

01:58:51,770 --> 01:58:48,480

issues there was like a week where

3150

01:58:53,450 --> 01:58:51,780

nobody had any yeah

3151
01:58:55,729 --> 01:58:53,460
throw something like the old days throw

3152
01:58:59,270 --> 01:58:55,739
some snow on the front and you'd wipe it

3153
01:59:00,470 --> 01:58:59,280
bro I I I've done that at stop signs

3154
01:59:02,570 --> 01:59:00,480
where you hurry up and get out of the

3155
01:59:05,689 --> 01:59:02,580
car go grab a handful of snow and wipe

3156
01:59:07,490 --> 01:59:05,699
it on the windshield oh my God that's a

3157
01:59:09,410 --> 01:59:07,500
dangerous thing walking around with that

3158
01:59:11,689 --> 01:59:09,420
smear on your windows well yeah because

3159
01:59:14,330 --> 01:59:11,699
you you can't you can't see especially

3160
01:59:16,189 --> 01:59:14,340
like it even if you're in the morning if

3161
01:59:17,450 --> 01:59:16,199
you're driving into the sun because the

3162
01:59:18,709 --> 01:59:17,460
sun's going to reflect right through it

3163
01:59:20,209 --> 01:59:18,719

and all you're just going to do is get

3164

01:59:22,370 --> 01:59:20,219

glare which means you can't see anything

3165

01:59:24,290 --> 01:59:22,380

or the same thing night time at this

3166

01:59:26,990 --> 01:59:24,300

time of year or at least you know before

3167

01:59:30,290 --> 01:59:27,000

daylight savings time you know it only

3168

01:59:32,510 --> 01:59:30,300

you you go at five o'clock or 5 30 and

3169

01:59:34,609 --> 01:59:32,520

all you have is just the sun right at

3170

01:59:36,109 --> 01:59:34,619

its largest and it's brightest right

3171

01:59:38,570 --> 01:59:36,119

like right on the horizon it's just

3172

01:59:40,129 --> 01:59:38,580

shining right in your face right and

3173

01:59:42,410 --> 01:59:40,139

like it's it you know you're you're

3174

01:59:44,330 --> 01:59:42,420

going at 100 like let's say it's you

3175

01:59:46,930 --> 01:59:44,340

know 60 70 on the highway where you're

3176

01:59:49,129 --> 01:59:46,940

trying to you can't see out the window

3177

01:59:51,169 --> 01:59:49,139

so you drive slower and then everyone

3178

01:59:52,310 --> 01:59:51,179

drives slower and then you know it takes

3179

01:59:55,010 --> 01:59:52,320

you an hour and a half home it's

3180

01:59:57,890 --> 01:59:55,020

annoying oh I'm not good at that I'm not

3181

02:00:00,169 --> 01:59:57,900

good you're you're in Dallas now like

3182

02:00:01,729 --> 02:00:00,179

you you don't have that it's it's like

3183

02:00:03,229 --> 02:00:01,739

you're four hours from the coast so

3184

02:00:06,050 --> 02:00:03,239

you're dealing with at least humidity

3185

02:00:07,550 --> 02:00:06,060

from from the Gulf but I'm dealing with

3186

02:00:09,410 --> 02:00:07,560

psychopath drivers down here everybody

3187

02:00:10,910 --> 02:00:09,420

thinks they're race car drivers it is

3188

02:00:12,890 --> 02:00:10,920

the worst place it's the second worst

3189

02:00:15,970 --> 02:00:12,900

place to drive in America what's the

3190

02:00:18,490 --> 02:00:15,980

first La L.A yep

3191

02:00:21,470 --> 02:00:18,500

405.

3192

02:00:24,830 --> 02:00:21,480

is terrible bro

3193

02:00:28,189 --> 02:00:24,840

look for 405 in LA or in Dallas 405 in

3194

02:00:30,649 --> 02:00:28,199

L.A it's it's the what it's ask Audrey

3195

02:00:31,970 --> 02:00:30,659

she knows all about it but it's dude I

3196

02:00:33,410 --> 02:00:31,980

was so freaked out when I went to

3197

02:00:34,729 --> 02:00:33,420

California and I was on the 405 I've

3198

02:00:37,129 --> 02:00:34,739

never seen anything like in my life but

3199

02:00:39,770 --> 02:00:37,139

Dallas is a close second people here are

3200

02:00:40,850 --> 02:00:39,780

crazy bro what's your commute like in

3201

02:00:43,850 --> 02:00:40,860

the morning like how long does it take

3202

02:00:46,250 --> 02:00:43,860

you so I my day starts I get up at 4 a.m

3203

02:00:48,350 --> 02:00:46,260

every day every my days go from 4 AM

3204

02:00:50,870 --> 02:00:48,360

till night at night

3205

02:00:53,629 --> 02:00:50,880

um so I get up at 4am the purpose the

3206

02:00:55,550 --> 02:00:53,639

reason I get up at 4 AM is to beat the 5

3207

02:00:57,950 --> 02:00:55,560

a.m traffic because once you hit five

3208

02:01:00,109 --> 02:00:57,960

o'clock you are done bro you got people

3209

02:01:01,370 --> 02:01:00,119

doing 105 miles an hour in and out of

3210

02:01:02,330 --> 02:01:01,380

cars because they're crabby and they

3211

02:01:05,390 --> 02:01:02,340

need a hug

3212

02:01:07,010 --> 02:01:05,400

uh but my ride home I'm about 26 miles

3213

02:01:10,189 --> 02:01:07,020

away from the facility I work at

3214

02:01:12,050 --> 02:01:10,199

sometimes it takes me almost two hours

3215

02:01:14,209 --> 02:01:12,060

because it just gets bumper-to-bumper

3216

02:01:15,589 --> 02:01:14,219

and gridlock and then accidents down

3217

02:01:17,750 --> 02:01:15,599

here because everybody thinks they're a

3218

02:01:19,250 --> 02:01:17,760

race car driver accidents down here are

3219

02:01:22,310 --> 02:01:19,260

catastrophic

3220

02:01:26,149 --> 02:01:22,320

they're just not bumper vendors you know

3221

02:01:28,609 --> 02:01:26,159

um they are catastrophic terrible stuff

3222

02:01:29,229 --> 02:01:28,619

105 this

3223

02:01:32,870 --> 02:01:29,239

is

3224

02:01:34,250 --> 02:01:32,880

140 150 kilometers an hour give or take

3225

02:01:37,370 --> 02:01:34,260

like that's

3226

02:01:39,649 --> 02:01:37,380

but that that that's like left lane

3227

02:01:41,810 --> 02:01:39,659

you know when when traffic is clear

3228

02:01:43,310 --> 02:01:41,820

in the left lane

3229

02:01:44,570 --> 02:01:43,320

um and like an Ottawa it's three three

3230

02:01:46,550 --> 02:01:44,580

to four lanes usually it's about three

3231

02:01:49,129 --> 02:01:46,560

lanes uh you get some like some HOV

3232

02:01:51,770 --> 02:01:49,139

lanes you get like a Transit Lane but in

3233

02:01:55,250 --> 02:01:51,780

the left lane you'll have two people

3234

02:01:57,950 --> 02:01:55,260

like myself where it's like you're doing

3235

02:02:00,470 --> 02:01:57,960

uh trying to translate this roughly into

3236

02:02:01,729 --> 02:02:00,480

miles here you're doing like 75 you know

3237

02:02:04,370 --> 02:02:01,739

like that's kind of the safe speed

3238

02:02:07,010 --> 02:02:04,380

because you're you're doing you know 10

3239

02:02:08,810 --> 02:02:07,020

over at least 10 miles over then the

3240

02:02:10,990 --> 02:02:08,820

cops don't care

3241

02:02:14,510 --> 02:02:11,000

um you know like you probably push it to

3242

02:02:16,790 --> 02:02:14,520

15 over sometimes

3243

02:02:18,950 --> 02:02:16,800

um but if you like you know you'll get

3244

02:02:20,750 --> 02:02:18,960

the occasional guys like like 140 get

3245

02:02:23,990 --> 02:02:20,760

you know get out of my way and you can

3246

02:02:25,790 --> 02:02:24,000

either just stay with traffic or move

3247

02:02:29,450 --> 02:02:25,800

over they get the people who are doing

3248

02:02:33,189 --> 02:02:29,460

like 40. oh my God

3249

02:02:35,629 --> 02:02:33,199

it's clear traffic it's like why

3250

02:02:38,270 --> 02:02:35,639

this isn't uh

3251

02:02:41,629 --> 02:02:38,280

it doesn't matter the like race

3252

02:02:43,430 --> 02:02:41,639

nationality you know gender sex of the

3253

02:02:45,770 --> 02:02:43,440

person they're just those individuals

3254

02:02:46,850 --> 02:02:45,780

like they're it's it's agnostic here in

3255

02:02:48,410 --> 02:02:46,860

Ottawa like it doesn't it doesn't matter

3256

02:02:50,510 --> 02:02:48,420

like you just have people who are just

3257

02:02:52,370 --> 02:02:50,520

like you know Sunday driving in the left

3258

02:02:55,910 --> 02:02:52,380

lane

3259

02:02:57,589 --> 02:02:55,920

and I said why why why when like why but

3260

02:03:00,410 --> 02:02:57,599

there's nobody else on the road well

3261

02:03:03,649 --> 02:03:00,420

there has been people have gotten killed

3262

02:03:06,169 --> 02:03:03,659

down here because of the slow drivers

3263

02:03:08,390 --> 02:03:06,179

creates road rage and then that slow

3264

02:03:10,010 --> 02:03:08,400

driver is a crazy person at the same

3265

02:03:11,330 --> 02:03:10,020

time they just drive real slow you know

3266

02:03:13,850 --> 02:03:11,340

what I mean

3267

02:03:15,589 --> 02:03:13,860

um those are the most and I'm sorry I'm

3268

02:03:17,629 --> 02:03:15,599

going to say it like this but the people

3269

02:03:19,609 --> 02:03:17,639

really you got to understand how much of

3270

02:03:21,589 --> 02:03:19,619

a pain in our face you are when you're

3271

02:03:24,169 --> 02:03:21,599

doing literally the speed limit in what

3272

02:03:25,930 --> 02:03:24,179

we call a speed pass Lane

3273

02:03:29,149 --> 02:03:25,940

um there are states here that actually

3274

02:03:31,490 --> 02:03:29,159

you can get a pretty hefty fine if you

3275

02:03:33,050 --> 02:03:31,500

were impeding traffic in a speed lane if

3276

02:03:34,010 --> 02:03:33,060

you see a car coming behind you folks

3277

02:03:35,689 --> 02:03:34,020

you know what that means it means you

3278

02:03:37,430 --> 02:03:35,699

move over if the car is going faster

3279

02:03:39,770 --> 02:03:37,440

than you allowed to go faster than you

3280

02:03:41,810 --> 02:03:39,780

it's really simple the philosophy of

3281

02:03:43,669 --> 02:03:41,820

driving on a three-lane highway super

3282

02:03:45,950 --> 02:03:43,679

simple well and that's something like

3283

02:03:48,229 --> 02:03:45,960

you go outside City Limits and people

3284

02:03:50,510 --> 02:03:48,239

understand well you know you got it goes

3285

02:03:51,950 --> 02:03:50,520

down in two lanes left is the fast lane

3286

02:03:54,709 --> 02:03:51,960

if you know somebody's coming up behind

3287

02:03:56,689 --> 02:03:54,719

you you move over but like if you're

3288

02:03:59,330 --> 02:03:56,699

five miles behind you in City those

3289

02:04:00,530 --> 02:03:59,340

rules don't apply going from Ottawa to

3290

02:04:03,830 --> 02:04:00,540

Toronto

3291

02:04:05,570 --> 02:04:03,840

it's it's pretty well established

3292

02:04:07,010 --> 02:04:05,580

that you just move the heck out of the

3293

02:04:09,830 --> 02:04:07,020

way and then you got the people like

3294

02:04:12,050 --> 02:04:09,840

well you know I'm just going to go extra

3295

02:04:14,450 --> 02:04:12,060

fast and I'm going to pass in the right

3296

02:04:15,470 --> 02:04:14,460

and but here here like here in town you

3297

02:04:16,850 --> 02:04:15,480

know everyone passes on the right

3298

02:04:19,010 --> 02:04:16,860

because no one molec moves the heck over

3299

02:04:20,930 --> 02:04:19,020

and that causes traffic that causes

3300

02:04:23,330 --> 02:04:20,940

accidents I've seen some like 10 car

3301

02:04:25,669 --> 02:04:23,340

pileups in the winter so people doing

3302

02:04:27,229 --> 02:04:25,679

that because like I I don't

3303

02:04:30,050 --> 02:04:27,239

like I just don't understand they're

3304

02:04:31,729 --> 02:04:30,060

seeing the inpatient drivers to to

3305

02:04:33,830 --> 02:04:31,739

forcefully

3306

02:04:35,149 --> 02:04:33,840

and and you're already upset because

3307

02:04:37,250 --> 02:04:35,159

you're already mad because somebody's

3308

02:04:38,629 --> 02:04:37,260

doing 40 in the speed lane so you kind

3309

02:04:40,129 --> 02:04:38,639

of want to let them know you're upset by

3310

02:04:43,010 --> 02:04:40,139

giving a little bit of juice you know

3311

02:04:45,350 --> 02:04:43,020

and then and everything backfires and

3312

02:04:48,850 --> 02:04:45,360

then at least in the states

3313

02:04:54,350 --> 02:04:52,010

in Dallas yeah here at a lot of the road

3314

02:04:56,510 --> 02:04:54,360

rage shootings well there was one for

3315

02:04:59,089 --> 02:04:56,520

out of Florida and again Florida is its

3316

02:05:00,410 --> 02:04:59,099

own you know and again not getting

3317

02:05:03,770 --> 02:05:00,420

political here people but it's its own

3318

02:05:05,270 --> 02:05:03,780

Universe in the the Florida man stories

3319

02:05:07,250 --> 02:05:05,280

are everywhere and there was one video

3320

02:05:10,430 --> 02:05:07,260

on Reddit that I saw where like some guy

3321

02:05:11,750 --> 02:05:10,440

is driving and somebody throws like like

3322

02:05:13,669 --> 02:05:11,760

just threw a cup out of their car and

3323

02:05:17,149 --> 02:05:13,679

like the cup hit their window the person

3324

02:05:19,669 --> 02:05:17,159

is driving you know pulls up their side

3325

02:05:21,890 --> 02:05:19,679

pulls a gun out and then just unloads an

3326

02:05:24,649 --> 02:05:21,900

entire clip out of there like just all

3327

02:05:26,030 --> 02:05:24,659

like out of the front of their car out

3328

02:05:30,109 --> 02:05:26,040

of the side window

3329

02:05:32,209 --> 02:05:30,119

I mean what like are are you kidding me

3330

02:05:33,950 --> 02:05:32,219

like you you when you hear about that

3331

02:05:35,810 --> 02:05:33,960

like in Canada if you hear about that in

3332

02:05:38,030 --> 02:05:35,820

Toronto it becomes national news it's

3333

02:05:39,890 --> 02:05:38,040

like this is you know first of all

3334

02:05:41,149 --> 02:05:39,900

because it's an illegal gun second of

3335

02:05:43,370 --> 02:05:41,159

all it's because somebody used it and

3336

02:05:44,990 --> 02:05:43,380

because somebody used it in traffic I

3337

02:05:46,729 --> 02:05:45,000

want to buy a mountain bro with the big

3338

02:05:47,870 --> 02:05:46,739

fencer all the way around the mountain

3339

02:05:50,270 --> 02:05:47,880

just

3340

02:05:52,070 --> 02:05:50,280

give me a link yeah it'll be my own

3341

02:05:54,589 --> 02:05:52,080

country you know

3342

02:05:59,870 --> 02:05:54,599

you can have like your own currency in

3343

02:05:59,880 --> 02:06:02,410

foreign

3344

02:06:08,149 --> 02:06:05,510

did the bear really [ʌ__ʌ] in the woods

3345

02:06:09,410 --> 02:06:08,159

that's gonna be the deepest it gets dude

3346

02:06:10,970 --> 02:06:09,420

those are going to be the debates we

3347

02:06:12,530 --> 02:06:10,980

have into the bearish of the woods

3348

02:06:14,010 --> 02:06:12,540

debate Thursday nights at seven o'clock

3349

02:06:17,570 --> 02:06:14,020

be there

3350

02:06:20,030 --> 02:06:17,580

[Laughter]

3351
02:06:22,250 --> 02:06:20,040
and on that note brother I love you man

3352
02:06:24,649 --> 02:06:22,260
I really do it and I'm so damn grateful

3353
02:06:27,050 --> 02:06:24,659
that um me too brother I missed you man

3354
02:06:29,330 --> 02:06:27,060
I did I missed you too man a great deal

3355
02:06:30,709 --> 02:06:29,340
we got to have you come on my show and

3356
02:06:32,450 --> 02:06:30,719
we just got to talk about some things

3357
02:06:34,189 --> 02:06:32,460
man just talk about life that's cool

3358
02:06:35,810 --> 02:06:34,199
thing about what I do you know when the

3359
02:06:37,370 --> 02:06:35,820
show's named after you and you're the

3360
02:06:39,109 --> 02:06:37,380
boss you can talk about whatever you

3361
02:06:43,370 --> 02:06:39,119
want well that's you know the fun thing

3362
02:06:45,350 --> 02:06:43,380
it's like you know like it's it's what

3363
02:06:46,850 --> 02:06:45,360

is the cool [h__h] you learned tonight you

3364

02:06:48,169 --> 02:06:46,860

know we learned about life we learned

3365

02:06:53,030 --> 02:06:48,179

some philosophy we learned something in

3366

02:06:58,310 --> 02:06:55,089

you know

3367

02:07:01,790 --> 02:06:58,320

is the cat Dead or Alive we don't know

3368

02:07:03,530 --> 02:07:01,800

we know that it wants

3369

02:07:04,790 --> 02:07:03,540

to you know and the cool thing about

3370

02:07:07,010 --> 02:07:04,800

these kinds is that these are the

3371

02:07:08,570 --> 02:07:07,020

conversations that you know I'll put in

3372

02:07:09,770 --> 02:07:08,580

my car when I'm driving tomorrow and

3373

02:07:12,050 --> 02:07:09,780

I'll just listen back to what we're

3374

02:07:13,189 --> 02:07:12,060

saying it's just everything's relatable

3375

02:07:15,290 --> 02:07:13,199

brother and that that's a beautiful

3376

02:07:20,810 --> 02:07:15,300

thing about you man I'm I'm so happy to

3377

02:07:25,550 --> 02:07:22,370

it was one of those things like you know

3378

02:07:26,689 --> 02:07:25,560

like my dad used to he never told me but

3379

02:07:29,149 --> 02:07:26,699

my mom would always tell me it's like

3380

02:07:32,570 --> 02:07:29,159

yeah your dad watches your show I'm like

3381

02:07:35,089 --> 02:07:32,580

oh God the United swearing that I did on

3382

02:07:36,290 --> 02:07:35,099

the show back then uh and the f-bombs

3383

02:07:37,310 --> 02:07:36,300

that I throw he well that's where I

3384

02:07:38,990 --> 02:07:37,320

learned that I swear it was from him

3385

02:07:40,910 --> 02:07:39,000

from when I was younger and it's like

3386

02:07:42,709 --> 02:07:40,920

okay well you know you know working

3387

02:07:44,149 --> 02:07:42,719

through stuff and you know getting that

3388

02:07:45,350 --> 02:07:44,159

creative Outlet there it's like okay now

3389

02:07:47,750 --> 02:07:45,360

it's it's time to be able to get things

3390

02:07:50,689 --> 02:07:47,760

going so and like the big thing is like

3391

02:07:53,450 --> 02:07:50,699

I couldn't I couldn't I couldn't do the

3392

02:07:55,010 --> 02:07:53,460

show if I didn't have you on because

3393

02:07:56,149 --> 02:07:55,020

every single time you've always been on

3394

02:07:58,010 --> 02:07:56,159

the show every single time I've always

3395

02:08:00,649 --> 02:07:58,020

talked to you whether it's through text

3396

02:08:02,209 --> 02:08:00,659

or it's just like sending a meme or it's

3397

02:08:03,830 --> 02:08:02,219

over Facebook when I know you know

3398

02:08:05,810 --> 02:08:03,840

whenever you have the time

3399

02:08:07,189 --> 02:08:05,820

it's like it's always been a positive

3400

02:08:08,629 --> 02:08:07,199

experience of like I want other people

3401

02:08:11,089 --> 02:08:08,639

to be able to have that positive

3402

02:08:13,010 --> 02:08:11,099

experience and you know and be able to

3403

02:08:14,450 --> 02:08:13,020

share that with others because like you

3404

02:08:15,709 --> 02:08:14,460

know people know you through through

3405

02:08:18,649 --> 02:08:15,719

your radio shows or they know you

3406

02:08:20,689 --> 02:08:18,659

through through Facebook Ben but you

3407

02:08:23,950 --> 02:08:20,699

know it's like I just I just know as as

3408

02:08:28,070 --> 02:08:23,960

you know Rocky my brother and yeah

3409

02:08:29,810 --> 02:08:28,080

it's been an evolutionary process I've

3410

02:08:31,729 --> 02:08:29,820

I've learned a lot about myself through

3411

02:08:35,089 --> 02:08:31,739

the process of radio and exploration of

3412

02:08:36,950 --> 02:08:35,099

life and reality and the Matrix and and

3413

02:08:40,010 --> 02:08:36,960

um you know the good thing about it is

3414

02:08:42,830 --> 02:08:40,020

yeah it's been a fun weird run and it's

3415

02:08:44,870 --> 02:08:42,840

been dark and ugly too at times but

3416

02:08:46,970 --> 02:08:44,880

um if we're willing to see the lessons

3417

02:08:49,729 --> 02:08:46,980

around us even in radio even in politics

3418

02:08:51,229 --> 02:08:49,739

even in societal conversations

3419

02:08:53,870 --> 02:08:51,239

um with the right people you'll make the

3420

02:08:55,669 --> 02:08:53,880

right progress amen you know what I'm

3421

02:08:56,930 --> 02:08:55,679

saying and and I'm honored to call you

3422

02:08:58,370 --> 02:08:56,940

my brother and I'm honored to have him a

3423

02:08:59,629 --> 02:08:58,380

circle and I can't wait to have you come

3424

02:09:00,770 --> 02:08:59,639

on our show and we'll talk about

3425

02:09:03,109 --> 02:09:00,780

whatever the hell you want to talk about

3426

02:09:04,910 --> 02:09:03,119

but well that'd be appreciate you let me

3427

02:09:07,189 --> 02:09:04,920

know the time I'll set up the tables a

3428

02:09:08,990 --> 02:09:07,199

little bit better this time and uh you

3429

02:09:11,149 --> 02:09:09,000

know at least I'll put a back drape here

3430

02:09:13,250 --> 02:09:11,159

or something don't worry about a back

3431

02:09:15,229 --> 02:09:13,260

tray Brother come on man hey you know

3432

02:09:16,550 --> 02:09:15,239

what what matters is is that you're on

3433

02:09:20,570 --> 02:09:16,560

your microphone man and people can hear

3434

02:09:23,209 --> 02:09:22,070

we're gonna do one card game because

3435

02:09:25,490 --> 02:09:23,219

these cards been here for the entire

3436

02:09:35,270 --> 02:09:25,500

time to look at them all right so tell

3437

02:09:38,689 --> 02:09:36,850

you got six

3438

02:09:41,149 --> 02:09:38,699

these are these are golden from the

3439

02:09:42,470 --> 02:09:41,159

Golden Nugget by the way okay

3440

02:09:43,910 --> 02:09:42,480

so

3441

02:09:46,070 --> 02:09:43,920

okay six feet

3442

02:09:48,589 --> 02:09:46,080

it's just high low

3443

02:09:50,450 --> 02:09:48,599

oh shoot oh wait okay wait what am I

3444

02:09:52,070 --> 02:09:50,460

supposed to be doing just just stop and

3445

02:09:53,870 --> 02:09:52,080

if you whatever card you get I got the

3446

02:09:55,910 --> 02:09:53,880

higher card or not you know oh okay okay

3447

02:09:58,609 --> 02:09:55,920

ready here we go here we go okay try it

3448

02:10:00,589 --> 02:09:58,619

again try it again so yeah

3449

02:10:08,149 --> 02:10:00,599

stop

3450

02:10:15,430 --> 02:10:08,159

five

3451
02:10:20,629 --> 02:10:18,950
Strangers in the Night yeah so I win

3452
02:10:23,330 --> 02:10:20,639
this one

3453
02:10:25,550 --> 02:10:23,340
so next time if I ever come down to

3454
02:10:27,050 --> 02:10:25,560
Dallas or you come up to Ottawa you buy

3455
02:10:28,189 --> 02:10:27,060
me a beer then I'll buy you okay well

3456
02:10:31,490 --> 02:10:28,199
you need to come to Dallas because we

3457
02:10:34,550 --> 02:10:33,109
well let me let me get yeah once I get

3458
02:10:38,089 --> 02:10:34,560
the new house and the new studio built

3459
02:10:39,649 --> 02:10:38,099
up here then you know what's it once I

3460
02:10:41,270 --> 02:10:39,659
figure out the finances that has a

3461
02:10:42,950 --> 02:10:41,280
houseworks they're expensive but you

3462
02:10:46,669 --> 02:10:42,960
need the space you know like the kids

3463
02:10:49,430 --> 02:10:46,679

are growing and having the dog

3464

02:10:52,310 --> 02:10:49,440

plus the kids plus myself plus the wife

3465

02:10:54,050 --> 02:10:52,320

watching TV at the same time and it's uh

3466

02:10:56,030 --> 02:10:54,060

it's like no you get to the kids have

3467

02:10:57,530 --> 02:10:56,040

your room we'll have our room you know

3468

02:11:00,050 --> 02:10:57,540

of the kitchen the dining room to meet

3469

02:11:01,970 --> 02:11:00,060

up and then all right hey you know

3470

02:11:09,490 --> 02:11:01,980

Audrey's coming down in November for the

3471

02:11:14,570 --> 02:11:12,410

I appreciate that uh

3472

02:11:16,910 --> 02:11:14,580

yes just stay online for a second I'll

3473

02:11:18,350 --> 02:11:16,920

I'll sign this off so uh ladies and

3474

02:11:20,149 --> 02:11:18,360

gents next week

3475

02:11:23,089 --> 02:11:20,159

um we got I believe we've got William

3476

02:11:25,430 --> 02:11:23,099

Pokemon next week so check that out

3477

02:11:27,530 --> 02:11:25,440

we're gonna be talking some UFOs and at

3478

02:11:29,930 --> 02:11:27,540

least the UFO in society what's been

3479

02:11:31,550 --> 02:11:29,940

going on in the UFO sphere just just

3480

02:11:33,050 --> 02:11:31,560

from a

3481

02:11:35,149 --> 02:11:33,060

how's that going because I haven't

3482

02:11:38,510 --> 02:11:35,159

talked about that in a while and we all

3483

02:11:40,370 --> 02:11:38,520

know how much fun that used to be so